

**SPORTRON**  
GROUP



**LIVE**  
**LIFE**  
NATURALLY

**PRODUCT GUIDE**



## OUR PRODUCT PROMISE

The Sportron Group is dedicated to delivering high-quality products that embody the perfect blend of scientific expertise and natural ingredients. Our commitment is to provide effective solutions that cater to the diverse needs of our customers, while prioritising their well-being and that of their families. We strive to empower individuals with the knowledge to make informed decisions regarding their health, grounded in evidence-based nutrition.

As a responsible organisation, we recognise the importance of environmental sustainability and integrate eco-friendly practices throughout our operations, from sourcing raw materials to manufacturing and distribution. Our goal is to minimise our ecological footprint and continually improve our environmental governance.

This product guide showcases our range of innovative solutions, carefully crafted to enhance the quality of life and health of our consumers. We utilise natural ingredients, adhere to ethical management principles, and avoid the use of Genetically Modified Organics (GMOs) and chemical preservatives, ensuring that our products meet the highest standards of quality and efficacy.

Our products adhere to the following criteria:

- 1. Safety:** We exceed regulatory requirements to guarantee the safety of our products, encompassing content, packaging, and stability.
- 2. Efficacy:** Our products are developed by renowned experts in their fields, leveraging evidence-based research and innovative approaches to deliver effective solutions. We prioritise responsible practices, balancing human well-being with environmental stewardship.
- 3. Product Quality:** We collaborate with GMP (Good Manufacturing Practice) and SAHPRA (South African Health Products Regulatory Authority) partners to ensure optimal quality throughout our value chain. Our products undergo a minimum of 25+ quality checkpoints, reflecting our dedication to excellence. With a legacy spanning over three decades, our brands have established a reputation for efficacy and reliability.

### Trusted Wellness Leader

Backed by over 30 years of excellence, Sportron Group is one of Southern Africa's most respected health and nutrition companies.

### Science-Based, High-Quality Supplements

Every product is developed using cutting-edge research and quality ingredients to deliver effective, reliable results.

### Next-Generation Innovation

Powered by nanotechnology, enzymes, superfoods, and healthy fats, nutrients are delivered exactly where your body needs them.

### Veggie Capsules – A Cleaner Choice

Plant-based, gelatin-free capsules with no artificial colours, fillers, or aftertaste, gentle on your stomach and easy to digest. Wherever possible, we choose to use veggie capsules in our products.

### GMO & Paraben-Free Formulas

Every product is free from genetically modified ingredients and parabens, for clean, conscious supplementation.

### Vegan friendly

Wherever possible, we ensure that our products are thoughtfully formulated to be vegan-friendly, offering you choices that align with a compassionate and plant-based lifestyle.



**SPORTRON**



**NUTRITION**  
FROM NATURE







## INTRODUCING BIOFOOD MATRIX™

### THE EVOLUTION OF FOODSTATE

At Sportron, we've taken what you already love, and made it even better! Our trusted Foodstate Matrix™ has evolved into the new and improved **BioFood Matrix™**, an advanced, scientifically developed delivery system that helps your body absorb nutrients just like it would from real food.

#### WHATS NEW?

- Powered by next-generation nanotechnology
- Enhanced with superfoods, enzymes, and healthy fats
- Designed to protect, deliver, and improve absorption of herbal ingredients

#### WHAT IT DOES:

- Papain breaks down nutrients for easier absorption
- Piperine helps more reach your bloodstream
- Nanospheres carry the nutrients safely where they're needed
- Superfoods support digestion and nutrient synergy



#### WHY IT MATTERS:

The **BioFood Matrix™** “renatures” nutrients, helping your body recognise, absorb, and use them more effectively.

More of each supplement gets where it needs to go. Faster. Smarter.

#### EXCLUSIVE TO SPORTRON

The **BioFood Matrix™** is unique to Sportron and backed by the same science you've always relied on.



# NUTRITION FROM NATURE



It is recommended that individuals incorporate Overall Wellness products into their daily routine to achieve optimal wellbeing, and consider adding targeted supplements as needed to address specific health requirements.

## OVERALL WELLNESS



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Prices, availability and product information are correct at the time of publication but may change without prior notice. E&OE.



# ULTRAGARDE® MATRIX



## GENERAL WELLNESS & ENERGY



Sportron Ultragarde is a high-quality multi-vitamin, mineral, and probiotic supplement formulated to support optimal vitality, immune function, and digestive health. With 30 active ingredients - including essential vitamins, minerals, amino acids, antioxidants, probiotics, and a mineral-rich seaweed extract - Ultragarde is designed to help your body absorb nutrients efficiently while promoting sustained energy, strong immunity, and overall well-being.

With Vitamins, Minerals & Probiotics.



### ULTRAGARDE

**BENEFITS:**  
A premium multi-vitamin and mineral supplement containing 30 nutrients to boost optimal vitality and sustained wellness. Ultragarde contains probiotics to boost gut health ensuring optimal nutrient absorption and immune health.

**DIRECTIONS FOR USE:**  
Take 1 capsule daily with a meal or as directed by your Health Practitioner.

**PRECAUTIONS:**  
Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use. Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER CAPSULE	%NRV
VITAMIN C (ASCORBIC ACID)	90 mg	100
VITAMIN B3 (NIACIN)	16 mg	100
VITAMIN B5 (PANTOTHENIC ACID)	5 mg	100
VITAMIN B1 (THIAMINE HYDROCHLORIDE)	1.2 mg	100
VITAMIN B2 (RIBOFLAVIN)	1.3 mg	100
VITAMIN B6 (PYRIDOXINE)	1.7 mg	100
VITAMIN B7 (BIOTIN)	30 mcg	100
VITAMIN B9 (FOLIC ACID)	240 mcg	100
VITAMIN B12 (COBALAMIN)	2.4 mcg	100
VITAMIN A (RETINYL PALMITATE)	3000 IU	100
VITAMIN D (CHOLECALCIFEROL)	800 IU	100
VITAMIN E (TOCOPHEROL)	22 IU	100
VITAMIN K2	30 mcg	25
POTASSIUM AS POTASSIUM CHLORIDE	81.81 mg	1
CALCIUM AS CALCIUM CARBONATE	95.95 mg	3
MAGNESIUM STEARATE	39.76 mg	0.5
IRON AMINO ACID CHELATE	8.7 mg	48
ZINC AS ZINC OXIDE	14 mg	100
CHROMIUM PICOLINATE	282.28 mg	100
CO-ENZYME Q10	50 mcg	†
L-VALINE	124.5 mg	†
ALOE VERA (ALOE BARBADENSIS MILLER)	20 mg	†
[LEAF] CONCENTRATE		
LUTEIN 5%	5 mg	†
LYCOPENE 10%	3000 mcg	†

† DAILY VALUE NOT ESTABLISHED % NRV BASED ON FDA VALUES FOR ADULTS

PROBIOTICS 4STR BIOMIX	PER CAPSULE	SPORTRON BIOFOODMATRIX® 25 mg
ESSENTIAL 4 STRAIN PROBIOTIC BLEND (CONSISTING OF LACTOBACILLUS ACIDOPHILUS, BIFIDOBACTERIUM LONGUM, BIFIDOBACTERIUM BIFIDUM, BIFIDOBACTERIUM LACTIS). FRUCTO-OLIGOSACCHARIDE (PREBIOTIC)	112 MILLION CFU	XANTHAM-SOY LECHITIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTE-BERRY (VITEX AGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCINIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.
MINERAL RICH SEAWEED EXTRACT (CONTAINING MANGANESE, COPPER, IODINE, MOLYBDENUM, SELENIUM, BORON & PHOSPHORUS).	25 mg	

### IMMUNE SUPPORT

Key immune-strengthening nutrients include Vitamin C, Zinc, Vitamin D, and Iron, which help maintain the body's natural defences. Vitamin B6, Vitamin B12, and Folic Acid also contribute to immune cell production and function.

### DIGESTIVE AND GUT HEALTH

The combination of a 4-strain probiotic blend and prebiotic (fructo-oligosaccharide) supports a balanced gut microbiome, aiding digestion and enhancing nutrient absorption. This promotes immune health and overall gut function.

### ENERGY AND VITALITY

A complete spectrum of B-vitamins (B1, B2, B3, B5, B6, B7, B9, B12), along with Iron, Magnesium, and L-Valine, supports energy metabolism, reduces fatigue, and helps with muscle recovery and stamina.

### ANTIBACTERIAL ACTION

Cranberries offer natural antimicrobial support, helping inhibit the growth of harmful bacteria in the urinary tract.

### ANTIOXIDANT PROTECTION AND HEALTHY AGEING

Vitamin E, Co-Enzyme Q10, Lutein, and Lycopene provide antioxidant benefits, helping to protect cells from oxidative stress, support cardiovascular health, and promote healthy ageing.

### BONE AND MUSCLE HEALTH

Calcium, Magnesium, Vitamin D, and Vitamin K2 support bone density and muscle function. These nutrients play a crucial role in maintaining structural integrity and reducing the risk of deficiency-related conditions.

### COGNITIVE AND CELLULAR FUNCTION

Co-Enzyme Q10, Chromium Picolinate, and Mineral Rich Seaweed Extract (containing trace minerals like selenium, iodine, and manganese) help support brain function, cellular health, and metabolic balance. Integrity and reducing the risk of deficiency-related conditions.

### SKIN, HAIR, AND VISION SUPPORT

Vitamin A, Biotin, and Lutein contribute to healthy skin, hair, and vision, while helping protect against environmental damage and premature ageing.







## CARDIOVASCULAR HEALTH GENERAL WELLNESS BONE & JOINT HEALTH



Omega-3 fatty acids are “healthy fats”, that include DHA and EPA (found in seafood) and ALA (found in plants). Some foods, that can help you add Omega-3s to your diet, include fatty fish (like Salmon and Mackerel), Flaxseed and Chia seeds. If you do not consume these weekly, then you may become deficient in Omega-3, as your body cannot produce these oils. Omega-3 is therefore referred to as an essential oil. The heart, lungs, blood vessels and immune system all depend on Omega-3 fatty acids for healthy cell structure, energy and proper operation. Omega-3 is a polyunsaturated fatty acid that is beneficial to general health & vitality.

With Vitamin D and Omega-3 oils.

450ml +50 ml FREE

PRODUCT CODE HS70

RETAIL PRICE: **R449** (INCL VAT)

### OMEGATONE

#### BENEFITS:

Omega-3 is an essential fatty acid that we can only gain from our diet. Omega-3 supports heart health and promotes brain health, especially during pregnancy. It improves eye health, bone - and joint health and helps fight inflammation.

#### DIRECTIONS FOR USE:

Shake well before use, at least 10 shakes.

5ml per day for children 6 – 12 years;

10ml per day for teenagers 13 – 17 years;

15ml per day for 18+ years.

5ml = 1 teaspoon.

Keep refrigerated after opening.

Preferably take after a meal.

#### PRECAUTIONS:

Consult with your Health Practitioner if you have a sensitivity to any of the ingredients or suspect that you might have. Product contains Iodine.

#### ACTIVE INGREDIENTS

#### PER 10 ml

#### OF WHICH IS OMEGA-3 FISH OIL CONTAINING:

EICOSAPENTAENOIC ACID 36 mg

(EPA)

DOCOSAHEXAENOIC ACID 24 mg

(DHA)

#### FLAXSEED OIL COLD PRESSED

#### EXTRA CONTAINING:

OLEIC ACID (C18:1) 72 mg

LINOLEIC ACID (C18:2) 72 mg

LINOLEIC ACID (C18:3 N-3) 300 mg

LINOLEIC ACID (C18:3 N-6) 6 mg

VITAMIN D3 200 IU

(AS CHOLECALCIFEROL)

#### SPORTRON FOODSTATE MATRIX™ BLEND

33 mg

SOYA PROTEIN ISOLATE, SPIRULINA, CARROT, TOMATO, PAWPAW, BIO FRUIT BLEND (ACAI BERRY, ACEROLA CHERRY, CRANBERRY, GOJI BERRY, POMEGRANATE, STRAWBERRY, PREBIOTIC FIBRE), BIO VEGETABLE BLEND (WHEATGRASS, BARLEY GRASS, ALFALFA GRASS, KALE, SPINACH, MORINGA OLEIFERA, CHLORELLA, PREBIOTIC FIBRE) BIOPERINE.



#### BOOSTS THE IMMUNE SYSTEM

Omega-3 fatty acids not only help the heart, brain, and eyes, but they also improve the activity of immunological cells, which helps maintain a healthy immune system and have anti-cancer properties.



#### BOOSTS HEART HEALTH

Omega-3 fatty acids, especially EPA and DHA, lower blood triglycerides, a form of fat linked to a higher risk of heart disease. By lowering blood vessel inflammation and enhancing arterial function, they assist in lowering blood pressure. They also contribute to the prevention of blood clots, which reduces the risk of heart disease overall.



#### BOOSTS BRAIN ACTIVITY

Omega-3 is a vital part of the brain's cell membrane structures. DHA is especially in charge of memory and cognitive processes. Omega-3 dietary intake may help boost cognitive performance and reduce the risk of neurodegenerative diseases and cognitive decline.



#### STRONG ANTI-INFLAMMATORY PROPERTIES & BOOST JOINT HEALTH

Numerous illnesses, such as arthritis and heart disease, are associated with chronic inflammation. The anti-inflammatory qualities of Omega-3 fatty acids, particularly EPA, make them helpful in the treatment of autoimmune diseases and joint inflammation. DHA and EPA aid serotonin, a nerve messenger which can help balance your mood. The anti-inflammatory effects of these Omega-3 fats on nerve cells may reduce the risk of depression.



#### BOOSTS EYE HEALTH

Omega-3 fatty acids will assist your eye health by preventing dry and inflamed eyes. It can prevent or slow down the rate of age-related macular degeneration (AMD) and glaucoma.



#### ENHANCES SLEEP QUALITY

Numerous illnesses, such as melancholy, diabetes, and obesity, are associated with sleep deprivation. Omega-3 fatty acids may help improve the length and quality of sleep. It has been discovered that Omega-3 contributes to the synthesis of melatonin, a hormone that is essential for controlling sleep.



#### BOOSTS SKIN HEALTH

For healthy skin, Omega-3 fatty acids are vital nutrients. They aid in preventing dehydration and controlling the skin's oil production. These functions regulate inflammatory skin disorders like eczema and reduce the risk of breakouts and premature aging.



GMO **FREE**



PARABEN **FREE**





## IMMUNE SUPPORT GENERAL WELLNESS



A compressive supplement for upper respiratory health for young and old. The formula can assist with managing allergies, such as hay fever and sinus irritation.

It can also be used as a daily immune booster, due to its high anti-oxidant contents and its strong anti-inflammatory properties.

**With Echinacea, Ivy Leaf, Licorice Root and Quercetin.**

### RESPITRON

#### BENEFITS:

A scientifically developed supplement with vitamins, minerals and herbal extracts promoting a healthy respiratory system and providing relief from allergies.

#### DIRECTIONS FOR USE:

Shake well before use, at least 10 shakes.  
5ml per day for children 2 – 4 years;  
10ml per day for children 5 – 7 years;  
20ml per day for 18+years, or as recommended by your Health Practitioner.  
5ml = 1 teaspoon.  
Keep refrigerated after opening.  
Preferably take after a meal.

#### PRECAUTIONS:

Consult with your Health Practitioner if you have a sensitivity to any of the ingredients or suspect that you might have. Consult your Health Practitioner if your condition becomes chronic.

ACTIVE INGREDIENTS	PER 5 ml
Vitamin C (Ascorbic Acid BP)	50 mg
Vitamin B1 (Thiamine Hydrochloride)	5 mg
Vitamin B2 (Riboflavin BP)	2 mg
Vitamin B5 (Pantothenic Acid)	5 mg
Vitamin B6 (Pyridoxine Hydrochloride)	5 mg
Vitamin B 12 (Cobalmine)	5 mg
Zinc Citrate	10 mg
L-Tyrosine	10 mg
Echinacea Extract (4:1)	10 mg
Quercetin Extract (95%)	10.5 mg
Liquorice Root Powder	10 mg
Ivy Leaf Extract (11%)	5 mg
Beta Carotene 1%	1.1 mg

#### SPORTRON FOODSTATE MATRIX™ BLEND

10 mg

SOYA PROTEIN ISOLATE, SPIRULINA, CARROT, TOMATO, PAWPAW, BIO FRUIT BLEND (ACAI BERRY, ACEROLA CHERRY, CRANBERRY, GOJI BERRY, POMEGRANATE, STRAWBERRY, PREBIOTIC FIBRE), BIO VEGETABLE BLEND (WHEATGRASS, BARLEY GRASS, ALFALFA GRASS, KALE, SPINACH, MORINGA OLEIFERA, CHLORELLA, PREBIOTIC FIBRE) BIOPERINE.



#### STRENGTHENS IMMUNE DEFENCE

Echinacea extract and Vitamin C work together to strengthen the immune system, helping the body to fight off colds and flu more effectively. Echinacea has been shown to reduce the frequency and severity of infections, while Vitamin C supports the body's natural defences and antioxidant protection.



#### SUPPORTS RESPIRATORY HEALTH

Ivy Leaf Extract acts as an expectorant to loosen phlegm and ease congestion, while Licorice Root Powder soothes irritated airways with its anti-inflammatory and antimicrobial properties. Together these ingredients help relieve symptoms such as sore throat, coughing, and nasal congestion.



