SPORTRON

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0

PROPRIETARY NAME (AND DOSAGE FORM):

Sportron Melotone Matrix

Active Ingredients per serving (10ml): Flax Seed Oil (Linum usitatissimum) 245 mg (containing: Oleic Acid 46.2 mg, Linoleic Acid 36.8 mg, Alpha-Linolenic Acid (ALA) 136.8 mg, Gamma-Linolenic Acid (GLA) 2.86 mg), Vitamin B1 (Thiamine) 1.2 mg, Vitamin B2 (Riboflavin) 1.3 mg, Vitamin B3 (Niacin) 16 mg, Vitamin B6 (Pyridoxine) 1.3 mg, Vitamin B12 (Cobalamin) 10 mcg, Vitamin C (Ascorbic Acid) 90 mg, Vitamin D3 (Cholecalciferol) 600 IU, Vitamin E (Tocopherol) 15 mg, Saffron Extract (Crocus sativus) 40 mg, Evening Primrose Oil (Oenothera biennis) 200 mg, Calcium Lactate 100 mg (containing 13 mg elemental Calcium), Magnesium Glycinate 122.5 mg (containing 17.3 mg elemental Magnesium), Zinc Oxide 10 mg (containing 8 mg elemental Zinc), Seaweed Extract (Ascophyllum nodosum) 10 mg, Glycine 100 mg, L-Carnitine 40 mg, Taurine 50 mg.

Category D: Complementary Medicine, D34.12. Health Supplements

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety, or intended use.

Read this leaflet carefully as it contains important information for you.

Sportron Melotone Matrix is available without a doctor's prescription for memory and cognitive health. Nevertheless, you still need to use Sportron Melotone Matrix carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Sportron Melotone Matrix with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.
- You must consult a doctor if your condition worsens or does not improve after 7 days.

What is in this leaflet:

1. **What Sportron Melotone Matrix is and what is it used for**
2. **What you need to know before you use Sportron Melotone Matrix**
3. **How to use Sportron Melotone Matrix**
4. **Possible side effects**
5. **How to store Sportron Melotone Matrix**
6. **Contents of the pack and other information**

1. WHAT SPORTRON MELOTONE MATRIX IS AND WHAT THEY ARE USED FOR

Sportron Melotone Matrix is used daily to support concentration, memory and cognitive health. This product may be used by adults aged 18 years and over.

2. WHAT YOU NEED TO KNOW BEFORE YOU USE SPORTRON MELOTONE MATRIX

- Do not use Sportron Melotone Matrix if you are hypersensitive (allergic) to any ingredients.
- If you are unsure if you should use Sportron Melotone Matrix, talk to your doctor or pharmacist.

Warnings and precautions:

Sportron Melotone Matrix is for ingestion only.

If you are taking prescription medication, consult a healthcare practitioner prior to use. If any unwanted/adverse effect develops, discontinue use and consult your doctor or pharmacist. Use is described in adults aged 18 years and older.

Tell your healthcare provider prior to use

- If you are taking any prescription medication
- If you are pregnant, trying to become pregnant or are breast-feeding ask your doctor or pharmacist for advice

Pregnancy and Breastfeeding

Sportron Melotone Matrix should not be used during pregnancy, and a healthcare provider should be consulted for advice prior to taking Sportron Melotone Matrix when breastfeeding.

Driving and using machines

Sportron Melotone Matrix has no known effect on an individual's ability to drive or operate machinery.

Taking other medicines or food and drink with Sportron Melotone Matrix

Always tell your healthcare provider if you are taking any other medicine. Sportron Melotone Matrix is not known to react badly with any type of food or drink but may affect absorption of nutrients and medications.

3. HOW TO USE SPORTRON MELOTONE MATRIX

The usual dose is:

Children 6 to 12 years of age:

5ml daily

Standard Adult dose and children above 12:

10ml daily or as directed by your health practitioner.

Method of administration:

Sportron Melotone Matrix is for ingestion only, with food.

If you take more Sportron Melotone Matrix than you should:

If anyone, especially a child, accidentally takes too much Sportron Melotone Matrix contact your doctor or local poison centre immediately. Sportron Melotone Matrix should not be used continuously for longer than one week. If symptoms persist consult your doctor. If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

If you forget to take a dose of Sportron Melotone Matrix:

Do not take a double dose to make up for forgotten individual doses.

4. POSSIBLE SIDE EFFECTS

None known. If any side effects are experienced, please tell your doctor or pharmacist.

Sportron Melotone Matrix is not known to react badly with any other medicines or any types of food or drink.

Should your general health worsen, or if you experience any untoward effects while using this product, please consult your doctor, pharmacist, or other health care professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist. You can also report side effects to SAHPRA via the 6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/. By reporting side effects, you can help provide more information on the safety of Sportron Melotone Matrix.

