SPORTRON

# PROFESSIONAL INFORMATION

*Category D: human complementary medicine. This medicine has not been evaluated by the SAHPRA. This medicine is not intended to diagnose, treat, cure or prevent any disease.*

**SCHEDULING STATUS**

S0

## 1. NAME OF THE MEDICINE

Sportron Brain Food Capsules

## 2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Active Ingredients per serving (1 capsule): Lions Mane (Hericium erinaceus) powder 310 mg, Green Tea Extract 125 mg, L-Theanine 60,3 mg, Vitamin C 60 mg, Saffron Extract (Crocuc sativicus) 50 mg, Vitamin E 9 mg, Vitamin B1 (Thiamine) 1,1 mg, Vitamin B2 (Riboflavin) 1,1 mg, Vitamin B3 (Niacin) 14 mg, Vitamin B5 (Pantothenic acid) 5 mg, Vitamin B6 (Pyridoxine) 1,3 mg, Vitamin B9 (Folic acid) 200 mcg, Vitamin B12 (Cobalamine) 0,4 mcg.

## 3. PHARMACEUTICAL FORM

Sportron Brain Food Capsules are veggie capsules containing light beige powder.

## 4. CLINICAL PARTICULARS

*Category D: human complementary medicine. This medicine has not been evaluated by the SAHPRA. This medicine is not intended to diagnose, treat, cure or prevent any disease.*

### 4.1. Therapeutic Indications

Sportron Brain Food Capsules are used to supports cognitive health.

### 4.2. Posology and method of administration

**Posology**

**Adults:**

Standard Adult dose:

Take one capsule daily with a meal or as directed by your health practitioner.

**Method of administration**

Sportron Brain Food Capsules should be taken orally, with food.

### 4.3. Contraindications

Avoid if allergic or sensitive to any of the listed ingredients. Do not exceed recommended dosage(s).

### 4.4. Special warnings and precautions for use

Sportron Brain Food Capsules must not be used if hypersensitive (allergic) to any ingredients.

### 4.5. Interaction with other medicines and other forms of interaction

If you are taking prescription medication, consult a healthcare practitioner prior to use. Sportron Brain Food Capsules are not known to react badly with any types of medicines, or food or drink.

### 4.6. Fertility, pregnancy and lactation

Sportron Brain Food Capsules should not be used during pregnancy, and a healthcare provider should be consulted for advice prior to taking Sportron Brain Food Capsules when breastfeeding.

### 4.7. Effects on ability to drive and use machines.

No effects on the ability to drive and use machines has been reported.

### 4.8. Undesirable effects

None known. Should general health worsen, or if any untoward effects are experienced while using this product, please consult a doctor, pharmacist, or other health care professional for advice.

### 4.9. Overdose

If you take more Sportron Brain Food Capsules than you should:

If anyone, especially a child, accidentally takes too much Sportron Brain Food Capsules contact your doctor or local poison centre immediately. If symptoms persist consult your doctor. If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

## 5. PHARMACOLOGICAL PROPERTIES

### 5.1. Pharmacodynamic properties

Category D34.12. Health Supplements. Sportron Brain Food Capsules contain substances to support cognitive health.

### 5.2. Pharmacokinetic properties

There is no pharmacokinetic data available on the active ingredients via the route of administration described.

### 5.3. Preclinical safety data

There is no preclinical safety data available on the active ingredients via the route of administration described

## 6. PHARMACEUTICAL PARTICULARS

### 6.1. List of excipients

Inactive ingredients: Magnesium Stearate, HPMC Vegan Vegetable Capsules, Silicone Dioxide.

### 6.2. Incompatibilities:

None

### 6.3. Shelf life

2 years

### 6.4. Special precautions for storage

Store below 30 ˚C in a cool, dry place. Store out of reach of children. Do not use after the expiry date stated on the bottle. The expiry date refers to the last day of the month.

### 6.5. Nature and contents of container

Sportron Brain Food Capsules is a clear capsule with light beige powder in a white PET glossy with a white ribbed pressure liner cap, containing 30 veggie-capsules.

**Special precautions for disposal**

No special requirements.

## 7. PROPOSED HOLDER OF CERTIFICATE OF REGISTRATION

**Distributed by:**

Sportron Group (Pty) Ltd

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

**Name and Address of Holder of Certificate of Registration**

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

## 8. REGISTRATION NUMBER(S)

Application Number: TBC by SAHPRA

## 9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

TBA by SAHPRA. Date of Revision: March 2026

SPORTRON

## PROFESSIONELE INLIGTING

*Kategorie D: Menslike komplementêre medisyne. Hierdie medisyne is nog nie deur SAHPRA geëvalueer nie. Die doel van hierdie medisyne is nie om enige siekte te diagnoseer, behandel, genees of te voorkom nie.*

**SKEDULERINGSTATUS:** S0

## 1. NAAM VAN MEDIKASIE

Sportron Brein voedsel kapsules

## 2. KWANTITATIEWE SAMESTELLING

Aktiewe bestanddele per porsie (1 kapsule): Lions Mane (Hericium erinaceus) poeier 331 mg, L-Karnitien 150 mg, L-Theanien 80,3 mg, Saffraan (Crocuc sativicus) 50 mg, Vitamien B1 (Thiamien) 1,1 mg, Vitamien B2 (Riboflavien) 1,1 mg, Vitamien B3 (Niacin) 14 mg, Vitamien B5 (Pantotheniese suur) 5 mg, Vitamien B6 (Piridoksien) 1,3 mg, Vitamien B9 (Foliensuur) 0,2 mg, Vitamien B12 (Kobalamien) 0,002 mg.