#### RELIEVES ALLERGY SYMPTOMS

Quercetin Extract, a natural anti-inflammatory and antioxidant compound, helps reduce allergic reactions by preventing immune cells from releasing histamines. This supports relief from symptoms such as runny nose, watery eyes, hives, and swelling of the lips and face. Zinc Citrate complements this benefit by supporting the immune response and reducing allergy-related discomfort.



#### BOOSTS ENERGY AND VITALITY

The blend of B-Vitamins including B1, B2, B5, B6, and B12 supports over 50 processes in the body, particularly those linked to energy metabolism and vitality. These vitamins assist in reducing fatigue, supporting nervous system function, and maintaining overall wellness.



#### PROVIDES ANTIOXIDANT PROTECTION

Beta Carotene and Quercetin offer powerful antioxidant support to protect the body's cells from damage caused by free radicals. This contributes to long-term health and helps the body maintain balance under stress.

**250 ml**

**PRODUCT CODE HS39**

RETAIL PRICE: **R329** (INCL VAT)





IMMUNE  
SUPPORT  
GENERAL  
WELLNESS



Sportron Phytogarde is a scientifically formulated anti-oxidant rich and phyto-nutrient rich formulation to boost the immune system. Anti-oxidants form part of the body's natural immune system to neutralise free radicals that can cause cellular damage and illness. Anti-oxidant activity of a supplement is measured by the ORAC value (Oxygen Radical Absorbance Capacity). Health authorities recommend a goal intake of 3000 ORAC units per day. A Phytogarde dose offers 1800 ORAC units, fulfilling 60% of your daily recommended goal.

With Goji Berry, Cranberry, Grape Seed Extract & Kelp Fucoxanthin.

PHYTOGARDE

**BENEFITS:**  
A scientifically formulated blend to help boost the body's immune system and promote optimal health. Cranberry, Grape Seed and Goji Berry extracts are rich in anti-oxidants and Vitamin C for extra immune protection. Phytogarde contains Fucoxanthin, an active ingredient in Sea Kelp, which protects the body against disease by fighting free radical damage at cellular level.

**DIRECTIONS FOR USE:**  
Take 15ml mixed with 250ml water per day.  
5ml = 1 teaspoon.  
Keep refrigerated after opening.  
Preferably take after a meal.

**PRECAUTIONS:**  
Consult with Your Health Practitioner if you have a sensitivity to any of the ingredients or suspect that you might have.

NUTRITIONAL VALUE	PER 15 ml
ENERGY	2.5 kJ
PROTEIN	0 g
CARBOHYDRATES	0.15 g
FAT	0 g
ACTIVE INGREDIENTS	PER 15 ml
MORINGA OLEIFERA POWDER	5 mg
CRANBERRY EXTRACT 4:1	100 mg
AFRICAN POTATO EXTRACT 10:1	50 mg
GRAPE SEED EXTRACT	50 mg
GOJI BERRY EXTRACT 4:1	100 mg
KELP FUCOXANTHIN	5 mg
SPORTRON FOODSTATE MATRIX™ BLEND	3.4 mg
SOYA PROTEIN ISOLATE, SPIRULINA, CARROT, TOMATO, PAWPAW, BIO FRUIT BLEND (ACAI BERRY, ACEROLA CHERRY, CRANBERRY, GOJI BERRY, POMEGRANATE, STRAWBERRY, PREBIOTIC FIBRE), BIO VEGETABLE BLEND (WHEATGRASS, BARLEY GRASS, ALFALFA GRASS, KALE, SPINACH, MORINGA OLEIFERA, CHLORELLA, PREBIOTIC FIBRE) BIOPERINE.	



**BOOSTS IMMUNE FUNCTION**  
Goji Berry Extract and African Potato Extract support the body's natural immune defences with their strong anti-inflammatory and antioxidant compounds. These ingredients help the body fight infections and maintain resilience.



**SUPPORTS HEART AND CIRCULATORY HEALTH**  
Cranberry Extract and Grape Seed Extract provide potent antioxidant protection that promotes heart health and supports healthy circulation. Grape Seed Extract is especially powerful, containing up to 20 times more antioxidants than Vitamin C.



**PROMOTES URINARY TRACT AND GUT HEALTH**  
Cranberry Extract assists in maintaining urinary tract health by helping to prevent harmful bacteria from adhering to the urinary tract walls. Its antioxidant properties also support digestive wellness and overall gut health.



**PROVIDES NUTRIENT-RICH SUPERFOOD SUPPORT**  
Moringa Oleifera Powder delivers over 90 nutrients, 46 antioxidants, and 36 anti-inflammatory compounds, making it a comprehensive superfood that nourishes the body, boosts energy, and supports daily vitality.



**OFFERS ANTIOXIDANT AND ANTI-CANCER POTENTIAL**  
Fucoxanthin from Kelp Extract is a bioactive compound with strong antioxidant capacity. Research indicates that it may help protect cells from oxidative stress and could support the body's defences against cancer.

450ml +50 ml FREE

PRODUCT CODE HS72

RETAIL PRICE: R359 (INCL VAT)





GUT HEALTH  
IMMUNE  
HEALTH

IMPROVED FORMULA

Sportron Pro-B9<sup>®</sup> is a scientifically formulated daily health supplement containing a powerful blend of 9 probiotic strains and prebiotics to support digestive and immune health. This nutrient-dense formula helps maintain a balanced gut flora, enhances nutrient absorption, and contributes to overall well-being. With 70% of the body's immune cells residing in the gut, Pro-B9<sup>®</sup> plays a vital role in supporting immunity, mental clarity, skin health, and overall vitality.

With a Pre-biotic & 9-strain Probiotic.



30 ml SOLUTION

PRODUCT CODE SP083

RETAIL PRICE: R299 (INCL VAT)

PRO B-9 DROPS

BENEFITS:

A healthy gut ensures optimal absorption of all nutrients, including supplementation. This daily health probiotic formula contains 9 strains of probiotic flora that promote gut health. Seventy percent of the body's immune cells reside in the gut and gut health is key for these cells to operate optimally.

DIRECTIONS FOR USE:

Shake well before use. For children over 3 years of age and adults, take 1 ml (5 to 8 drops) daily or as recommended by your Health Practitioner. Add to a smoothie, yoghurt, porridge etc, or consume by placing on top of the tongue and swallowing.

WARNING:

If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use.

CONTRAINDICATIONS:

Avoid if allergic or sensitive to any of the listed ingredients.

TOTAL PROBIOTICS PER 1 ML

1 BILLION CFU CONSISTING OF: LACTOBACILLUS ACIDOPHILUS UBLA-34, BIFIDOBACTERIUM LACTIS UBBLA-70, BIFIDOBACTERIUM BIFIDUM UBBB-55, LACTOBACILLUS RHAMNOSUS HN00, LACTOBACILLUS CASEI LC-11, LACTOBACILLUS PLANTARUM LP-115, LACTOBACILLUS LACTIS LI-23, BIFIDOBACTERIUM LONGUM UBBL-64, STREPTOCOCCUS THERMOPHILIS ST-21, PREBIOTICS BLEND (FRUCTOOLIGOSACCHARIDES 3.5 MG, MALTODEXTRIN {PREBIOTIC FIBER} 27.5 MG).

CFU= COLONY FORMING UNITS

SPORTRON BIOFOODMATRIX<sup>®</sup> 250 mcg  
XANTHAM-SOY LECITHIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEX AGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.



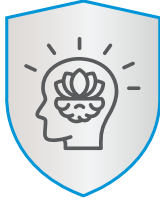
DIGESTIVE HEALTH

Pro-B9<sup>®</sup> helps break down food and aids nutrient absorption by promoting a healthy balance of gut bacteria. It may relieve common digestive issues such as bloating, gas, and constipation. It is particularly beneficial for those experiencing IBS or lactose intolerance, as it strengthens the gut lining and enhances digestive enzyme activity.



IMMUNE HEALTH

By reinforcing the gut lining and promoting a healthy intestinal environment, Pro-B9<sup>®</sup> helps prevent harmful substances from entering the bloodstream. It supports the immune system by stimulating the production of white blood cells and antibodies while reducing chronic inflammation. Certain probiotic strains may also enhance the body's antiviral defense and reduce infection risks.



MENTAL HEALTH

Pro-B9<sup>®</sup> supports the gut-brain connection, which plays a role in regulating mood, stress, and sleep. A balanced microbiome has been shown to influence neurotransmitter production, helping to improve emotional well-being and alleviate symptoms of anxiety and depression.



SKIN HEALTH

Probiotics can assist in reducing skin inflammation and supporting hydration and elasticity by promoting the production of ceramides. This may help in the management of skin conditions such as eczema and acne.



ALLERGY SUPPORT

By strengthening the gut barrier and modulating the immune response, Pro-B9<sup>®</sup> may help reduce the frequency and severity of allergic reactions. It supports immune balance, which may reduce the symptoms of allergic rhinitis, eczema, and even some food-related allergies.







# SPECIALITY WELLNESS

Supplements designed to meet the body's needs due to a specific condition, based on scientific evidence.





MUSCLE  
& JOINT  
HEALTH



IMPROVED FORMULA

A-Tron Matrix is a scientifically formulated supplement designed to support joint, muscle, and bone health. This powerful blend combines MSM, Glucosamine, Chondroitin, Turmeric, Papain, and CBD Isolate to help reduce inflammation, ease stiffness, support cartilage regeneration, and promote faster recovery. Ideal for those with active lifestyles or age-related joint discomfort, A-Tron Matrix promotes strength, flexibility, mobility, and overall physical comfort.

With MSM, Chondroitin & Turmeric.



60 VEGGIE CAPSULES

PRODUCT CODE SP080

RETAIL PRICE: R329 (INCL VAT)

A-TRON

**BENEFITS:**  
Formulated for joint comfort and flexibility, this blend combines Glucosamine, Chondroitin, and MSM to support cartilage and mobility. Turmeric and Papain provide anti-inflammatory support to help ease stiffness and promote faster recovery.

**DIRECTIONS FOR USE:**  
Take 2 capsules daily with a meal or as directed by your Health Practitioner.

**WARNING:**  
Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use. Not to be used by individuals younger than 18 years.

**CONTRAINDICATIONS:**  
Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER 2 CAPSULES
MSM (METHYLSULFONYLMETHANE)	520 mg
GLUCOSAMINE SULPHATE	500 mg
TURMERIC (CURCUMA LONGA)	120 mg
CHONDROITIN SULPHATE	70 mg
PAPAIN	30 mg
CBD ISOLATE	0,2 mg (1:100 M/M)
SPORTRON BIOFOODMATRIX <sup>®</sup>	20 mg
XANTHAM-SOY LECHITIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEX AGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.	



**JOINT HEALTH**  
Glucosamine Sulphate and Chondroitin Sulphate help support joint structure by nourishing cartilage and slowing down its breakdown. These compounds are known for their ability to reduce joint pain, improve flexibility, and ease symptoms of osteoarthritis.



**MUSCLE RECOVERY**  
MSM is a potent anti-inflammatory that may assist in reducing muscle soreness and oxidative stress after exercise. It helps improve recovery time and reduce discomfort associated with physical strain or inflammation.



**INFLAMMATION SUPPORT**  
Turmeric and Papain both offer natural anti-inflammatory properties that help ease swelling, stiffness, and joint pain. They contribute to improved mobility and flexibility by reducing the inflammation that limits movement.



**PAIN RELIEF**  
CBD Isolate has been shown to help relieve pain and discomfort. In combination with MSM and other ingredients, it supports a more comfortable and active lifestyle without relying on pharmaceutical intervention.

GMO **FREE**

PARABEN **FREE**



## ANTI-INFLAMMATORY JOINT GEL



A-Tron Gel is a scientifically formulated topical solution that provides fast-acting relief from joint and muscle pain, swelling, and stiffness. Enriched with natural ingredients including Arnica, Clove, Rosemary, Menthol, and Cannabidiol Oil, this gel delivers targeted anti-inflammatory support, promotes healing, and soothes sore muscles and inflamed joints. Ideal for anyone needing quick relief after physical activity or dealing with chronic joint discomfort.

**With Arnica, Clove, Rosemary & Cannabidiol Oil.**

### A-TRON GEL

#### BENEFITS:

A scientifically formulated gel to soothe joint pain, swelling and stiffness. Arnica, Clove, Rosemary and Cannabidiol oils are known for their anti-inflammatory properties that help to relieve joint inflammation and pain.

#### DIRECTIONS FOR USE:

Apply a thin layer to the affected area no more than 6 times per day. Massage gently for 2 minutes after application.

**CONTRAINDICATIONS:** Avoid if allergic or sensitive to any of the listed ingredients.

#### ACTIVE INGREDIENTS

PER 1 g

RO WATER, CARBOMER, MENTHOL, CBD OIL ≤25 MG PER 5G, SODIUM BENZOATE, POTASSIUM SORBATE, MSM (METHYLSULFONYLMETHANE), EDTA2NA, ARNICA EXTRACT, VANILLYL BUTYL ETHER, CLOVE ESSENTIAL OIL, WINTERGREEN ESSENTIAL OIL, ROSEMARY ESSENTIAL OIL, POLYSORBATE 20, COLORANT, TRIETHANOLAMINE.



#### MUSCLE HEALTH

MSM and Arnica help accelerate muscle recovery by reducing soreness and supporting the healing of soft tissue injuries. Arnica is especially helpful for bruising, making A-Tron Gel ideal for use after exercise or strain.



#### INFLAMMATION RELIEF

Menthol provides a warming sensation that calms inflammation and soothes stiffness. Its natural pain-relieving effect helps block pain signals and ease joint and muscle discomfort. MSM and Arnica enhance this effect with their anti-inflammatory and antioxidant properties.



#### PAIN SUPPORT

Clove, Rosemary, and Wintergreen essential oils help relieve pain and reduce swelling. These oils work together to soothe sore muscles, relax tight areas, and support overall joint and tissue comfort.

**50 g GEL**

**PRODUCT CODE SP019**

RETAIL PRICE: **R229** (INCL VAT)



# CAL-C-MAG<sup>®</sup> MATRIX



## IMPROVED FORMULA

CAL-C-MAG Matrix is a comprehensive bone and joint supplement that combines elemental calcium and magnesium with hydrolyzed collagen, vitamins C, D3, and K2, zinc, and essential minerals from seaweed extract. This synergistic formulation is designed to support strong bones, flexible joints, and healthy muscles while also promoting skin hydration, heart health, and restful sleep. Ideal for those seeking to prevent or manage osteoporosis and maintain optimal skeletal and muscular health, particularly in middle-aged women.

With Elemental Calcium, Magnesium and Collagen.



## CAL-C-MAG

### BENEFITS:

This mineral-rich formulation combines the bone health power of Calcium and Magnesium with Vitamin C, Vitamin D3, and Zinc. It helps to promote healthy nerve and muscle function and can assist in the prevention and treatment of osteoporosis (fragile bones), which occurs frequently in middle-aged women.

### DIRECTIONS FOR USE:

Take 2 Capsules daily with a meal or as directed by your Health Practitioner.

### WARNING:

Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use.

### CONTRAINDICATIONS:

Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER CAPSULE
CALCIUM CARBONATE (PROVIDING 264MG ELEMENTAL CALCIUM)	660 mg
MAGNESIUM SULPHATE (PROVIDING 30.3MG ELEMENTAL MAGNESIUM)	151.6 mg
HYDROLIZED COLLAGEN POWDER	50 mg
VITAMIN C	90 mg
VITAMIN D	500 IU
VITAMIN K2	0.12 mcg
ZINC OXIDE	11 mg
SEAWEED EXTRACT (SARGASSUM FUSIFORME – NATURAL SOURCE OF MINERALS INCLUDING SELENIUM, COPPER & BORON)	20 mg

### SPORTRON BIOFOODMATRIX<sup>®</sup>

25 mg

XANTHAM-SOY LECITHIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEXAGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.



### BOOST BONE HEALTH

Magnesium improves calcium absorption and utilization, while calcium strengthens bone density and structure. Collagen adds structural support to the bones, making them more resilient and reducing the risk of fractures and osteoporosis.



### BOOST JOINT HEALTH

Calcium and magnesium help manage joint inflammation and pain by supporting muscle control and relaxation. Collagen supports cartilage regeneration, improving joint flexibility and easing symptoms of conditions like osteoarthritis.



### BOOST SKIN HYDRATION AND ELASTICITY

Collagen contributes to firmer, more hydrated skin and may help reduce the appearance of fine lines and dryness. Magnesium supports collagen production, promoting healthier, more resilient skin, nails, and hair.



### BOOST MUSCLE HEALTH

This formulation provides essential nutrients to support muscle relaxation, growth, and recovery. Collagen and magnesium help maintain muscle mass and prevent cramping and fatigue.



### BOOST HEART HEALTH

Magnesium and calcium work together to support normal heart rhythm and blood pressure. Collagen also supports heart health by aiding in arterial elasticity and cholesterol balance, reducing the risk of cardiovascular issues.



### BOOST HEALTHY SLEEP PATTERNS

Calcium and magnesium assist in regulating neurotransmitters that influence sleep quality, while collagen contributes to overall wellbeing, which may further enhance restful sleep and nighttime recovery.







### IMPROVED FORMULA

Sportron Glucoplex® is a carefully crafted herbal supplement designed to promote healthy blood sugar levels and reduce the impact of inflammation on the body. Featuring a potent trio of Bearberry, Cinnamon, and Centella Asiatica, this antioxidant-rich formula supports glucose metabolism, heart health, and overall cellular vitality. By helping to stabilise blood sugar and reduce oxidative stress, Glucoplex provides natural support for those seeking to maintain balanced energy and long-term wellness.