5. HOW TO STORE SPORTRON MELOTONE MATRIX

Store below 30 ˚C in a cool, dry place. Store out of reach of children. Store out of reach of children. Store in the original package / container. Do not store in a bathroom. Do not use after the expiry date printed on the bottle. The expiry date refers to the last day of that month. Do not use Sportron Melotone Matrix if you notice visible signs of deterioration. Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g., toilets). Shelf life: 2 years

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Sportron Melotone Matrix contains:

Active Ingredients per serving (10ml) : Flax Seed Oil (Linum usitatissimum) 245 mg (containing: Oleic Acid 46.2 mg, Linoleic Acid 36.8 mg, Alpha-Linolenic Acid (ALA) 136.8 mg, Gamma-Linolenic Acid (GLA) 2.86 mg), Vitamin B1 (Thiamine) 1.2 mg, Vitamin B2 (Riboflavin) 1.3 mg, Vitamin B3 (Niacin) 16 mg, Vitamin B6 (Pyridoxine) 1.3 mg, Vitamin B12 (Cobalamin) 10 mcg, Vitamin C (Ascorbic Acid) 90 mg, Vitamin D3 (Cholecalciferol) 600 IU, Vitamin E (Tocopherol) 15 mg, Saffron Extract (Crocus sativus) 40 mg, Evening Primrose Oil (Oenothera biennis) 200 mg, Calcium Lactate 100 mg (containing 13 mg elemental Calcium), Magnesium Glycinate 122.5 mg (containing 17.3 mg elemental Magnesium), Zinc Oxide 10 mg (containing 8 mg elemental Zinc), Seaweed Extract (Ascophyllum nodosum) 10 mg, Glycine 100 mg, L-Carnitine 40 mg, Taurine 50 mg.

Inactive ingredients: RO Water, EDTA2NA, Flavouring, Sodium Saccharin, Acesulfame K. Polysorbate 80, Sodium Benzoate, Potassium Sorbate, Glycerin, Citric Acid Carboxymethylcellulose.

What Sportron Melotone Matrix looks like and contents of the pack:

Sportron Melotone Matrix is a milky yellow liquid in a white flat neck bottle with a white flat top cap tamper strip, containing 250ml.

Distributed by:

Sportron Group (Pty) Ltd

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Name and Address of Holder of Certificate of Registration

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

This leaflet was last revised

February 2026

Registration/Application number

Application Number: TBC

Access to the corresponding Professional Information (PI): www.sportron.co.za

SPORTRON

PASIËNTINLIGTINGSPAMFLET

SKEDULERINGSTATUS: S0

EIENDOMSNAAM (STERKTE EN DOSEERVORM)

Sportron Melotone Matrix

Aktiewe bestanddele per porsie (10 ml): Vlassaadolie (Linum usitatissimum) 245 mg (bevat: Oleïensuur 46.2 mg, Linoleïensuur 36.8 mg, Alfa-linoleensuur (ALA) 136.8 mg, Gamma-linoleensuur (GLA) 2.86 mg), Vitamien B1 (Tiamien) 1.2 mg, Vitamien B2 (Riboflavien) 1.3 mg, Vitamien B3 (Niasien) 16 mg, Vitamien B6 (Piridoksien) 1.3 mg, Vitamien B12 (Kobalamien) 10 mcg, Vitamien C (Askorbiensuur) 90 mg, Vitamien D3 (Cholekalsiferol) 600 IE, Vitamien E (Tokoferol) 15 mg, Saffraan-ekstrak (Crocus sativus) 40 mg, Aandblomolie (Oenothera biennis) 200 mg, Kalsiumlaktaat 100 mg (bevat 13 mg elementêre kalsium), Magnesiumglisinaat 122.5 mg (bevat 17.3 mg elementêre magnesium), Sinkoksied 10 mg (bevat 8 mg elementêre sink), Seewier-ekstrak (Ascophyllum nodosum) 10 mg, Glisien 100 mg, L-karnitien 40 mg, Taurien 50 mg.

Kategorie D: Komplementêre Medisyne, D34.12. Gesondheid aanvullings

Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer ten opsigte van kwaliteit, veiligheid of voorgenome gebruik nie.

Lees dié hele pamflet aandagtig deur, dit bevat belangrike inligting.

Sportron Melotone Matrix is beskikbaar sonder ’n dokter se voorskrif vir geheue- en kognitiewe gesondheid. Nietemin moet Sportron Melotone Matrix steeds versigtig gebruik word om die beste resultate te verkry.

- Moenie hierdie pamflet weggooi nie. U mag dit moontlik weer moet lees.
- Moenie Sportron Melotone Matrix met enige ander person deel nie.
- Vra u gesondheidsorgverskaffer of apteker indien u meer inligting of advies benodig.
- Jy moet ‘n dokter raadpleeg as jou toestand vererger of nie verbeter na 7 dae nie.