## 3. FARMASEUTIESE DOSEERVORM

Sportron Brein voedsel kapsules is groente kapsules wat ligte beige poeier bevat.

## 4. KLINIESE BESONDERHEDE

*Kategorie D: Menslike komplementêre medisyne. Hierdie medisyne is nog nie deur SAHPRA geëvalueer nie. Die doel van hierdie medisyne is nie om enige siekte te diagnoseer, behandel, genees of te voorkom nie.*

### 4.1 Terapeutiese indikasies

Sportron Brein voedsel kapsules word gebruik om kognitiewe gesondheid te ondersteun.

### 4.2 Dosering en metode van toediening

**Dosering**

Standaard volwassene dosis:

Neem een kapsule daagliks saam met ‘n ete of soos deur jou gesondheidspraktisyn voorgeskryf.

**Metode van toediening**

Sportron Brein voedsel kapsules moet oraal geneem word, saam met kos.

### 4.3 Kontra-indikasies

Vermy as allergies of sensitief vir enige van die genoemde bestanddele. Moenie die aanbevole dosis(se) oorskry nie.

### 4.4 Waarskuwings en spesiale voorsorgmaatreëls

Sportron Brein voedsel kapsules moet nie gebruik word as u hipersensitief (allergies) is vir enige bestanddele nie.

### 4.5 Interaksies met ander medisyne en ander tipe interaksies

As jy voorskrif medikasie neem, raadpleeg ‘n gesondheidsorgpraktisyn voor gebruik. Dit is nie bekend dat Sportron Brein voedsel kapsules sleg reageer met enige tipe medisyne, of kos of drank nie.

### 4.6 Vrugbaarheid, swangerskap en borsvoeding

Sportron Brein voedsel kapsules moet nie tydens swangerskap gebruik word nie en ‘n gesondheidsorgverskaffer moet geraadpleeg word vir advies voordat Sportron Brein voedsel kapsules geneem word tydens borsvoeding.

### 4.7 Effek op die vermoë om te bestuur en masjinerie te gebruik

Geen effekte op die vermoë om te bestuur of om masjinerie te gebruik is aangemeld nie

### 4.8 Newe-effekte

Geen bekend. Indien u algemene gesondheid versleg, of indien u enige newe-effekte ervaar tydens die gebruik van hierdie produk, moet jou dokter, apteker of ander gesondheidsorgverskaffer vir advies geraadpleeg word.

### 4.9 Oordosering

As jy meer Sportron Brein voedsel kapsules neem as wat jy moet:

As iemand, veral ‘n kind per ongeluk te veel Sportron Brein voedsel kapsules neem, kontak jou dokter of plaaslike gif sentrum onmiddellik. As simptome voortduur, raadpleeg jou dokter. As jy ‘n dokter sien of om een of ander rede hospitaal toe moet gaan, vertel hulle watter medisyne jy neem.

## 5. FARMAKOLOGIESE EIENSKAPPE

### 5.1 Farmakodinamiese eienskappe

Kategorie D24.12. Sportron Brein voedsel kapsules bevat stowwe om kognitiewe gesondheid te ondersteun.

### 5.2 Farmakokinetiese eienskappe

Daar is geen farmakokinetiese data beskikbaar oor die aktiewe bestanddele via die toedienings roete wat beskryf word nie.

### 5.3 Pre-kliniese gesondheidsdata

Daar is geen pre-kliniese veiligheids data beskikbaar oor die aktiewe bestanddele via die toedienings roete wat beskryf word nie.

## 6. FARMASEUTIESE BESONDERHEDE

### 6.1 Lys van hulpstowwe

Onaktiewe bestanddele: Magnesium stearaat, HPMC, Vegan groente kapsules.

### 6.2 Onverenigbaarhede

Geen.

### 6.3 Rakleeftyd

2 Jaar.

### 6.4 Spesiale voorsorgmaatreëls vir bewaring

Bewaar benede 30 °C in ‘n koel droë plek. Hou buite bereik van kinders. Moet nie die produk na die vervaldatum aangedui op die houer gebruik nie. Die vervaldatum verwys na die laaste dag van die maand.

### 6.5 Samestelling en inhoud van die houer

Sportron Brein voedsel kapsules is ‘n deursigtige kapsule met ligte beige poeier in ‘n wit PET-glanshouer en ‘n wit geribde drukvoeringskap, wat 30 groente kapsules bevat.

**Spesiale voorsorgmaatreëls vir wegdoening**

Geen spesiale vereistes nie.

## 7. VOORGESTELDE HOUER VAN REGISTRASIESERTIFIKAAT

**Versprei deur:**

Sportron Group (Pty) Ltd

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157

Tel: +27 (11) 317 8500

www.sportron.co.za

**Naam en Adres van Houer van Registrasiesertifikaat**

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

## 8. REGISTRASIENOMMER(S)

Aansoek nommer: TBC deur SAHPRA

## 9. DATUM VAN EERSTE GOEDKEURING/HERNUWING VAN GOEDKEURING

TBA deur SAHPRA. Datum van hersiening: Maart 2026.