**With Bearberry, Centella Asiatica and Cinnamon.**



### GLUCOPLEX

**BENEFITS:**

This herbal formulation promotes healthy blood sugar levels and its antioxidant-rich formulation helps protect against high blood sugar inflammation.

**DIRECTIONS FOR USE:**

Take 1 Capsule daily with a meal or as directed by your Health Practitioner.

**WARNING:** If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use. Not to be used by those younger than 18 years.

**CONTRAINDICATIONS:** Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER CAPSULE
BEARBERRY (UVA URSI) {CONTAINING BERBERINE}	180 mg
CENTELLA ASIATICA	100 mg
CINNAMOMUM CASSIA (CINNAMON) POWDER	175 mg
<b>SPORTRON BIOFOODMATRIX®</b>	25 mg
XANTHAM-SOY LECITHIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEX AGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.	



**BALANCED BLOOD SUGAR**

Bearberry and cinnamon work together to help lower fasting blood sugar levels and stabilise post-meal glucose spikes. Cinnamon assists in slowing gastric emptying and improving insulin sensitivity, allowing glucose to be used more efficiently by the body. Bearberry supports similar functions and helps prevent sharp rises in blood sugar that can lead to vascular damage and inflammation over time.



**HEART HEALTH**

Cinnamon has been shown to reduce LDL (bad) cholesterol and improve blood circulation, helping to protect the heart. Its antioxidant properties contribute to reducing cellular damage, which is particularly important in those at risk of blood sugar-related cardiovascular issues. The inclusion of Centella Asiatica further aids vascular health and circulation.



**FIGHTS INFLAMMATION**

Cinnamon and Centella Asiatica are both known for their anti-inflammatory and antioxidant effects. Cinnamon helps combat oxidative stress and may relieve discomfort from chronic inflammation. Centella Asiatica contributes by calming inflammation caused by elevated glucose levels, supporting cellular repair and recovery.

30 VEGGIE CAPSULES

PRODUCT CODE SP012

RETAIL PRICE: **R309** (INCL VAT)





URINARY TRACT HEALTH



IMPROVED FORMULA

Research has proven that Cranberry Actives (not fruit/juice) are very effective in treating and preventing urinary infections, by preventing bacteria adhering to walls of the bladder. It has been shown to decrease adherence of bacteria, such as E.Coli within 8 hours after consumption.

With Cranberry Actives.



URITRON

**BENEFITS:** Uritron contains Cranberry Actives that promote urinary tract health by assisting the body with bladder infection symptom relief, such as burning, irritation and urinary discomfort.

**DIRECTIONS FOR USE:** Take three capsules per day for seven days for an acute condition. Take one capsule daily for a mild/preventative condition or as prescribed by your Health Practitioner.

**PRECAUTIONS:** Not to be used by anyone younger than 12 years. Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use. Consult your Health Practitioner if your urinary tract condition becomes chronic. Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER CAPSULE
CRANBERRY (VACCINIUM MACROCARPON FRUIT) POWDER	525 mg

SPORTRON BIOFOODMATRIX®	10 mg
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XANTHAM-SOY LECITHIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEXAGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.



**SUPPORTS URINARY TRACT HEALTH**  
A concentrated dose of Cranberry (525 mg per capsule) helps prevent bacteria like E. coli from sticking to the urinary tract walls, thanks to A-type proanthocyanidins. This helps reduce the risk and recurrence of urinary tract infections (UTIs).



**RELIEVES BLADDER DISCOMFORT**  
With anti-inflammatory compounds like quercetin and ursolic acid, cranberry helps ease urinary urgency, burning, and irritation—supporting overall bladder wellness.



**POWERFUL ANTIOXIDANT PROTECTION**  
Rich in natural antioxidants such as myricetin, peonidin, and vitamin C, cranberries help protect urinary tract cells and strengthen the immune system, particularly during infection.



**ANTIBACTERIAL ACTION**  
Cranberries offer natural antimicrobial support, helping inhibit the growth of harmful bacteria in the urinary tract.



**HEART AND DIGESTIVE SUPPORT**  
High antioxidant content may also benefit heart health and support digestive function.



**DELIVERS VITAL NUTRIENTS**  
Cranberries provide a variety of essential vitamins and minerals—like vitamin C, A, K, manganese, copper, and potassium—that promote tissue repair, immune strength, and overall vitality.

30 VEGGIE CAPSULES

PRODUCT CODE SP035

RETAIL PRICE: R329 (INCL VAT)





# COLLAGEN<sup>®</sup> MATRIX



About 30% of the protein in our bodies is made up of collagen, the most abundant protein responsible for giving structure, strength, and support to skin, muscles, bones, joints, and connective tissues. Collagen is also found in the gut, blood vessels, and organs, playing a vital role in overall wellness. Sportron Collagen provides 940 mg of Hydrolysed Type 1 & 3 Collagen Peptides per serving, offering a highly absorbable formula that helps restore the body's natural collagen levels. This powerful supplement supports skin elasticity, joint comfort, bone strength, gut health, and more, delivering visible, lasting results from the inside out.

With Hydrolysed Collagen.



60 VEGGIE CAPSULES

PRODUCT CODE SP085

RETAIL PRICE: **R449** (INCL VAT)

## COLLAGEN

**BENEFITS:**  
Hydrolysed Type 1 & 3 Collagen Peptides support healthy skin elasticity, strong hair and nails, joint comfort, and bone strength. Easily absorbed for visible, lasting results.

**DIRECTIONS FOR USE:**  
Take 2 Capsules daily with a meal or as directed by your Health Practitioner.

**WARNING:**  
Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use. Be careful taking this medicine together with other blood thinning medicines.

**CONTRAINDICATIONS:**  
Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER 2 CAPSULES
HYDROLYSED COLLAGEN PEPTIDES (TYPE 1 & 3)	940 mg
SPORTRON BIOFOODMATRIX <sup>®</sup>	50 mg
XANTHAM-SOY LECITHIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEX AGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCINIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.	



**SKIN HEALTH**  
Collagen promotes skin hydration and elasticity, helping to reduce dryness and the appearance of wrinkles caused by natural collagen loss as we age. This helps slow visible signs of ageing and supports plump, radiant skin.



**JOINT SUPPORT AND PAIN RELIEF**  
As collagen levels decrease with age, joint pain and stiffness may increase. Hydrolysed collagen helps reduce these symptoms by supporting cartilage health, easing inflammation, and improving mobility and flexibility.



**BONE STRENGTH**  
Collagen plays a vital role in maintaining strong bones by enhancing bone density and reducing bone breakdown. It may be especially beneficial for postmenopausal women and individuals at risk of osteoporosis.



**HAIR AND NAIL HEALTH**  
This formula supports strong, resilient hair and nails by providing essential structural proteins that boost growth and reduce brittleness and breakage.



**HEART HEALTH**  
Research suggests collagen may support cardiovascular health by improving artery flexibility and reducing stiffness, which may help manage blood pressure and cholesterol levels.



**MOOD AND SLEEP**  
Collagen contains glycine, an amino acid that supports neurotransmitter function and serotonin production. This may promote better mood balance and more restful sleep.



**GUT HEALTH**  
Collagen strengthens the gut lining and supports digestive health. It may help manage issues like leaky gut, IBS, and inflammation by supporting the intestinal lining and promoting a balanced microbiome.





# COLLAGEN® CREAMER



Sportron Collagen Creamer is a nourishing, protein-rich supplement designed to support skin health, joint comfort, and overall wellness. Infused with hydrolysed collagen peptides, casein protein, and the advanced BioFood Matrix®, this creamy powder delivers essential nutrients in a delicious format that can easily be added to coffee, tea, or smoothies. It helps promote elasticity, hydration, mobility, and vitality from the inside out, making it a convenient way to enhance your daily nutrition and beauty routine.

300 g

PRODUCT CODE SP091

RETAIL PRICE: **R379** (INCL VAT)



## COLLAGEN CREAMER

### BENEFITS:

This premium Collagen Creamer is designed to support skin health, joint function, and daily vitality, delivered in a delicious, creamy format perfect for your coffee or smoothie. Powered by hydrolysed collagen, it provides essential peptides that help strengthen skin, hair, nails, and connective tissue from within. Enriched with casein protein and skim milk powder, it offers a slow-release protein boost to support muscle recovery and satiety. The inclusion of BioFood Matrix® enhances nutrient absorption and bioavailability, ensuring your body gets the most from every spoon. Enjoy a functional, flavourful way to support beauty from within, every day.

### DIRECTIONS FOR USE:

Add 2 to 3 teaspoons of Collagen Creamer to your favourite beverage, e.g in tea, coffee, hot chocolate or smoothie.

### CONTRAINDICATIONS:

Avoid if allergic or sensitive to any of the listed ingredients.

### ACTIVE INGREDIENTS

HYDROLYSED COLLAGEN POWDER, CASEIN PROTEIN POWDER, GLUCOSE, SILICA, SKIM MILK POWDER, SALT, SOY LECITHIN, SODIUM SACCHARIN.

### \*SPORTRON BIOFOODMATRIX®

XANTHAM-SOY LECITHIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEX AGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.



### SKIN HEALTH

Collagen enhances skin hydration and elasticity, helping to reduce the appearance of wrinkles and dry skin. By strengthening the skin's structure, it promotes a plump, radiant, and youthful-looking complexion.



### JOINT SUPPORT AND MOBILITY

With age, natural collagen declines, leading to joint discomfort and stiffness. This formulation supports cartilage health and reduces inflammation, helping to ease joint pain and improve flexibility and movement.



### BONE STRENGTH

Collagen plays a role in bone mineral density, helping to prevent bone loss and support bone strength, especially beneficial for postmenopausal women or individuals at risk of osteoporosis.



### HAIR AND NAIL HEALTH

Collagen provides structural proteins that promote the growth of healthy, resilient hair and nails while reducing brittleness and breakage.



### HEART HEALTH

Research suggests collagen peptides can support cardiovascular wellness by improving artery flexibility, reducing stiffness, and promoting healthy cholesterol levels.



### MOOD AND SLEEP

The glycine content in collagen supports neurotransmitter balance, potentially improving mood and promoting better quality sleep.



### GUT HEALTH

Collagen supports a healthy digestive tract by strengthening the gut lining, aiding digestion, and reducing inflammation, which may be helpful for conditions like IBS or leaky gut.



GMO **FREE**



PARABEN **FREE**



# LION'S MANE® MATRIX



Lion's Mane Matrix is a powerful natural brain and nerve support supplement made from a high-potency mushroom extract known for its cognitive and neurological benefits. This formula is designed to enhance memory, focus, and mental clarity while also promoting nerve regeneration and brain cell protection. With antioxidant, anti-inflammatory, and immune-boosting properties, Lion's Mane Matrix offers wide-ranging benefits for both mental and physical wellbeing.



BIOFOOD  
MATRIX®

## LION'S MANE

### BENEFITS:

This natural mushroom extract supports concentration, memory, and overall brain and nerve function.

### DIRECTIONS FOR USE:

Take 1 Capsule daily with a meal or as directed by your Health Practitioner.

### WARNING:

Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use. Be careful taking this medicine together with other blood thinning medicines.

### CONTRAINDICATIONS:

Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER CAPSULE
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LIONS MANE POWDER	565 mg
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SPORTRON BIOFOODMATRIX®	25 mg
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XANTHAM-SOY LECHITIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEX AGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.



### BRAIN HEALTH

Lion's mane supports the development, survival, and function of nerve cells, promoting neuroprotection and regeneration. These effects may help safeguard brain health, improve thought processes, and provide protection against conditions like dementia and Alzheimer's.



### MEMORY AND FOCUS

This mushroom extract may help reduce brain fog and enhance mental performance by improving memory, concentration, and overall cognitive function.



### MOOD

By influencing neurotransmitter activity, Lion's Mane may help reduce anxiety and depression, supporting emotional balance and mental resilience.



### IMMUNE HEALTH

Lion's Mane may boost intestinal immune response and overall immune function. Its antioxidant and anti-inflammatory compounds help protect cells from oxidative stress and support the body's defence mechanisms.



### DIGESTIVE HEALTH

Probiotic-supportive properties in Lion's Mane can help maintain a healthy gut environment by encouraging beneficial bacteria and suppressing harmful organisms like H. pylori.



### HEART HEALTH

This extract may contribute to heart health by reducing cholesterol levels and helping to prevent the formation of blood clots, supporting better cardiovascular function.

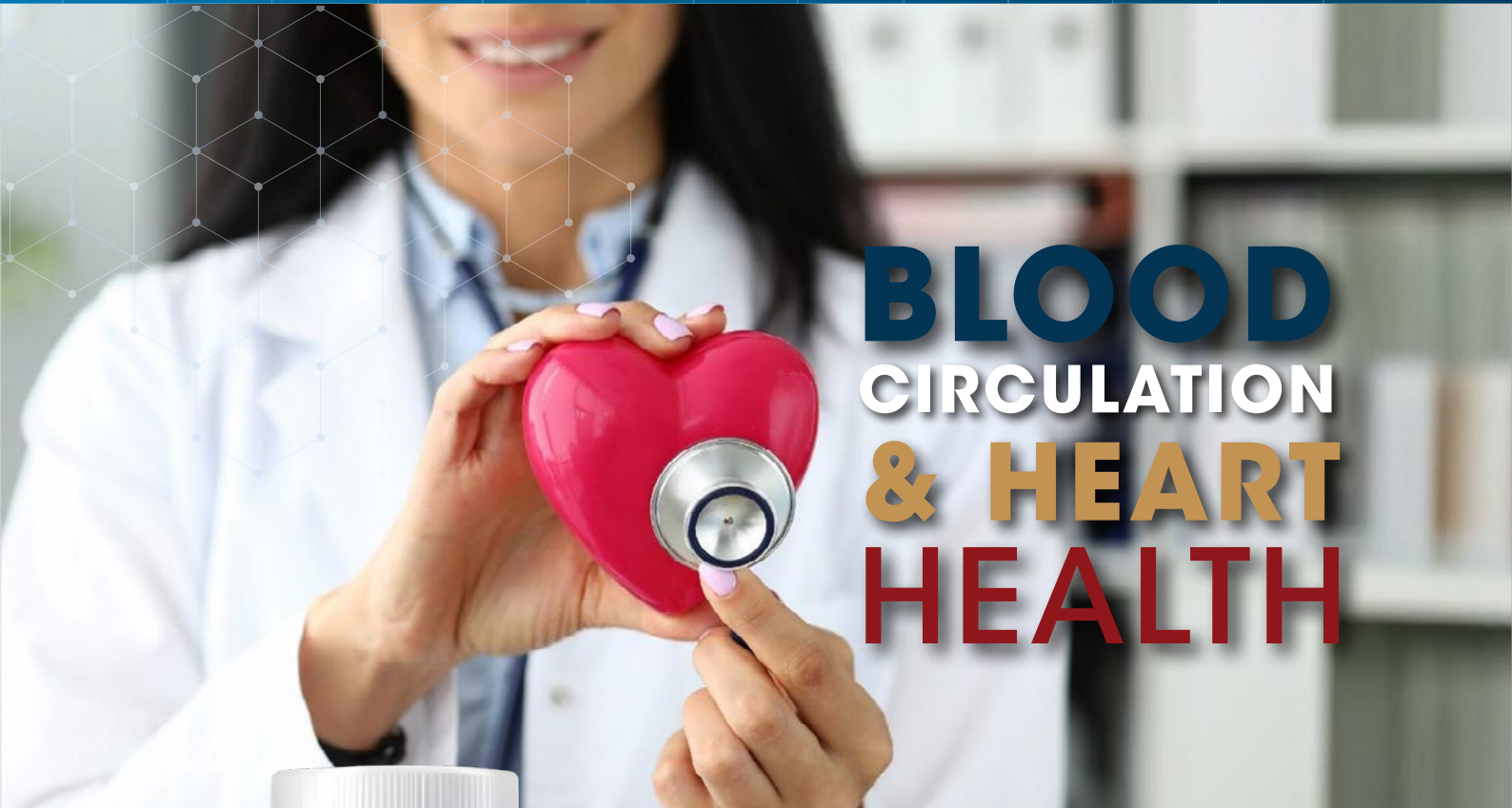
30 VEGGIE CAPSULES

PRODUCT CODE SP089

RETAIL PRICE: R349 (INCL VAT)







## BLOOD CIRCULATION & HEART HEALTH



### IMPROVED FORMULA

Sportron Circutron is a scientifically developed herbal supplement formulated with Centella Asiatica, Garlic (*Allium sativum*), and Vitamin K2 to support healthy blood circulation, strengthen blood vessel walls, and promote overall cardiovascular health. This combination works synergistically to improve vein elasticity, support heart function, reduce inflammation, and aid in the prevention of arterial plaque build-up, which can lead to high blood pressure and heart disease.

**With Centella asiatica, Garlic (*Allium sativum*) and Vit K.**



**30** VEGGIE CAPSULES

**PRODUCT CODE SP016**

RETAIL PRICE: **R299** (INCL VAT)

### CIRCUTRON

#### BENEFITS:

A scientifically developed supplement with natural herbal extracts and Vitamin K to promote healthy blood circulation and help lower cholesterol levels.

#### DIRECTIONS FOR USE:

Take 1 Capsule daily with a meal or as directed by your Health Practitioner.

#### WARNING:

Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use. Be careful taking this medicine together with other blood thinning medicines.

#### CONTRAINDICATIONS:

Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER CAPSULE
CENTELLA ASIATICA	225 mg
ALLIUM SATIVUM	200 mg
VITAMIN K2	75 mcg

<b>SPORTRON BIOFOODMATRIX<sup>®</sup></b>	<b>25 mg</b>
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XANTHAM-SOY LECITHIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEX AGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSENETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.



#### HEALTHY BLOOD CIRCULATION

Centella Asiatica helps reinforce the walls of blood vessels, increasing their elasticity and reducing the likelihood of leakage or swelling. Garlic enhances circulation by lowering blood pressure and supporting blood flow, while Vitamin K2 prevents arterial hardening by helping to remove calcium from the arteries, supporting healthy circulation throughout the body.



#### HEART HEALTH

Centella asiatica and garlic have shown benefits in lowering blood pressure, reducing LDL cholesterol, and improving arterial flexibility. These effects help protect the heart from damage, support healthy heart rhythm, and reduce the risk of cardiovascular complications. Vitamin K2 contributes by preventing arterial calcification, a known factor in heart disease progression.



#### FIGHTS INFLAMMATION

All three ingredients possess antioxidant and anti-inflammatory properties that help reduce oxidative stress and inflammation, both of which contribute to the development of heart disease. By lowering inflammation, Circutron helps protect blood vessels from damage and supports overall cardiovascular wellbeing.





# INFAGARDE® MATRIX



## RESPIRATORY IMMUNE HEALTH COLD & FLU



### IMPROVED FORMULA

Sportron Infagarde is a natural solution formulated with a powerful blend of herbal extracts including Echinacea, Eyebright, Astragalus, Ginger, and Garlic. This blend is specifically designed to provide comprehensive support for the immune system while relieving symptoms of colds, flu, and seasonal allergies. It offers a plant-based solution for boosting your body's natural defences and easing discomfort from nasal congestion, post-nasal drip, and sore throats.

With Echinacea ,Garlic (*Allium sativum*), Ginger (*Zingiber officinale*), Eyebrite (*Euphrasia officinalis*), Astragalus membranaceus.



100 ml SOLUTION

PRODUCT CODE SP073

RETAIL PRICE: **R279** (INCL VAT)

### INFAGARDE

#### BENEFITS:

A herbal blend of Echinacea, Eyebrite, Astragalus, Ginger and Garlic to help relieve symptoms of colds and flu; such as nasal congestion, post-nasal drip and a sore throat.

#### DIRECTIONS FOR USE:

Adults: take 60 drops (3ml) in half a glass of water or juice with a meal. Children 12 years and above: take 30 drops in a half a glass of water or juice with a meal. Children 6 to 12 years: take 15 drops in a half a glass of water or juice with a meal. Use as directed by your Health Practitioner.

#### WARNING:

If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use.

#### CONTRAINDICATIONS:

Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER 3 ml
ECHINACEA PURPUREA EXTRACT	109 mg
EUPHRASIA OFFICINALIS EXTRACT	40.9 mg
ASTRAGALUS MEMBRANACEUS EXTRACT	81.8 mg
ZINGIBER OFFICINALE EXTRACT	54.54 mg
ALLIUM SATIVUM EXTRACT	0.4 mg
SPORTRON BIOFOODMATRIX®	25 mg

XANTHAM-SOY LECHITIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEXAGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.



#### IMMUNE HEALTH

Echinacea is known to stimulate immune cell activity and help defend the body against infections. Rich in antioxidants, it protects cells from free radical damage. Astragalus enhances immune strength by increasing antibody production and supporting lymphocyte activity. Garlic adds antibacterial, antifungal, and antiviral support, helping the body combat infections more effectively.



#### COLDS & FLU

Echinacea may reduce the severity and duration of cold and flu symptoms, including sore throat and congestion. Research shows it can lower the risk of complications like sinusitis. Garlic works in synergy with Ginger to speed up healing and improve immune response. Eyebright also contributes by soothing inflammation and supporting the respiratory system.



#### ALLERGIES

Eyebright helps relieve inflammation from seasonal allergies like hay fever, while Astragalus acts as an adaptogen to balance the body's response to allergens. Ginger and Astragalus have antihistamine effects that reduce symptoms such as sneezing and nasal congestion, improving overall comfort during allergy season.







## EYE HEALTH



### IMPROVED FORMULA

Sportron Eyegarde is a nutrient-rich scientific formulation combining powerful antioxidants to support long-term eye health and sustained vision. With a targeted blend of Lutein, Zeaxanthin, Ginkgo Biloba, and Beta-Carotene, this advanced supplement helps protect the eyes from the harmful effects of blue light and UV exposure, while supporting visual clarity, circulation to the optic nerve, and overall eye performance.

**With Beta Carotene, Lutein & Zeaxanthin and Ginkgo Biloba.**



### EYEGARDE

#### BENEFITS:

A nutrient-rich scientific blend with active ingredients to promote good eye health and sustained sight. This anti-oxidant rich formula will help delay macular age-related vision degradation.

#### DIRECTIONS FOR USE:

Take 1 Capsule daily with a meal or as directed by your Health Practitioner.

#### WARNING:

If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use. Not to be used by those younger than 18 years of age.

#### CONTRAINDICATIONS:

Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER CAPSULE
NIACIN (VITAMIN B3)	14 mg
LUTEIN	10 mg
BETA CAROTENE (SOURCE OF ZEAXANTHIN)	8 mg
GINKGO BILOBA	100 mg
CINNAMON (CINNAMOMUM)	318 mg
<b>SPORTRON BIOFOODMATRIX®</b>	<b>25 mg</b>

XANTHAM-SOY LECHITIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEXAGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.

### EYE HEALTH

Lutein and zeaxanthin act as natural filters, helping to absorb harmful blue light from digital screens and sunlight. These nutrients play a key role in protecting retinal tissue and are linked to a lower risk of age-related macular degeneration (AMD) and cataracts. Ginkgo biloba supports blood circulation to the eye, improving oxygen and nutrient delivery to vital tissues. Beta-carotene, which converts to Vitamin A, assists with tear production and helps keep the cornea moist, supporting overall eye comfort and visual acuity.



### FIGHTS INFLAMMATION

Lutein, zeaxanthin, cinnamon, and ginkgo biloba deliver antioxidant support that shields the eyes from oxidative stress and inflammation. These ingredients help neutralize free radicals and reduce inflammation-related damage to eye tissue, aiding in the prevention of degenerative eye conditions and maintaining long-term ocular health.



**30** VEGGIE CAPSULES

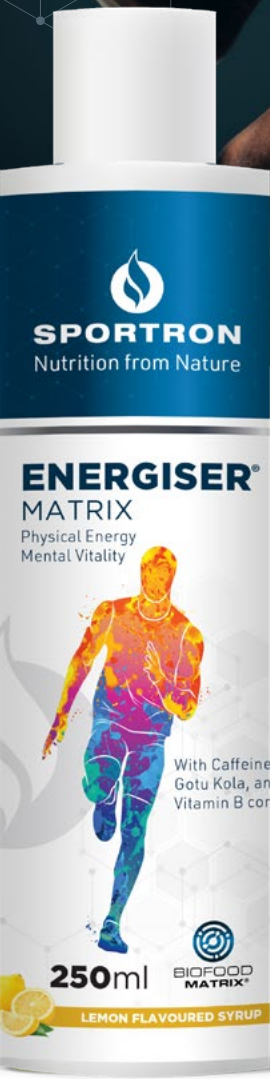
**PRODUCT CODE SP082**

RETAIL PRICE: **R349** (INCL VAT)





# ENERGISER® MATRIX



ENERGY

Sportron Energiser provides slow-release vitality, without the crash. The active ingredients improve alertness, mood, reaction time, concentration ability, physical endurance and better physical performance

With Caffeine, Gotu Kola, and Vitamin B complex

## ENERGISER

**BENEFITS:**  
Energiser syrup has been scientifically formulated to help energise the mind and body. It may assist with physical energy and improve concentration, alertness and mental vitality.

**DIRECTIONS FOR USE:**  
Take 15 ml - 25 ml with 250 ml water as needed. Do not take more than 4 times per day. Do not take after 2pm or you may have trouble sleeping.

**PRECAUTIONS:**  
Consult with your Health Practitioner if you have a sensitivity to any of the ingredients or suspect that you might have. Consult with your Health Practitioner if you have high blood pressure or suffer from cardio-vascular disease.

NUTRITIONAL VALUE	PER 25ml	PER 250ml
ENERGY	42.94 kJ	429.4 kJ
PROTEIN	0.0 g	0.0 g
CARBOHYDRATES	2.6 g	26 g
FAT	0.0 g	0.0 g
ACTIVE INGREDIENTS	PER 25ml	PER 250ml
CAFFEINE ANHYDROUS	100.0 mg	1000.0 mg
VITAMIN B1 (THIAMINE)	1.1 mg	11 mg
VITAMIN B2 (RIBOFLAVIN)	1.1 mg	11 mg
VITAMIN B3 (NICOTINAMIDE)	14.0mg	140 mg
VITAMIN B5 (PANTOTHENIC ACID)	0.035 mg	0.35 mg
VITAMIN B6 (PYRIDOXINE)	1.3 mg	13 mg
VITAMIN B12 (PYRIDOXINE)	0.1 mg	1 mg
PANEX GINSENG (HYDRO GLYCERINE) LIQUID EXTRACT	0.5 mg	5 mg
TAURINE	33.3 mg	333 mg
GOTU KOLA (CENTELLA) EXTRACT	25.0 mg	250 mg
ARGININE	30.0 mg	300 mg
SPORTRON BIOFOODMATRIX®	12.5 mg	125 mg
XANTHAM-SOY LECHITIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEXAGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.		



**SUPPORTS MENTAL ALERTNESS AND FOCUS**  
The combination of **Caffeine** and **Vitamin B Complex** helps enhance concentration, focus, and reaction time. Caffeine stimulates the central nervous system, making you feel more awake and alert, while B-vitamins support brain function and reduce fatigue.



**ENHANCES PHYSICAL ENERGY AND ENDURANCE**  
**Taurine** and **Caffeine** work together to boost physical stamina and energy output. Taurine may improve athletic performance, while caffeine helps increase metabolic rate and supports fat burning-ideal for more effective workouts and daily energy needs.



**BOOSTS METABOLISM AND FAT BURNING**  
Caffeine not only improves mental alertness but also increases your resting metabolic rate (RMR), helping your body burn more calories even at rest. This can support weight management and reduce the risk of type 2 diabetes.



**REGULATES DIGESTION AND BLOOD SUGAR**  
**Gotu Kola** plays a valuable role in supporting digestive health. It soothes the intestines, reduces gastric irritation, and can assist with regulating blood sugar levels. Its adaptogenic properties also help the body cope with stress and maintain balance.



**FIGHTS FATIGUE AND SUPPORTS VITALITY**  
**B-Vitamins**, including B1, B2, B3, B5, B6, and B12, are essential for converting food into energy. They assist in cellular energy production, boost immune function, and help fight tiredness and fatigue, ensuring your body keeps up with your daily demands.

250 ml

PRODUCT CODE HS75

RETAIL PRICE: R299 (INCL VAT)





# MENTAL CALM<sup>®</sup> MATRIX



## STRESS MANAGEMENT



### IMPROVED FORMULA

Sportron Mental Calm<sup>®</sup> Matrix is a scientifically formulated supplement crafted to support emotional balance, relaxation, and stress resilience. Combining time-tested herbal extracts such as Ashwagandha, Chamomile, Passionflower, and Valerian with the amino acid L-Theanine, this blend is designed to calm the mind and promote a sense of well-being. Ideal for individuals dealing with daily stress, tension, or restlessness, Mental Calm<sup>®</sup> Matrix offers a natural approach to achieving inner calm and mental clarity.

With Herbal Extracts and Ashwagandha.



30 VEGGIE CAPSULES

PRODUCT CODE SP040

RETAIL PRICE: **R279** (INCL VAT)

### MENTAL CALM

**BENEFITS:**  
A scientific blend of traditional herbs known for their calming benefits. L-Theanine assists the feeling of well-being by helping the body produce feel good chemicals. Ashwagandha aids the body to deal with stress.

**DIRECTIONS FOR USE:**  
Take 1 capsule daily with food, or as directed by your Health Practitioner.

**PRECAUTIONS:**  
Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use. Consult your Health Practitioner if anxiety becomes chronic. Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER CAPSULE
ASHWAGANDA (WITHANIA SOMNIFERA)	250 mg
L-THEANINE	100 mg
CHAMOMILE POWDER (MATRICARIA CHAMOMILLA)	100 mg
PASSIFLORA POWDER (PASSIFLORA INCARNATA)	60 mg
VALERIA POWDER (VALERIA OFFICIALIS)	50 mg
SPORTRON BIOFOODMATRIX <sup>®</sup>	25 mg
XANTHAM-SOY LECITHIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEX AGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.	



**RELAXES THE MIND WITHOUT DROWSINESS**  
Chamomile, Passiflora (Passionflower), and Valerian work together to gently ease tension and anxiety by calming the nervous system and reducing overactivity. These herbs may help increase levels of GABA, a neurotransmitter known for promoting relaxation and reducing mental unease, without causing drowsiness. This allows you to feel more focused, grounded, and emotionally balanced throughout the day.



**SUPPORTS MOOD AND MENTAL CLARITY**  
L-Theanine is a unique amino acid found in green tea that helps improve mood and promote a sense of well-being. It boosts levels of calming neurotransmitters such as dopamine and serotonin, helping you feel emotionally uplifted and mentally alert, even in stressful situations. It also promotes relaxation by lowering blood pressure and heart rate, improving sleep quality and enhancing focus.



**REDUCES THE FIGHT-OR-FLIGHT RESPONSE**  
Ashwagandha is an adaptogen that helps regulate your body's stress response by lowering cortisol, the primary stress hormone. By reducing cortisol levels, Ashwagandha helps bring the body out of its chronic fight/flight/freeze mode, which is linked to fatigue, brain fog, and hormonal imbalances. The result is reduced stress and anxiety, improved sleep quality, and a greater sense of calm resilience.



**PROMOTES THE RELAXATION RESPONSE**  
Mental Calm promotes activation of the parasympathetic nervous system (your body's natural "rest and digest" mode). This system helps relax muscles, lower heart rate, increase serotonin, and inhibit the secretion of stress hormones like cortisol and norepinephrine, helping you shift out of chronic stress and into a state of ease, focus, and emotional recovery.





# BRAIN FOOD<sup>®</sup> MATRIX



COGNITIVE  
SUPPORT



## IMPROVED FORMULA

Sportron Brain Food is a scientifically formulated blend of nootropic mushrooms, herbal extracts, amino acids, and essential B-vitamins that work together to support mental clarity, focus, memory, and overall brain vitality. Ingredients like Lion's Mane, Saffron, L-Theanine, and L-Carnitine nourish the brain's neurotransmitter pathways and stimulate regeneration while also helping to reduce brain fog, promote calm alertness, and protect against cognitive decline. Brain Food supports optimal mental performance under stress and enhances long-term cognitive wellness.

With Lions Mane, L-Carnitine and Saffron.



30 VEGGIE CAPSULES

PRODUCT CODE SP030

RETAIL PRICE: **R399** (INCL VAT)

## MENTAL FITNESS

### BENEFITS:

A scientific blend of traditional herbal medicine and bio elements that are known to maintain brain health and promote cognitive function by boosting concentration, focus and enhanced memory.

### DIRECTIONS FOR USE:

Take 1 capsule daily with a meal or as directed by your Health Practitioner.

### PRECAUTIONS:

Do not exceed recommended daily dosages. If pregnant, breast feeding or taking any prescription medication consult a health care practitioner prior to use. Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER CAPSULE
LIONS MANE POWDER	331 MG
L- CARNITINE	150 MG
L-THEANINE	80 MG
SAFFRON (CROCUS SATIVICUS)	50 MG
VITAMIN B1 (THIAMINE)	1.1 MG
VITAMIN B2 (RIBOFLAVIN)	1.1 MG
VITAMIN B3 (NIACIN)	14 MG
VITAMIN B5 (PANTOTHENIC ACID)	5 MG
VITAMIN B6 (PYRIDOXINE)	1.3 MG
VITAMIN B 9 (FOLIC ACID)	0.2 MG
VITAMIN B 12 (COBALAMINE)	0.002 MG

**SPORTRON BIOFOODMATRIX<sup>®</sup>** 15 mg

XANTHAM-SOY LECHITIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEX AGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.

## COGNITIVE HEALTH

Cognitive function is supported by Lion's Mane, which stimulates nerve growth factor (NGF) and promotes memory and mental performance. L-Theanine enhances alpha brain wave activity, helping to manage stress and improve concentration. L- Carnitine fuels the mitochondria in brain cells, improving mental sharpness and processing speed. Saffron contributes neuroprotective effects and helps modulate neurotransmitters such as dopamine and glutamate, which are essential for learning and memory. B-vitamins, especially B6, B9, and B12, play a key role in brain metabolism and neurotransmitter synthesis, supporting overall cognitive clarity and function.



## NO MORE BRAIN FOG

Brain fog is addressed through the synergistic effects of several ingredients in BrainFood. Lion's Mane helps regenerate neural pathways and reduce inflammation, improving mental clarity and reducing fatigue. L-Theanine encourages a calm but alert state, easing confusion and supporting smooth thinking. L-Carnitine contributes to sustained brain energy, reducing sluggishness and enhancing focus. Saffron helps clear mental haze by improving mood-regulating neurotransmitters, and B-vitamins assist with glucose metabolism and homocysteine regulation, further enhancing clarity and reducing cognitive cloudiness.



## IMMUNE HEALTH

BrainFood supports immune function through the combined actions of Lion's Mane, L-Theanine, L-Carnitine, Saffron, and B-vitamins. Lion's Mane has anti-inflammatory and prebiotic effects that improve gut health and immune resilience. L-Theanine boosts immune response by enhancing the body's natural defences and balancing stress-induced suppression. L-Carnitine improves inflammatory outcomes and protects against oxidative stress. Saffron contributes anti-inflammatory and antioxidant support for neuro-immune protection. B-vitamins aid in the formation and regulation of immune cells like T-cells and white blood cells, ensuring optimal immune performance.



## REGENERATIVE HEALTH

Regeneration and long-term neural protection are supported by Lion's Mane, which promotes the growth and repair of nerve cells, potentially reducing damage from conditions such as Alzheimer's or stroke. L-Carnitine plays a critical role in energy metabolism and cellular repair, aiding tissue regeneration. L-Theanine supports regeneration through its calming, neuroprotective effects and promotion of alpha brain waves. Saffron protects against oxidative stress and enhances neurotransmitter stability, aiding in mental and neural recovery. B-vitamins, particularly B12, contribute to the repair of the myelin sheath around nerves and help produce healthy nerve cells, supporting long-term brain health.





# MAGNETRON<sup>®</sup> MATRIX



## MUSCLE, BONE & JOINT HEALTH



Sportron Magnetron<sup>®</sup> is a powerful blend of essential minerals and vitamins designed to support your body's daily needs for strength, energy, and resilience. At the core of this scientifically formulated supplement is magnesium, a vital mineral involved in hundreds of bodily processes, from maintaining muscle and nerve function to supporting bone strength, heart rhythm, and mental balance. Combined with calcium and key vitamins (D, C, and K), Magnetron Matrix delivers broad-spectrum support for bones, muscles, immunity, energy and stress management. It is further enhanced with mineral-rich seaweed and the Biofood Matrix<sup>™</sup> blend for optimal cellular absorption and bioavailability.

With Magnesium, Calcium, Vitamins D, C & K.



30 VEGGIE CAPSULES

PRODUCT CODE SP087

RETAIL PRICE: **R299** (INCL VAT)

### MAGNETRON

**BENEFITS:**  
This scientific blend promotes strong bones, relaxed muscles, immune support, and balanced energy levels. With essential vitamins and minerals to support overall health and daily vitality.

**DIRECTIONS FOR USE:**  
Take 1 capsule daily with a meal or as directed by your Health Practitioner.

**WARNING:** If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use.

**CONTRAINDICATIONS:** Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER CAPSULE
CALCIUM CARBONATE	692 mg
MAGNESIUM GLYCINATE	135 mg
MAGNESIUM SULPHATE	110 mg
MAGNESIUM STEARATE	5 mg
VITAMIN D	600 IU
ZINC OXIDE	11 mg
VITAMIN C	31 mg
VITAMIN K2	60 mcg
MINERAL RICH SEAWEED (CONTAINING MANGANESE, COPPER, IODINE, MOLYBDENUM, SELENIUM, BORON & PHOSPHORUS)	10 mg
<b>SPORTRON BIOFOODMATRIX<sup>®</sup></b>	<b>25 mg</b>
XANTHAM-SOY LECHITIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEX AGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.	



**MUSCLE AND NERVE FUNCTION**  
Magnesium glycinate, sulphate, and stearate work together to support muscle relaxation and contraction, helping to alleviate soreness, aid recovery, and reduce inflammation. Magnesium is critical for nerve impulse conduction, while calcium carbonate ensures proper muscle contraction. These ingredients also assist with potassium and sodium balance, necessary for effective nerve communication.



**BONE HEALTH**  
Magnesium and calcium play a central role in bone formation and maintenance. Magnesium assists calcium absorption and supports vitamin D activity, which is crucial for bone integrity. Vitamin D3, along with vitamin K (especially K2), contributes to bone density by regulating calcium use and directing it into the bones instead of soft tissues.



**HEART HEALTH**  
Magnesium, as an electrolyte, helps maintain healthy heart rhythms and supports normal blood pressure by relaxing blood vessels. This is bolstered by the presence of calcium and vitamin D, which influence the contraction and relaxation cycle of heart muscles.



**MOOD AND MENTAL HEALTH**  
Magnesium aids in the production of serotonin, a key neurotransmitter that regulates mood and emotional well-being. It calms the nervous system and assists with neurotransmitter regulation, potentially easing symptoms of anxiety, depression, and poor sleep. The Biofood Matrix<sup>™</sup> blend—including ashwagandha (Withania somnifera), moringa, and spirulina—adds adaptogenic support for better stress management.



**ENERGY**  
Magnesium is a cofactor in over 300 enzyme systems, including those responsible for ATP (energy) production. It plays a role in glucose metabolism, helping transport blood sugar into muscles. This prevents lactate buildup, reducing fatigue and enhancing endurance. The inclusion of vitamin C and the Biofood Matrix<sup>™</sup> further supports energy metabolism and antioxidant protection.



**IMMUNITY AND CELLULAR SUPPORT**  
Vitamins C and D strengthen immune defenses, while the mineral-rich seaweed extract, containing manganese, copper, iodine, selenium, and more, provides trace elements essential for immune cell function and antioxidant protection. The Biofood Matrix<sup>™</sup> also delivers phytonutrients and plant compounds to enhance cellular health and vitality.

GMO **FREE**

PARABEN **FREE**



# LIP THERAPY®



## HEALTHY LIPS



### IMPROVED FORMULA

Sportron Lip Therapy is a soothing, antioxidant-rich balm designed to hydrate, repair, and protect delicate lip skin. This natural herbal formula combines the healing power of Tea Tree Oil with the emollient properties of Castor Oil, the antioxidant defence of Vitamin E, and the rejuvenating effects of Fucoidan. Together, these active ingredients help restore moisture, smoothness, and resilience to dry or damaged lips, leaving them soft, plump, and healthy-looking.

With Tea Tree Oil & Vitamin E.

10 g

PRODUCT CODE SP052

RETAIL PRICE: **R109** (INCL VAT)

### LIP THERAPY

#### BENEFITS:

Sportron Lip Therapy combines powerful botanicals and antioxidants to soothe, hydrate, and repair dry or damaged lips. With Tea Tree Oil to calm irritation, Castor Oil to moisturise, Vitamin E to protect, and Fucoidan to deeply hydrate and rejuvenate, this balm leaves lips feeling soft, smooth, and visibly healthier.

#### DIRECTIONS FOR USE:

Apply to lips as needed.

#### PRECAUTIONS:

For external use only. Do not ingest. Avoid if allergic or sensitive to any of the listed ingredients.

#### ACTIVE INGREDIENTS

PET JELLY, ESSENTIAL OILS, VIT E, CASTOR OIL, FUCOIDAN.



#### HYDRATION AND MOISTURE

Castor Oil is a rich emollient that deeply moisturises the lips, helping them feel soft, smooth, and nourished. It locks in hydration and supports the removal of dry skin, keeping lips healthy for longer. Fucoidan enhances hydration by promoting moisture retention in the skin's surface layers.



#### SOOTHING AND REPAIR

Tea Tree Oil, known for its anti-inflammatory and antibacterial properties, helps soothe chapped or cracked skin and may assist in relieving cold sores. It is especially beneficial for lips prone to irritation and damage.



#### ANTIOXIDANT PROTECTION

Vitamin E acts as a powerful antioxidant, protecting the lips from environmental stressors like UV rays and pollution. It helps prevent dryness, irritation, and signs of early aging, supporting smooth and youthful-looking lips. Fucoidan further contributes antioxidant defence, shielding lip skin from oxidative damage.



#### SKIN RENEWAL AND PLUMPNESS

Fucoidan promotes cell renewal and elasticity, which helps maintain the softness and plump appearance of lips. It supports the skin's natural structure while protecting it from inflammation and external stress.



GMO **FREE**



PARABEN **FREE**



# 40 PLUS FOR MEN<sup>®</sup>

## MATRIX



### IMPROVED FORMULA

Sportron's 40+ for Men is a comprehensive supplement to assist older men with improved vitality, wellness and energy.

With Saw Palmetto Extract.

30 VEGGIE CAPSULES

PRODUCT CODE SP079

RETAIL PRICE: **R349** (INCL VAT)



### 40 PLUS FOR MEN

#### BENEFITS:

This complex supplement provides essential minerals and vitamins to help cellular health, which boosts overall vitality and health, especially for men over the age of 40 years. The formulation contains a combination of botanical ingredients, such as Saw Palmetto, to promote male vitality. It may support prostate and urinary tract health and could be beneficial for men who suffer from prostate challenges.

#### DIRECTIONS FOR USE:

Take 1 capsule daily with a meal or as directed by your Health Practitioner.

#### PRECAUTIONS:

Consult with your Health Practitioner if you have a sensitivity to any of the ingredients or suspect that you might have. Consult the Health Practitioner who is treating you for your prostate disorder. Not to be used by individuals younger than 18 years.

ACTIVE INGREDIENTS	PER CAPSULE
CALCIUM CARBONATE (PROVIDING 147.5 MG ELEMENTAL CALCIUM)	368.6 mg
MAGNESIUM STEARATE (PROVING 9.86 MG ELEMENTAL MAGNESIUM)	100 mg
VITAMIN C	90 mg
SAW PALMETTO EXTRACT (SERENOA REPENS)	60 mg
VITAMIN B1 (THIAMINE)	1.2 mg
VITAMIN B3 (NIACIN)	16 mg
VITAMIN B5 (PANTOTHENIC ACID)	5 mg
VITAMIN B6 (PYRIDOXINE)	1.7 mg
VITAMIN B9 (FOLIC ACID)	0.4 mg
ZINC OXIDE	11 mg
VITAMIN A (RETY PALMITATE)	900 IU
VITAMIN D3	600 IU
VITAMIN E	8 mg
IRON AMINO ACID CHELATE	1 mg
LUTEIN	0.6 mg
LYCOPENE	10 mg
BIO SEA WEED EXTRACT (SARGASSUM FUSIFORME): CONTAINING BORON, IODINE, SELENIUM, MANGANESE, COPPER & PHOSPHORUS	20 mg

#### SPORTRON BIOFOODMATRIX<sup>®</sup>

25 mg

XANTHAM-SOY LECITHIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEX AGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.



#### VITALITY AND ENERGY SUPPORT

The thyroid gland plays a crucial role in regulating metabolism and overall health, including male reproductive health. Vitamins help maintain biomarker markers and cellular energy metabolism, thus promoting overall energy and vitality.



#### PROSTATE SUPPORT

Saw Palmetto extract can help with overall prostate health by potentially reducing inflammation and inhibiting the conversion of testosterone to dihydrotestosterone (DHT), a hormone linked to prostate enlargement. Research confirms that Saw Palmetto can protect against prostate enlargement and, when suffering from it, improve quality of life.



#### URINARY SUPPORT

As men age, they develop a risk of an enlarged prostate, which may cause urinary problems like frequent urination, difficulty starting urination, and a weak stream. Saw palmetto is often used to alleviate these symptoms.



#### HEART HEALTH SUPPORT

Seaweed and Saw Palmetto extract can lower cholesterol levels and promote heart health by lowering triglycerides and raising good cholesterol levels.



#### DIGESTIVE SUPPORT

Saw Palmetto has a history of use in treating digestive issues like indigestion and stomach aches, possibly due to its calming effect on the digestive tract. Seaweed, on the other hand, is a good source of fiber and polysaccharides that can support gut health by acting as prebiotics for beneficial gut bacteria.



#### IMMUNE SUPPORT

Saw Palmetto and Seaweed extracts have significant anti-inflammatory properties, boosting the body's natural immune system on a cellular level. The additional minerals and vitamins promote healthy cell functioning by regulating 100+ cellular functions. Saw Palmetto and Seaweed extracts are super rich in anti-oxidants that protect the body and support a healthy immune system to the extent that they may protect against cancer.



#### MUSCLE FUNCTION SUPPORT

Seaweed Extract, Magnesium, Calcium, and B vitamins promote vitality as they regulate cellular energy metabolism. This supplement can provide you with energy for exercise working outs and help with muscles recovery, as seaweed acts like an electrolyte.





# 40 PLUS FOR WOMEN<sup>®</sup> MATRIX



## IMPROVED FORMULA

Sportron's 40+ for Women is a comprehensive supplement to assist older women with improved vitality, wellness and energy, especially during menopause

With Dandelion.

30 VEGGIE CAPSULES

PRODUCT CODE SP078

RETAIL PRICE: **R349** (INCL VAT)



## 40 PLUS FOR WOMEN

### BENEFITS:

Suitable for all stages of menopause by promoting overall wellbeing and vitality. Contributes to the regulation of hormonal activity and relief of fatigue and other symptoms related to menopause.

### DIRECTIONS FOR USE:

Take 1 capsule daily with a meal or as directed by your Health Practitioner.

### PRECAUTIONS:

Consult with your Health Practitioner if you have a sensitivity to any of the ingredients or suspect that you might have. Consult the Health Practitioner who is treating you for your hormonal conditions. Not to be used by individuals younger than 18 years.

### ACTIVE INGREDIENTS PER CAPSULE

DANDELION POWDER	240.2 mg
SOY LECITHIN	100 mg
VITAMIN A (RETINYL PALMITATE)	900 IU
VITAMIN E (ALPHA- TOCOPHERYL ACETATE)	22 IU
VITAMIN D 3	600 IU
VITAMIN B1 (THIAMINE)	1.2 mg
VITAMIN B2 (RIBOFLAVIN)	1.3 mg
VITAMIN B3 (NIACIN)	16 mg
VITAMIN B5 (PANTOTHENIC ACID)	5 mg
VITAMIN B6 (PYRIDOXINE)	1.7 mg
VITAMIN B 9 (FOLIC ACID)	0.065 mg
VITAMIN B 12 (COBALAMINE)	2.4 mcg
BIOTIN	0.035 mg
VITAMIN C	67 mg
ZINC OXIDE (CONTAINING 6.4 mg ELEMENTAL ZINC)	8 mg
MAGNESIUM STEARATE (CONTAINING 6.31 MG ELEMENTAL MAGNESIUM)	64 mg

### SPORTRON BIOFOODMATRIX<sup>®</sup> 25 mg

XANTHAM-SOY LECITHIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEX AGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.



### HORMONAL BALANCE & MENOPAUSE SUPPORT

Dandelion extract, Soy Lecithin and Vitamin B6 & B12 function synergistically to help regulate and balance female hormones. Research confirms that these active ingredients help alleviate menopause symptoms, such as mood changes, night sweats, and chronic fatigue.



### ENERGY & NERVOUS SYSTEM

B-vitamins support energy metabolism, reduce tiredness and fatigue, and promote a healthy nervous system to help you stay focused and vital. Dandelion extract helps regulate blood sugar levels. Dandelion root can improve digestion and relieve bloating and abdominal cramps, common PMS symptoms. It also helps with constipation and other digestive issues.



### BONE & IMMUNE HEALTH

Magnesium and Calcium are crucial for women's health, particularly for bone strength, muscle function, and reducing PMS symptoms. Magnesium aids in Calcium absorption, making them a powerful duo for maintaining healthy bones, and both minerals can help regulate mood and improve sleep quality. Both assist in managing and preventing osteoporosis.



### LIVER & DIGESTIVE SUPPORT

Dandelion extract is known for its liver-detoxifying properties, which can be particularly helpful for women as the liver plays a crucial role in hormone metabolism. By supporting liver function, it may help regulate menstrual cycles, reduce PMS symptoms like mood swings and breast tenderness, and potentially ease menopausal symptoms. Dandelion root can improve digestion and relieve bloating and abdominal cramps, common PMS symptoms. It also helps with constipation and other digestive issues.



### HEART & BLOOD PRESSURE SUPPORT

The active ingredients help maintain healthy cholesterol and help regulate blood pressure levels, supporting cardiovascular function.



### IMMUNE SUPPORT

This natural formula is anti-oxidant rich which protects the body against damage from free radicals, potentially contributing to overall well-being and possibly reducing the risk of certain cancers, such as breast cancer.





# OVERALL WELLNESS FOR KIDS AND TEENAGERS





## COGNITIVE SUPPORT



Sportron Melotone is a scientifically formulated tonic to help address poor concentration, cognitive function, memory, individuals on the spectrum and those struggling with ADHD. The natural ingredients help to address the neurotransmission of messages and helps heal defective elements, thereby addressing the origin of the health challenge. An improvement is noticeable after 3 months of consecutive use.

**With Saffron.**

**250 ML SYRUP**

**PRODUCT CODE HS38**

RETAIL PRICE: **R369** (INCL VAT)

### MELOTONE

#### BENEFITS:

A scientifically developed supplement with essential fatty acids, vitamins, minerals and herbal extracts promoting mental development, health and cognitive function.

#### DIRECTIONS FOR USE:

Shake well before use, at least 10 shakes.

5ml per day for children 1 - 4 years;

10ml per day for children 5 - 7 years;

20ml per day for adults, or as recommended by your Health Practitioner.

5ml = 1 teaspoon.

Keep refrigerated after opening.

Preferably take after a meal.

#### PRECAUTIONS:

Consult with your Health Practitioner if you have a sensitivity to any of the ingredients or suspect that you might have. Consult your Health Practitioner if your child is being treated for a mental disorder. Contains Iodine.

ACTIVE INGREDIENTS	PER 5 ML
OMEGA 3 FISH OIL (PATENT H0303)	
CONTAINING:	
EICOSAPENTAENOIC ACID (EPA)	15,96 mg
DOCOSAHEXAENOIC (DHA)	23,94 mg
FLAXSEED OIL COLD PRESSED EXTRA	
CONTAINING:	
OLEIC ACID (C18:1)	15,96 mg
LINOLEIC ACID (C18:2)	15,96 mg
LINOLEIC ACID (C18:3 N-3)	66,50 mg
LINOLEIC ACID (C18:3 N-6)	1,33 mg
EVENING PRIMROSE OIL	100 mg
VITAMIN D3 (AS CHOLECALCIFEROL)	50 IU
VITAMIN C (AS ASCORBIC ACID)	200 mg
VITAMIN B1 (AS THIAMINE HYDROCHLORIDE)	3 mg
VITAMIN B2 (AS RIBOFLAVIN BP)	3 mg
VITAMIN B3 (AS NICOTINAMIDE)	10 mg
VITAMIN B6 (AS PYRIDOXINE HCL)	15 mg
VITAMIN B12 (AS CYANOCOBALAMIN)	12 mcg
CALCIUM (AS CALCIUM LACTATE)	45,93 mg
MAGNESIUM LACTATE	125 mg
ZINC (AS ZINC LACTATE)	1,75 mg
VANADIUM (AS VANADIUM AAC 0,2%)	20 mcg
METHYLSULFONYLMETHANE (MSM)	50 mg
L-GLYCINE	50 mg
SAFFRON EXTRACT	20 mg
TAURINE	25 mg

#### SPORTRON FOODSTATE MATRIX™ BLEND

7.5 mg

SOYA PROTEIN ISOLATE, SPIRULINA, CARROT, TOMATO, PAWPAW, BIO FRUIT BLEND (ACAI BERRY, ACEROLA CHERRY, CRANBERRY, GOJI BERRY, POMEGRANATE, STRAWBERRY, PREBIOTIC FIBRE), BIO VEGETABLE BLEND (WHEATGRASS, BARLEY GRASS, ALFALFA GRASS, KALE, SPINACH, MORINGA OLEIFERA, CHLORELLA, PREBIOTIC FIBRE) BIOPERINE.



#### PROMOTES BRAIN AND COGNITIVE FUNCTION

Omega-3 fatty acids from fish oil and flaxseed oil, including EPA and DHA, are scientifically proven to support brain development, focus, memory, and learning ability. These essential fats play a vital role in nerve function and the brain's ability to transmit messages effectively.



#### SUPPORTS ENERGY AND VITALITY

B-Vitamins including B1, B2, B3, B6, B12, and folic acid are essential for over 50 processes in the body, ensuring energy production, mental clarity, and reduced fatigue. A deficiency in these vitamins can lead to tiredness, poor concentration, and impaired learning ability.



#### ENHANCES MOOD AND EMOTIONAL WELLBEING

Saffron Extract has demonstrated positive effects on mood, helping to reduce symptoms of depression, enhance emotional balance, and support children with attention difficulties. Its antioxidant and anti-inflammatory properties further strengthen the body's resilience and overall wellbeing.



#### STRENGTHENS IMMUNITY AND GROWTH

Zinc plays a crucial role in boosting natural immunity, supporting growth, and maintaining healthy skin. It assists with digestion, protein metabolism, and physical development, making it an essential nutrient for children and adults alike.



#### SUPPORTS BONE AND JOINT HEALTH

Calcium, Magnesium, and Vitamin D3 work together to promote strong bones, healthy teeth, and proper muscle function. These nutrients help maintain structural integrity and protect against long-term deficiencies that may affect mobility and development.



**GMO FREE**



**PARABEN FREE**



## IMMUNE SUPPORT GENERAL WELLNESS



### IMPROVED FORMULA

Whizz Matrix is a delicious immune support syrup formulated with powerful plant-based ingredients to help strengthen the body's natural defences. With a blend of Elderberry, Echinacea, Vitamin C, and Zinc, it provides year-round protection and extra support during high-risk seasons. Easy to take and suitable for daily use, Whizz Matrix fits seamlessly into your wellness routine.

**With Elderberry, Echinacea and Vitamin C.**



**250 ml**

**PRODUCT CODE SP053**

RETAIL PRICE: **R339** (INCL VAT)

### WHIZZ

#### BENEFITS:

This formulation combines some of nature's most trusted immune-boosting ingredients. Ideal for year-round immune protection or extra support during high-risk seasons. Pleasant tasting and easy to take, it fits seamlessly into daily wellness routines.

#### DIRECTIONS FOR USE:

Shake well before use, at least 10 shakes. 2.5ml for children 2 - 4 years; 5ml for children 5 - 7 years; 10ml for ages 8 - 18 years; 10 ml for adults, or as directed by your Health Practitioner. 5ml = 1 teaspoon. Keep refrigerated after opening. Preferably take after a meal.

#### CONTRAINDICATIONS:

Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER 10ml DOSE
BLACK ELDERBERRY (SAMBUCUS NIGRA) EXTRACT	500 mg
ECHINACEA EXTRACT	400 mg
ASCORBIC ACID (VITAMIN C)	45 mg
ZINC OXIDE	5.0 mg
<b>SPORTRON BIOFOODMATRIX®</b>	<b>5 mg</b>

XANTHAM-SOY LECITHIN NANOSPHERES, MORINGA OLEIFERA, SARGASSUM FUSIFORME (SEA WEED), PAPAIN, ARTHROSIRA PLATENSIS (SPIRULINA), SOLANUM LYCOPERSICUM (TOMATO); BETA-CAROTEN, CHASTEBERRY (VITEX AGNUS); CRANBERRY (VACCINIUM MACROCARPON), PIPER NIGRUM (WITH PIPERINE), BILBERRY (VACCIBIUM MYRTILLUS), BEARBERRY (MEDICAGO SATIVA), ALFALFA (MEDICAGO SATIVA), ASTRAGALUS MEMBRANACEUS, PETROSELINUM CRISPUM (PARSLEY), SOYA PROTEIN ISOLATE, BROUSSONETIA KAZINOKI (MULBERRY), CHORELLA VULGARIS.



#### IMMUNE SUPPORT

Elderberry extract and Echinacea work together to help the immune system respond to viruses and infections. These trusted botanicals are known for reducing the severity and duration of cold and flu symptoms.



#### ANTIOXIDANT PROTECTION

Vitamin C provides antioxidant support by helping the body fight off free radicals. It also helps boost immune cell function and improve the body's natural response to illness.



#### VIRAL DEFENCE AND RECOVERY

Zinc plays a vital role in immune defence by supporting immune cell activity and helping the body recover faster. It works alongside Vitamin C to help reduce inflammation and support quicker healing.



#### DAILY WELLNESS

The combination of ingredients makes Whizz Matrix ideal for everyday immune maintenance. Its pleasant taste makes it easy for both adults and children to take regularly.



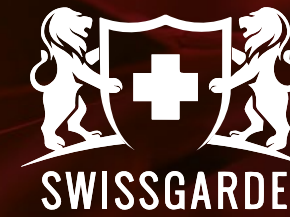
**GMO FREE**



**PARABEN FREE**



SWISSGARDE



**CAPTURING**  
THE GOODNESS  
**FROM NATURE**





## FUCOIDAN: NATURE'S CELLULAR PROTECTOR

Fucoidan is a sulfated polysaccharide naturally found in brown seaweeds such as *Undaria pinnatifida* and *Fucus vesiculosus*. It has been extensively studied for its diverse biological activities and is recognised for its ability to support immune modulation, cellular health, and overall physiological resilience.

### SCIENTIFICALLY RECOGNISED BENEFITS:

Used in Swissgarde formulations, Fucoidan is a key differentiator, delivering advanced natural health support through science-backed innovation.



#### Immune System Modulation:

Fucoidan helps regulate immune responses by enhancing the activity of natural killer (NK) cells and macrophages, key components of the body's innate defence system. Early research indicates that Fucoidan may have anti-cancer properties.



#### Cellular Protection and Regeneration:

It promotes healthy cell turnover by supporting apoptosis (programmed cell death) of damaged cells and encouraging regeneration of healthy cells, critical in maintaining balanced cellular function.



#### Anti-inflammatory Properties:

Fucoidan inhibits the production of pro-inflammatory cytokines, helping to manage chronic inflammation and support tissue repair.



#### Gut and Microbiome Support:

As a prebiotic, Fucoidan contributes to gut health by nourishing beneficial gut bacteria and maintaining mucosal integrity.



#### Antioxidant Activity:

Its strong antioxidant properties help neutralize free radicals, reducing oxidative stress and supporting longevity and cellular vitality.



# WHICH PRODUCT TO USE?



It is recommended that individuals incorporate Overall Wellness products into their daily routine to achieve optimal wellbeing, and consider adding targeted supplements as needed to address specific health requirements.

OVERALL WELLNESS

OMEGA-3

IMMUNE BOOSTERS

GMO FREE

PARABEN FREE

PRODUCT	CATEGORY	PAGE
OVERALL WELLNESS - TO BE USED DAILY		
Aloe Vite	Immune Support, Energy	70
Buchu Detox	Gut Support, Detoxification, Immune Support	72
Defender	Immune Support	74
Omega Plus	Cardiovascular Health, General Wellness, Bone & Joint Support	76
Marina Spa	Immune Support, General Wellness	78
Vitamin C & Zinc Spray	Immune Support	80

SPECIALITY WELLNESS - TO BE USED FOR SPECIFIC CONDITIONS		
African P+ Moringa	Cardiovascular Health, Anti-Inflammatory	82
Super Cider	Digestive Health, Weight Loss Aid	84
Stressgarde	Stress Management	86
Activated Charcoal	Gut Health	88

HEALTH TEAS - NATURALLY		
Energize Tea	Energy, General Wellness	90
Rejuvenate Tea	Immune Support, General Wellness	92

SKIN CARE FROM NATURE		
Bio Vapour Rub	Skin Health	94
Liquid Gold	Skin Health	96

Prices, availability and product information are correct at the time of publication but may change without prior notice. E&OE.





# ALOE VITE



## IMMUNE SUPPORT, ENERGY



Contains Fucoidan

### IMPROVED CONCENTRATED FORMULA

Aloe Vite Plus is a powerful nutrient-rich supplement designed to support everyday wellness, vitality, and immune health. Formulated with a synergistic blend of Aloe Ferox, Aloe Vera, Vitamin C, Panax Ginseng, Green Tea, Sutherlandia (Cancer Bush), and Fucoidan, this formulation draws from traditional African and Eastern botanicals to deliver a broad spectrum of health benefits. Whether you're looking to boost immunity, improve digestion, or increase overall energy and resilience, Aloe Vite Plus is a holistic wellness solution rooted in nature.

With Green Tea, Ginseng & Sutherlandia.

**500 ml** CONCENTRATED LIQUID      **PRODUCT CODE** SG006

RETAIL PRICE: **R259** (INCL VAT)

### ALOE VITE

**BENEFITS:**  
This potent nutrient-rich supplement containing Aloe Ferox, Vitamin C, Ginseng, Green Tea, and Sutherlandia (a traditional African herb called the Cancer Bush) is a powerful wellness booster. It helps to improve the general health of the body, supports the digestive system, and promotes a healthy immune system, thereby protecting against illness.

**DIRECTIONS FOR USE:**  
Take 15ml - 30 ml daily or as directed by your Health Practitioner. Take with a meal. 15 ml = 1 tablespoon; 30 ml = 2 tablespoons.

**PRECAUTIONS:**  
Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use. Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER 30 ml
ASCORBIC ACID (VITAMIN C)	13.6 mg
PANAX GINSENG (GINSENG) EXTRACT	8.1 mg
ALOE FEROX (BITTER ALOE)	75 mg
ALOE FEROX (BITTER ALOE) EXTRACT	24 mg
ALOE VERA	18 mg
CAMELLIA SINENSIS L. (GREEN TEA) EXTRACT	4.5 mg
SUTHERLANDIA FRUTESCENS (CANCER BUSH) EXTRACT	4.5 mg
FUCOIDAN	3 mg



**IMMUNE SYSTEM SUPPORT**  
The combination of Vitamin C, Sutherlandia, Green Tea, and Fucoidan provides a strong foundation for immune protection. Vitamin C plays a key role in supporting immune cells and reducing oxidative stress. Sutherlandia (Cancer Bush), a traditional African medicinal herb, has long been used to strengthen the immune system and fight off infection. Green Tea adds antioxidant support, while Fucoidan, derived from seaweed, is known for its immune-modulating and anti-inflammatory properties.



**DIGESTIVE HEALTH AND GUT FUNCTION**  
Aloe Ferox and Aloe Vera are well known for their soothing effects on the digestive system. Aloe Ferox helps cleanse the gut and supports healthy bowel movement, while Aloe Vera soothes and balances the digestive tract. Together, they assist in maintaining a healthy gut environment, which is crucial for nutrient absorption and immune defence.



**ENERGY AND VITALITY**  
Panax Ginseng is a well-established adaptogen known to enhance physical endurance, mental clarity, and reduce fatigue. It works alongside Green Tea, which contains natural caffeine and antioxidants, to support sustained energy and alertness. The synergy of these ingredients helps combat tiredness, support stamina, and enhance overall vitality.



**ANTIOXIDANT PROTECTION**  
Green Tea and Aloe Ferox offer potent antioxidant effects, helping the body to neutralize free radicals that can lead to cellular damage. These ingredients support long-term wellness and protect against environmental stressors, aging, and inflammation.

 **GMO FREE**       **PARABEN FREE**



# BUCHU DETOX



## GUT SUPPORT DETOXIFICATION IMMUNE SUPPORT



Contains Fucoidan

### IMPROVED CONCENTRATED FORMULA

An antioxidant-rich herbal blend to help the body rid itself of harmful bacteria, viruses and free radicals that can cause inflammation or disease.

With Buchu, Ginger, Dandelion, Black Walnut and Fucoidan bio kelp extract.

### BUCHU DETOX

#### BENEFITS:

A cleansing herbal formulation of active ingredients that helps to detox the body, boost the immune system and improve gut health. Contains Fucoidan bio kelp extract which is rich in anti-oxidants and boosts the immune system and overall vitality.

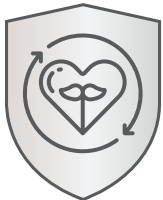
#### DIRECTIONS FOR USE:

Shake the bottle 20 times before use. Preferably refrigerate after opening. Take 15ml mixed with 250ml water or as directed by your Health Practitioner. This is a concentrated formula, and dilution can be adjusted as required.

#### PRECAUTIONS:

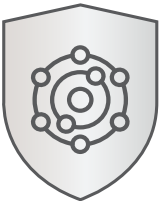
Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use. Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER 15 ml SERVING
CURCUMA LONGA (TURMERIC) EXTRACT	30 mg
ZINGIBER OFFICINALE (GINGER) ESSENTIAL OIL	18 mg
ZINGIBER OFFICINALE (GINGER) EXTRACT	450 mg
TARAXACUM OFFICINALE (DANDELION) EXTRACT	60 mg
AGATHOSMA BETULINA (BUCHU) EXTRACT	510 mg
JUGLANS NIGRA (BLACK WALNUT) EXTRACT	30 mg
FUCOIDAN	6mg



#### PROMOTES DETOXIFICATION AND CLEANSING

**Buchu**, a traditional South African herb, works together with **Dandelion** and **Black Walnut** to support the body's natural detox processes. These ingredients help the body flush out toxins, cleanse the urinary tract, and combat inflammation caused by harmful bacteria and waste build-up.



#### STRENGTHENS IMMUNE FUNCTION

The formulation includes **Fucoidan**, a bioactive seaweed extract known for its antioxidant and immune-boosting properties. Alongside **Turmeric**, which contains Curcumin to protect against disease-causing inflammation, this blend strengthens the body's defenses and supports long-term immune health.



#### SUPPORTS GUT AND DIGESTIVE HEALTH

**Dandelion** promotes healthy digestion and contributes antiviral and antibacterial activity that supports gut health. **Ginger**, both in extract and essential oil form, aids digestion, reduces inflammation in the digestive tract, and soothes discomfort.



#### FIGHTS INFLAMMATION AND PROTECTS CELLS

**Turmeric** and **Ginger** are rich in anti-inflammatory compounds that help reduce chronic inflammation in the body. **Black Walnut** adds additional protection with tannins that act as natural antioxidants to shield cells from oxidative damage and "silent" inflammation often associated with chronic illness.

500 ml CONCENTRATED LIQUID

PRODUCT CODE SG017

RETAIL PRICE: R269 (INCL VAT)



GMO FREE



PARABEN FREE



# DEFENDER



## IMMUNE SUPPORT

Contains Fucoidan



### IMPROVED FORMULA

Swissgarde Defender is a powerful antioxidant formulation designed to support your immune system and help protect your body from illness and infection. It combines the synergistic effects of Grape Seed, Echinacea, Ginger, Garlic, Parsley, Vitamin C, and Zinc to provide all-round support during cold and flu season, while also contributing to overall cellular health and recovery.

With Grapeseed, Echinacea, Ginger and Garlic.

### DEFENDER

#### BENEFITS:

An antioxidant-rich formulation to boost and protect the immune system. Echinacea and Ginger may help treat and prevent colds and flu. Contains Fucoidan bio kelp extract, rich in antioxidants to support immunity and overall vitality.

#### DIRECTIONS FOR USE:

Take 2 capsule daily with a meal or as directed by your Health Practitioner.

#### WARNING:

Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use.

**CONTRAINDICATIONS:** Avoid if allergic or sensitive to any of the listed ingredients.

#### ACTIVE INGREDIENTS

#### PER CAPSULE

GRAPE SEED EXTRACT (VITIS VINIFERA)	420 mg
GINGER POWDER (ZINGIBER OFFICINALE)	124 mg
GARLIC POWDER (ALLIUM SATIVUM)	120 mg
CARUM PETROSELINUM	120 mg
ECHINACEA PURPUREA	80 mg
VITAMIN C (ASCORBIC ACID)	90 mg
ZINC OXIDE (PROVIDING 14.4MG ELEMENTAL ZINC)	18 mg
FUCOIDAN KELP POWDER	10 mg

#### SUPER ANTIOXIDANT

Ginger, garlic, and grape seed extracts are extremely rich in antioxidants, helping to combat oxidative stress, reduce inflammation, and protect cells from damage. These ingredients are also known for promoting heart health, regulating blood pressure and cholesterol, and possibly supporting cognitive function and cancer prevention. Parsley contributes additional antioxidant protection and may benefit bone and heart health.

#### IMMUNE HEALTH

Echinacea, ginger, and garlic are all known to help strengthen the immune system at a cellular level. They have strong antiviral and antibacterial properties that may help prevent and manage infections. Garlic helps activate immune cells, while Ginger may relieve common immune-related symptoms such as nausea and sore throat. The combination of these ingredients may create a powerful synergistic effect that boosts overall immunity.

#### COLDS & FLU

Echinacea has been shown to help reduce the severity and duration of colds and flu by supporting white blood cell activity. Zinc and Vitamin C contribute to faster recovery by enhancing immune response and reducing inflammation. Ginger further eases symptoms like sore throat and congestion, while Garlic's immune-activating effects offer additional support.

60 VEGGIE CAPSULES

PRODUCT CODE SG003

RETAIL PRICE: **R329** (INCL VAT)



GMO FREE



PARABEN FREE





CARDIOVASCULAR  
HEALTH  
GENERAL  
WELLNESS  
BONE & JOINT  
SUPPORT



Omega Plus is a high-quality fish oil supplement delivering essential Omega-3 fatty acids including EPA and DHA. These vital nutrients support cardiovascular health, brain function, and joint mobility. Enriched with antioxidant Vitamin E, Omega Plus also helps fight oxidative stress and promotes general wellness.

OMEGA

**BENEFITS:**  
Omega Plus is a premium source of Omega-3 fatty acids, delivering EPA and DHA to support heart health, brain function, and joint mobility. Enriched with antioxidant Vitamin E, it also helps combat oxidative stress and promotes overall well-being.

**DIRECTIONS FOR USE:**  
Take 1 capsule daily with a meal or as directed by your Healthcare Practitioner.

**WARNING:**  
Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Healthcare Practitioner prior to use. If you are taking prescription medication, consult a Healthcare Practitioner prior to use.

**CONTRAINDICATIONS:** Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER SOFTGEL CAPSULE
FISH OIL (OMEGA 3)	1000 mg
CONTAINING:	
EICOSAPENTAENOIC ACID (EPA)	180 mg
DOCOSAHEXAENOIC ACID (DHA)	120 mg
VITAMIN E (TOCOPHEROL)	3.5 mg



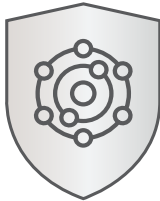
**HEART HEALTH**  
Fish oil rich in EPA and DHA helps support cardiovascular function by promoting healthy blood circulation and maintaining normal cholesterol levels.



**BRAIN FUNCTION**  
DHA plays a key role in cognitive health and brain development. Regular intake supports memory, focus and overall brain performance.



**JOINT MOBILITY**  
EPA and DHA contribute to reducing joint stiffness and inflammation, making Omega Plus a valuable addition for joint support and flexibility.



**ANTIOXIDANT PROTECTION**  
Vitamin E provides antioxidant support to protect cells from oxidative damage and promote overall health and wellbeing.

30 SOFTGEL CAPSULES

PRODUCT CODE SG002

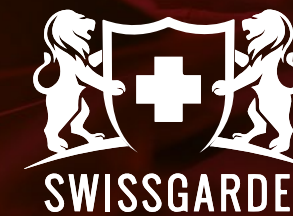
RETAIL PRICE: R219 (INCL VAT)

GMO FREE

PARABEN FREE



# MARINA SPA® WONDER LIQUID



## IMMUNE SUPPORT GENERAL WELLNESS



Contains Fucoidan

### IMPROVED FORMULA

Marina Spa Wonder Liquid is a revitalising blend of traditional herbal oils and marine-based botanicals, including seaweed extract, licorice root, and a curated selection of essential oils. This multi-purpose topical solution supports overall wellbeing by promoting skin vitality, soothing inflammation, and boosting various body systems through the power of nature. Its unique formulation offers a refreshing, spa-like experience in every drop.

**With Seaweed Extract, Licorice Root and Essential Oils.**

250 ml

PRODUCT CODE SG024

RETAIL PRICE: **R225** (INCL VAT)

### MARINA SPA WONDER LIQUID

#### BENEFITS:

Marina Spa Wonder Liquid is a herbal blend of various traditional plant extracts that have proven medicinal properties to strengthen various body systems to function optimally.

#### DIRECTIONS FOR USE:

Take 10ml per day with food for improved vitality and wellness. Can be applied to irritated skin for a soothing effect.

#### WARNING:

Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use.

**CONTRAINDICATIONS:** Avoid if allergic or sensitive to any of the listed ingredients.

#### ACTIVE INGREDIENTS

RO WATER, CASTOR OIL, MENTHOL (MENTHA ARVENSIS), AVOCADO OIL, PEPPERMINT ESSENTIAL OIL, SEAWEED EXTRACT (SARGASSUM FUSIFORME), FUCOIDAN, CARBOXYMETHYL CELLULOSE, ROSEMARY ESSENTIAL OIL, LAVANDER OIL, CALENDULA HYDROGLYCERINIC EXTRACT, FOOD COLORANT, LICORICE ROOT (GLYCYRRHIZA GLABRA), EUCALYPTUS OIL, POTASSIUM SORBATE, SODIUM BENZOATE, EDTA.



#### IMMUNE HEALTH

Seaweed and licorice extract are rich in antioxidants and polyphenols that help protect cells from damage while promoting immune response and inflammation control.



#### GUT HEALTH

Seaweed contains prebiotics that nourish gut bacteria and support digestion. Licorice root may ease discomfort in the digestive tract and contribute to a balanced microbiome.



#### RESPIRATORY HEALTH

Essential oils like menthol and eucalyptus help ease congestion and reduce inflammation in the respiratory system. Seaweed and licorice support respiratory wellness with antiviral and antimicrobial properties.



#### HEART HEALTH

Seaweed and avocado oil support heart health by helping manage cholesterol and blood pressure levels. Licorice extract contributes to cardiovascular wellness with its antioxidant properties.



#### THYROID HEALTH

Seaweed is a natural source of iodine, which supports the production of thyroid hormones and helps regulate metabolism and energy levels.



#### SKIN HEALTH

Avocado, eucalyptus, and calendula oils provide intense moisturising, anti-inflammatory, and soothing effects, leaving the skin nourished and revitalised. Seaweed helps detoxify and brighten, while licorice root supports clearer, calmer skin.



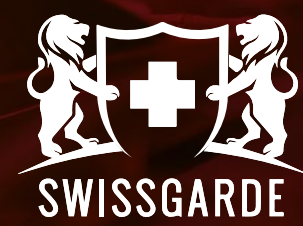
**GMO FREE**



**PARABEN FREE**



# VITAMIN C & ZINC SPRAY



Contains Fucoidan



This convenient, fast-absorbing oral spray is packed with immune-supporting ingredients including Vitamin C, Zinc, Fucoidan, and Echinacea. Designed for optimal absorption directly through the mouth, it is ideal for daily wellness and provides powerful protection during seasonal changes or times of stress. The spray format offers an easy-to-use alternative to tablets or capsules.

30 ml SPRAY

PRODUCT CODE SG039

RETAIL PRICE: R169 (INCL VAT)

## VITAMIN C & ZINC SPRAY

### BENEFITS:

This fast-absorbing oral spray combines two essential nutrients known for their powerful immune-boosting properties. Perfect for daily wellness, especially during seasonal changes or periods of increased stress, this spray offers a convenient, easy-to-use alternative to tablets or capsules—with optimal absorption directly through the mouth.

### DIRECTIONS FOR USE:

Shake well before use. Adults (18 years & older) – Take 7 sprays, once daily. Children (8 years and older) – Take 3 sprays, once daily. Small children (3 years and older) – Take one spray, once daily. Refrigerate after opening.

**CONTRAINDICATIONS:** Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER 1ml serving*	% RDA**
VITAMIN C	75000 mcg	100
ZINC	210 mcg	2
FUCOIDAN	100 mcg	N/E
ECHINACEA PURPUREA EXTRACT	25 mg	N/E

\*\*RECOMMENDED DAILY ALLOWANCE (RDA) EXPRESSED AS FOR INDIVIDUALS 18 YEARS AND OLDER.

\*QUANTITIES ABOVE ARE EXPRESSED AS AT TIME OF MANUFACTURING



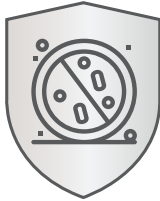
### IMMUNE SUPPORT

Vitamin C and Zinc work together to strengthen immune defences. Vitamin C supports the activity of white blood cells, while Zinc helps regulate immune responses and promotes faster recovery.



### ANTIOXIDANT PROTECTION

Vitamin C acts as a powerful antioxidant, helping to neutralise free radicals and protect cells from oxidative stress.



### VIRAL DEFENCE AND INFLAMMATION SUPPORT

Echinacea and Fucoidan are natural ingredients known for their ability to support the body's defences against viral infections and reduce inflammation.



### QUICK AND CONVENIENT ABSORPTION

The spray format ensures nutrients are rapidly absorbed through the mouth, providing quick support to the immune system with no need for swallowing capsules.



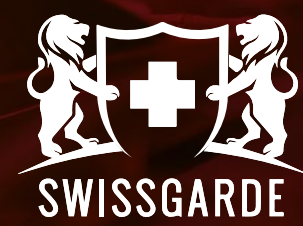
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# AFRICAN P + MORINGA



## CARDIOVASCULAR HEALTH ANTI-INFLAMMATORY

Contains Fucoidan



African P + Moringa is a potent antioxidant and anti-inflammatory supplement formulated with two powerful botanicals: Hypoxis hemerocallidea (African Potato) and Moringa oleifera. These natural plant extracts are rich in bioactive compounds that help support cardiovascular health, immune function, and overall vitality. Fortified with Fucoidan bio kelp extract, this formula offers comprehensive wellness support by combating oxidative stress and internal inflammation.

30 VEGGIE CAPSULES

PRODUCT CODE SG005

RETAIL PRICE: R259 (INCL VAT)

### AFRICAN P + MORINGA

**BENEFITS:**

An antioxidant-rich formulation with bioactive plant compounds that support cardiovascular health and internal inflammation. Contains Fucoidan bio kelp extract, rich in antioxidants to boost the immune system and overall vitality.

**DIRECTIONS FOR USE:**

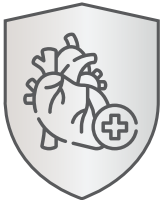
Take 1 capsule daily with a meal or as directed by your Health Practitioner.

**WARNING:**

Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use.

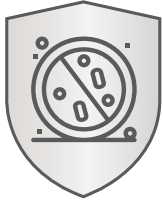
**CONTRAINDICATIONS:** Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER CAPSULE
HYPOXIS HEMEROCALLIDEA (AFRICAN POTATO)	100 mg
MORINGA OLEIFERA	365 mg
FUCOIDAN	10 mg



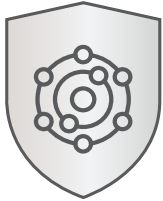
**CARDIOVASCULAR HEALTH**

African Potato and Moringa work synergistically to support heart health by improving circulation, lowering cholesterol levels, and protecting blood vessels from oxidative damage, contributing to overall cardiovascular wellness.



**ANTI-INFLAMMATORY SUPPORT**

This formulation helps reduce internal inflammation, which is linked to a variety of chronic conditions. The anti-inflammatory action of Moringa and African Potato can support joint comfort and general wellbeing.



**ANTIOXIDANT PROTECTION**

Rich in antioxidants, the combination of Moringa, African Potato, and Fucoidan bio kelp helps neutralize free radicals, protecting cells from damage and slowing down oxidative stress-related aging.



**IMMUNE & VITALITY BOOST**

Fucoidan, known for its immune-enhancing properties, works alongside Moringa to strengthen the body's natural defences while promoting increased energy and vitality.





# SUPER CIDER



## DIGESTIVE HEALTH AND WEIGHT LOSS AID

Contains Fucoidan



### IMPROVED CONCENTRATED FORMULA

Swissgarde Super Cider is a powerful antioxidant-rich supplement formulated with apple cider vinegar, cinnamon, green tea, and Garcinia Cambogia to support gut health, weight management, and metabolic balance. Infused with Fucoidan for added immune and antioxidant support, this herbal blend helps stabilise gut pH, boost digestion, and promote overall vitality. When used alongside a balanced diet and regular activity, Super Cider becomes a valuable daily tool for those seeking natural wellness and healthy weight support.

### SUPER CIDER

#### BENEFITS:

An antioxidant-rich formulation that helps stabilise gut pH levels, enhancing immune and gut function. It may boost metabolism, support weight loss, and help stabilise blood sugar levels. Contains Fucoidan bio kelp extract, rich in antioxidants to support immunity and vitality.

#### DIRECTIONS FOR USE:

Take 2 capsules daily with a meal or as directed by your Health Practitioner.

#### WARNING:

If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use.

**CONTRAINDICATIONS:** Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER CAPSULE
APPLE CIDER VINEGAR POWDER	190 mg
GARCINIA CAMBOGIA (GARCINIA CAMBOGIA EXTRACT)	50 mg
CINNAMON (CINNAMOMUM)	225 mg
CAMELLIA SINENSIS (GREEN TEA LEAF POWDER)	50 mg
FUCOIDAN	10 mg



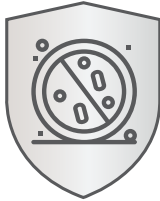
#### GUT HEALTH

The combination of apple cider vinegar, cinnamon, and green tea supports a healthy gut by improving digestion, reducing bloating, and promoting the growth of beneficial gut bacteria. These ingredients work together to increase stomach acidity for better nutrient absorption, reduce inflammation, and create a balanced gut microbiome.



#### WEIGHT MANAGEMENT

Garcinia cambogia and apple cider vinegar help suppress cravings, reduce fat storage, and support fat burning. Cinnamon and green tea aid in balancing blood sugar levels and improving insulin sensitivity, all of which contribute to healthy weight loss when combined with healthy lifestyle choices.



#### ANTI-INFLAMMATORY SUPPORT

Cinnamon and green tea are rich in compounds that fight inflammation by targeting free radicals and reducing oxidative stress. This may help alleviate inflammatory conditions and protect the body from chronic disease.



#### IMMUNE & ANTIOXIDANT DEFENCE

With potent ingredients like cinnamon, green tea, and Fucoidan, Super Cider helps enhance immune system function. These ingredients protect cells from damage, support the body's natural defences, and promote resilience against environmental stressors.

60 VEGGIE CAPSULES

PRODUCT CODE SG001

RETAIL PRICE: R299 (INCL VAT)



GMO FREE



PARABEN FREE



# STRESSGARDE



## STRESS MANAGEMENT

Contains Fucoidan

### IMPROVED CONCENTRATED FORMULA

It has been proven that supplements with B-Vitamins, Vitamin C, Calcium, Magnesium and Zinc can significantly improve mood and decrease anxiety. Stress Garde has a unique and comprehensive formula to help you cope better with the stresses of life.

With Vitamin C & B-Vitamins and Fucoidan bio kelp extract.

### STRESS GARDE

**BENEFITS:**  
A scientifically-based formula to help your body cope with chronic stress. Ashwagandha has been traditionally used to help manage stress and anxiety. Studies suggest it can reduce cortisol levels (a stress hormone), improve sleep, and alleviate feelings of anxiety. Vitamin B12 and B6 are considered essential for maintaining a healthy nervous system and can help the body cope better with stress. Research suggest that Vitamin B12 & Vit 6 supplementation may improve mood and reduce symptoms of stress-induced feelings of depression. Fucoidan is a natural seaweed extract that has is anti-oxidant rich and boosts the body to fight disease.

**DIRECTIONS FOR USE:**  
Take 2 capsules with a meal per day or as directed by your Health Practitioner.

**PRECAUTIONS:**  
Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use. Avoid if allergic or sensitive to any of the listed ingredients. Consult with your Health Practitioner if your anxiety levels become chronic.

ACTIVE INGREDIENTS	PER CAPSULE
ASHWAGANDHA ROOT (WITHANIA SOMNIFERA)	350 mg
MAGNESIUM SUPHATE (PROVIDING 15.75 MG ELEMENTAL MAGNESIUM)	159.73 mg
VITAMIN B6 (PYRIDOXINE)	1.3 mg
VITAMIN B12 (CYANOCOBALAMIN)	3 mcg
VTAMIN D3 (CHOLECALCIFEROL)	300 IU
ZINC OXIDE (PROVIDING 6,4MG ELEMENTAL ZINC)	8 mg
FUCOIDAN	10 mg

### SUPPORTS MOOD AND EMOTIONAL BALANCE

Vitamin B6 plays a critical role in mood regulation by influencing neurotransmitters such as serotonin and GABA. These brain chemicals help regulate emotions and stress responses. GABA (gamma-aminobutyric acid), in particular, acts as the brain's calming signal by inhibiting overactive nerve activity, which may help reduce anxiety, stress, fear, and symptoms of depression. Vitamin B12 complements this effect by supporting healthy nerve function and energy levels—both essential for coping with daily stress. Adequate levels of B12 may reduce the risk of nerve-related mood issues and improve an individual's overall emotional resilience.

### REDUCES ANXIETY AND ENHANCES CALMNESS

Zinc contributes to the healthy functioning of GABA pathways, helping regulate anxiety and maintain emotional stability. Zinc deficiency has been linked to reduced GABA activity, and supplementation may improve mood, cognitive function, and the body's resilience to stress. Magnesium also plays a calming role by helping regulate cortisol (the stress hormone) and supporting receptors in the brain that influence anxiety. Its muscle-relaxing properties and ability to improve sleep quality further contribute to a calmer mind and reduced anxiety symptoms.

### PROTECTS THE BRAIN AND SUPPORTS STRESS RECOVERY

Fucoidan, a natural extract derived from seaweed, shows promise in reducing the effects of stress on the brain. It may have antidepressant-like properties by interacting with the central noradrenergic system and offering neuroprotective support—helping to protect brain cells from stress-induced damage. Fucoidan may also positively influence the gut-brain axis, with growing evidence linking gut microbiota balance to improved mental health and reduced anxiety and depression.

### HELPS REGULATE CORTISOL AND FIGHT STRESS FATIGUE

Ashwagandha extract is a powerful adaptogen that helps the body better cope with stress by lowering elevated cortisol levels. Chronic stress can keep cortisol levels high, pushing the body into a constant "fight, flight, or freeze" mode. This can lead to high blood pressure, increased blood sugar, mental fatigue, poor memory and focus, and chronic tiredness. By helping to regulate cortisol, Ashwagandha supports a healthier stress response and promotes faster recovery from stress.

60 VEGGIE CAPSULES

PRODUCT CODE SG004

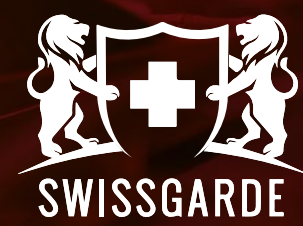
RETAIL PRICE: R329 (INCL VAT)

GMO FREE

PARABEN FREE



# ACTIVATED CHARCOAL



Contains Fucoidan



Activated Charcoal is a powerful natural detoxifier known for its ability to bind and trap unwanted substances in the digestive system. Sourced from carbon-rich materials and activated at high temperatures, this formula opens thousands of bonding sites to absorb toxins, bacteria, and free radicals. Commonly used for digestive comfort, this product supports gentle elimination, reduces bloating, and promotes internal cleansing for improved overall wellness.

## ACTIVATED CHARCOAL

**BENEFITS:**  
This natural ingredient supports digestive comfort and helps trap unwanted substances in the gut for gentle elimination. Commonly used to assist with gas and bloating.

**DIRECTIONS FOR USE:**  
Take 1 capsule daily with a meal or as directed by your Health Practitioner.

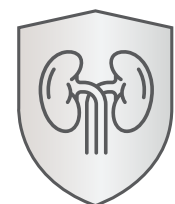
**WARNING:**  
Do not exceed recommended daily dosages. If pregnant or breastfeeding, consult a Health Practitioner prior to use. If you are taking prescription medication, consult a Health Practitioner prior to use.

**CONTRAINDICATIONS:** Avoid if allergic or sensitive to any of the listed ingredients.

ACTIVE INGREDIENTS	PER CAPSULE
ACTIVATED CHARCOAL POWDER	570 mg
FUCOIDAN	20 mg



**GUT HEALTH**  
Activated charcoal helps ease bloating, gas, and discomfort by binding to intestinal gases. It can trap harmful substances like toxins, bacteria, and bile acids in the gut, helping to reduce cholesterol levels and support digestive regularity.



**KIDNEY HEALTH**  
This ingredient may reduce the burden on the kidneys by limiting the waste and toxins that reach them, offering added support for individuals looking to enhance kidney function or manage kidney-related concerns.



**HEART HEALTH**  
By absorbing cholesterol and neutral lipids in the small intestine, activated charcoal can help support cholesterol reduction and fat elimination—important factors for maintaining heart health and healthy circulation.



**DETOX AND CLEANSING SUPPORT**  
The high surface area of activated charcoal allows it to capture and eliminate a wide range of unwanted substances, promoting internal cleansing and contributing to the body's natural detoxification process.

30 VEGGIE CAPSULES

PRODUCT CODE SG037

RETAIL PRICE: R199 (INCL VAT)

GMO FREE

PARABEN FREE



# ENERGIZE TEA



Swissgarde Energize Tea is a naturally caffeine-free herbal blend designed to support digestion, immunity, and sustainable daily energy. Crafted from a vibrant mix of green rooibos, fennel, turmeric, and aniseed, this soothing tea is rich in antioxidants and healing plant compounds that work synergistically to reduce inflammation, boost the immune system, and promote digestive comfort. Energize Tea is the ideal daily wellness infusion for those seeking gentle, natural support for vitality, energy, and overall health.

With Green Rooibos, Fennel, Turmeric & Aniseed.

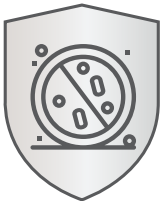
## ENERGIZE TEA

**BENEFITS:**  
Stay energised and balanced with Swissgarde Energise, a refreshing tea that supports digestion, immunity, and sustainable energy throughout your day.

**DIRECTIONS FOR USE:**  
Place 1 teabag in a 250ml cup and fill with boiling water, let it steep for 5 - 10 minutes, for goodness to be released into the water. Can be consumed hot or cold with ice, for a refreshing iced tea.

**PRECAUTIONS:**  
Consult with your Health Practitioner if you are pregnant or lactating, or if you have a sensitivity to any of the ingredients or suspect that you might have.

NUTRITIONAL INFORMATION	PER 100 ml	PER 250 ml SERVING
ENERGY	2 kj	5 kj
PROTEIN	<0,3 g	<0,3 g
GLYCEMIC CARBOHYDRATE	<3 g	<3 g
OF WHICH TOTAL SUGAR	<1 g	<1 g
TOTAL FAT	<0,1 g	<0,1 g
OF WHICH SATURATED FAT	<0,1 g	<0,1 g
DIETARY FIBER	<0,5 g	<0,5 g
TOTAL SODIUM	<5 mg	<5 mg



**IMMUNE HEALTH**  
Green rooibos, fennel, turmeric, and aniseed are rich in immune, enhancing compounds like antioxidants, flavonoids, and antimicrobial agents. These ingredients support the body's natural defences, helping to fight infections, reduce immune dysfunction, and improve antibody response.



**FIGHTS INFLAMMATION**  
Both rooibos and turmeric offer potent anti-inflammatory and antioxidant properties, helping to neutralise free radicals that contribute to inflammation. Their natural pain relieving effects may help ease discomfort caused by arthritis, joint pain, and inflammatory conditions.



**DIGESTIVE HEALTH**  
This blend supports gut health by improving digestion, reducing bloating, and restoring the balance of good gut bacteria. Fennel and aniseed promote smooth digestion, ease cramps, and reduce gas, while turmeric provides prebiotic benefits that nourish the digestive tract.

20 TAGLESS TEABAGS

PRODUCT CODE SG168

RETAIL PRICE: R99 (INCL VAT)

GMO FREE

PARABEN FREE



# REJUVENATE TEA



## IMMUNE SUPPORT GENERAL WELLNESS



Swissgarde Rejuvenate Tea is a bold and invigorating herbal blend combining green rooibos, ginger, and chilli to support the body's natural processes and promote daily vitality. Naturally caffeine-free and rich in antioxidants, this tea is crafted to awaken the body and mind, enhance digestion, reduce inflammation, and strengthen the immune system. Whether starting your day or recovering after a long one, Rejuvenate Tea delivers a refreshing and health-boosting experience with every cup.

With Green Rooibos, Ginger & Chilli.

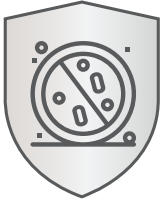
### REJUVENATE TEA

**BENEFITS:**  
A delicious, invigorating tea to nourish your body and mind, whether you're starting your day, recovering after a workout, or unwinding in the evening.

**DIRECTIONS FOR USE:**  
Place 1 teabag in a 250ml cup and fill with boiling water, let it steep for 5 - 10 minutes, for goodness to be released into the water. Can be consumed hot or cold with ice, for a refreshing iced tea.

**PRECAUTIONS:**  
Consult with your Health Practitioner if you are pregnant or lactating, or if you have a sensitivity to any of the ingredients or suspect that you might have.

NUTRITIONAL INFORMATION	PER 100 ml	PER 250 ml SERVING
ENERGY	2 kj	5 kj
PROTEIN	<0,3 g	<0,3 g
GLYCEMIC CARBOHYDRATE	<3 g	<3 g
OF WHICH TOTAL SUGAR	<1 g	<1 g
TOTAL FAT	<0,1 g	<0,1 g
OF WHICH SATURATED FAT	<0,1 g	<0,1 g
DIETARY FIBER	<0,5 g	<0,5 g
TOTAL SODIUM	<5 mg	<5 mg



**IMMUNE HEALTH**  
Green rooibos is rich in flavonoids that help defend the body against free radicals and infections. Ginger strengthens immunity through its anti-inflammatory compounds, while chilli supports immune performance with capsaicin and a variety of immune-nourishing nutrients like vitamins A, B6, and C, iron, and copper.



**FIGHTS INFLAMMATION**  
Both ginger and rooibos contain natural antioxidants that reduce inflammation in the body. Ginger's analgesic effects can relieve joint and muscle pain, while chilli helps reduce pain by acting on nerve receptors, making this blend beneficial for those managing inflammatory conditions.



**DIGESTIVE HEALTH**  
Green rooibos, ginger, and chilli work together to promote a balanced gut environment. Rooibos helps increase the growth of good bacteria. Ginger stimulates digestive enzyme activity and relieves bloating, while chilli promotes gut motility and may help with indigestion, gas, and symptoms of IBS.

20 TAGLESS TEABAGS

PRODUCT CODE SG167

RETAIL PRICE: R99 (INCL VAT)

GMO FREE

PARABEN FREE



# BIO VAPOUR RUB



## SKIN HEALTH

Contains Fucoidan



### IMPROVED CONCENTRATED FORMULA

A non-greasy ointment that has anti-inflammatory properties and helps to relieve skin irritations and sore muscles.

**With Melaleuca, Eucalyptus, Nutmeg and Fucoidan bio kelp extract.**

**50 g** CONCENTRATED OINTMENT

**PRODUCT CODE** SG069

**RETAIL PRICE: R109** (INCL VAT)

### BIO VAPOUR RUB

#### BENEFITS:

Bio Vapour Rub is a non-greasy formula, combining the healing and anti-inflammatory benefits of Melaleuca, Eucalyptus oil and Nutmeg oil. Together these ingredients can heal irritated skin and offer relief for sore muscles and joints. Eucalyptus oil can be applied to the chest, and its flavorful scent can help to ease breathing and act as an expectorant for cold and flu symptom relief. Contains Fucoidan bio kelp extract which is rich in anti-oxidants and boosts the immune system and overall vitality.

#### DIRECTIONS FOR USE:

Apply to dry, clean skin.  
Dermatologically tested.

#### PRECAUTIONS:

Consult with your Health Practitioner if you have a sensitivity to any of the ingredients or suspect that you might have. Consult with your Health Practitioner if you are pregnant or lactating. Ensure not to use close to the eyes or lips, as this is a concentrated formula.

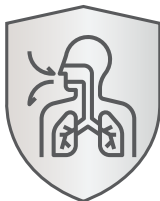
#### INGREDIENTS

PET JELLY, CAMPHOR, MENTHOL, EUCALYPTUS OIL, TEA TREE OIL, WHITE THYME OIL, PEPPERMINT OIL, NUTMEG OIL, FUCOIDAN.



#### SOOTHES SKIN IRRITATIONS AND PROMOTES HEALING

Melaleuca (Tea Tree Oil) and Nutmeg Oil help soothe irritated skin with their anti-inflammatory and antimicrobial properties. They protect against bacterial infections, reduce redness, and promote faster healing of minor skin concerns, making this formula especially beneficial for sensitive or inflamed skin.



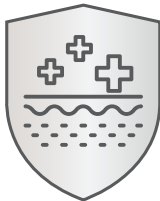
#### CLEARs AIRWAYS AND EASES BREATHING

Eucalyptus Oil acts as a natural expectorant, helping to clear mucus and relieve chest tightness. Its refreshing scent supports easy breathing, especially during colds and flu, while also soothing sore throats and nasal congestion when applied to the chest or back.



#### RELIEVES MUSCLE ACHES AND JOINT PAIN

The blend of Eucalyptus Oil, Nutmeg Oil, and Menthol provides a warming, soothing sensation that helps relax tense muscles and reduce inflammation. Ideal for relief after physical activity or for those struggling with muscle stiffness and joint discomfort.



#### STRENGTHENS SKIN'S NATURAL BARRIER

Nutmeg Oil promotes better skin texture and resilience by supporting blood circulation and boosting the appearance of dull or uneven skin. Its nourishing properties help even out complexion and are especially helpful for those with sensitive skin.



#### BOOSTS IMMUNE SUPPORT

Fucoidan, a bioactive extract from sea kelp, offers antioxidant protection while helping to support the immune system. This makes the formula not only soothing externally, but also a helpful addition for overall vitality and defense.



**GMO FREE**



**PARABEN FREE**



# LIQUID GOLD



Contains Fucoidan

## IMPROVED FORMULA

A nutrient-rich formula that deeply hydrates through multiple layers of the skin and locks in lasting moisture. This lightweight, non-greasy blend features Royal Jelly to support skin renewal and Turmeric for its calming, anti-inflammatory properties.

**With Royal Jelly, Turmeric, Gold Glycerine and Fucoidan bio kelp extract.**

## LIQUID GOLD

### BENEFITS:

This non-greasy, skin-rejuvenating formula helps to boost, plump, and maintain healthy skin while helping to prevent signs of aging. It contains Royal Jelly extract, known for its healing properties that support collagen production and improve skin texture. Glycerine helps seal in moisture across multiple skin layers and may act as a humectant for alleviating eczema and moisturizing skin. Turmeric offers anti-inflammatory benefits that can help soothe pimples or acne, while Fucoidan kelp extract supports overall skin rejuvenation.

### DIRECTIONS FOR USE:

Apply to dry, clean skin. Suitable for all skin types. Dermatologically tested.

### PRECAUTIONS:

Consult with your Health Practitioner if you have a sensitivity to any of the ingredients or suspect that you might have. Consult with your Health Practitioner if you are pregnant or lactating.

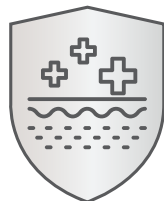
### INGREDIENTS

GLYCERINE, PROPYLENE GLYCOL, TURMERIC (CURCUMA LONGA) HYDRO-GLYCERINE EXTRACT, FOOD COLORANT, ROYAL JELLY (APIS MELLIFERA) EXTRACT, FUCOIDAN KELP EXTRACT.



### DEEPLY HYDRATES AND NOURISHES THE SKIN

Glycerine works across multiple layers of the skin to lock in moisture, reduce dryness, and leave skin feeling soft and smooth. It helps refresh dull, dehydrated skin and gives it a youthful, radiant glow. Glycerine also supports skin elasticity and helps delay the appearance of fine lines.



### SUPPORTS COLLAGEN PRODUCTION AND SKIN REPAIR

Royal Jelly is rich in nutrients that stimulate collagen production, which helps maintain skin firmness and reduce visible signs of ageing. It also promotes healing of acne, scars, and damaged skin, helping to even out skin tone and restore vitality.



### REDUCES DARK SPOTS AND INFLAMMATION

Turmeric offers powerful anti-inflammatory and antioxidant benefits. It helps reduce redness, soothe breakouts, and fade dark spots, making it especially beneficial for skin prone to acne, pigmentation, or eczema.



### PROTECTS AGAINST AGEING AND ENVIRONMENTAL STRESS

Fucoidan, derived from sea kelp, delivers antioxidant protection that helps shield skin from free radical damage. It supports cellular renewal and contributes to overall skin rejuvenation, leaving the skin looking younger, healthier, and more resilient.

200 ml

PRODUCT CODE SG067

RETAIL PRICE: **R220** (INCL VAT)







Sportron Group offers an exciting entrepreneurial opportunity to generate wealth through health. By sharing and selling our products within your circle of friends and influence, you can build a rewarding and sustainable business.

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