WAT IS IN HIERDIE PAMFLET

1. **Wat Sportron Melotone Matrix is en waarvoor dit gebruik word.**
2. **Wat u moet weet voordat u Sportron Melotone Matrix gebruik.**
3. **Hoe om Sportron Melotone Matrix te gebruik.**
4. **Moontlike newe-effekte.**
5. **Bergings aanwysings vir Sportron Melotone Matrix.**
6. **Inhoud van die verpakking en ander inligting.**

1. WAT SPORTRON MELOTONE MATRIX IS EN WAARVOOR DIT GEBRUIK WORD:

Sportron Melotone Matrix word daagliks gebruik om konsentrasie, geheue en kognitiewe gesondheid te ondersteun. Hierdie produk kan deur volwassenes van 18 jaar en ouer gebruik word.

2. WAT U MOET WEET VOORDAT U SPORTRON MELOTONE MATRIX GEBRUIK:

- Moenie Sportron Melotone Matrix gebruik indien u hipersensitief (allergies) is vir enige van die bestanddele nie.
- Indien u onseker is om Sportron Melotone Matrix te gebruik, konsulteer u gesondheidsorgverskaffer of apteker.

WAARSKUWINGS EN VOORSORGMAATREËLS:

Sportron Melotone Matrix is slegs vir inname.

As u voorskrif medikasie neem, raadpleeg ’n gesondheidsorgpraktisyn voor gebruik. As enige ongewenste/nadelige effek ontwikkel, staak die gebruik en raadpleeg u dokter of apteker. Gebruik word beskryf in volwassenes van 18 jaar en ouer.

Vertel u gesondheidsorgverskaffer voor gebruik

- As jy enige voorskrif medikasie neem
- As jy swanger is, probeer om swanger te raak of borsvoed, vra jou dokter of apteker vir raad.

Swangerskap en borsvoeding

Sportron Melotone Matrix moet nie tydens swangerskap gebruik word nie en ‘n gesondheidsorgverskaffer moet geraadpleeg word vir advies voordat Sportron Melotone Matrix geneem word tydens borsvoeding.

Bestuur en gebruik van masjinerie

Sportron Melotone Matrix het geen bekende effek op ‘n individu se vermoë om te bestuur of masjinerie te bestuur nie.

Neem ander medisyne of kos en drank saam met Sportron Melotone Matrix

Vertel altyd jou gesondheidsorgverskaffer as jy enige ander medikasie neem. Dit is nie bekend dat Sportron Melotone Matrix sleg reageer met enige soorte kos of drank nie, maar kan die opname van voedingstowwe en medikasie beïnvloed.

3. HOE OM SPORTRON MELOTONE MATRIX TE GEBRUIK

Die gewone dosis is:

Kinders 6 tot 12 jaar oud:

5 ml daagliks

Standaard volwasse dosis en kinders ouer as 12 jaar:

10 ml daagliks of soos deur u gesondheidsorgpraktisyn aangedui.

Metode van toediening:

Sportron Melotone Matrix is slegs vir inname, saam met kos.

As jy meer Sportron Melotone Matrix neem as wat jy moet:

As iemand, veral ‘n kind per ongeluk te veel Sportron Melotone Matrix neem, kontak jou dokter of plaaslike gif sentrum onmiddellik. As jy ‘n dokter sien of om een of ander rede hospitaal toe moet gaan, vertel hulle watter medisyne jy neem.

As jy vergeet om ‘n dosis Sportron Melotone Matrix te neem:

Moenie ‘n dubbele dosis neem om op te maak vir vergete individuele dosisse nie.

4. MOONTLIKE NEWE-EFFEKTE:

Niks bekend nie. As enige newe-effekte ervaar word, vertel asseblief jou dokter of apteker.

Dit is nie bekend dat Sportron Melotone Matrix sleg reageer met enige ander medisyne of enige soorte kos of drank nie.

As jou algemene gesondheid vererger, of as jy enige ongewenste effekte ervaar terwyl jy hierdie produk gebruik, raadpleeg asseblief jou dokter, apteker of ander gesondheidswerker vir advies. As jy enige newe-effekte opmerk wat nie in hierdie pamflet genoem word nie, stel asseblief jou dokter of apteker in kennis. Jy kan ook newe-effekte aan SAHPRA rapporteer via die 6.04 “Adverse Drug Reaction Reporting Form”, wat aanlyn gevind word onder SAHPRA se publikasies: https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/. Deur newe-effekte aan te meld, kan jy help om meer inligting oor die veiligheid van Sportron Melotone Matrix te verskaf.

5. BERGINGSAANWYSINGS VIR SPORTRON MELOTONE MATRIX

Bewaar in ‘n koel, droëer plek, teen of benede 30 °C. Bêre buite bereik van kinders. Berg in die oorspronklike verpakking. Moet nie in ‘n badkamer bêre nie. Moet dit nie gebruik na die vervaldatum wat op die bottels gedruk is nie. Die vervaldatum verwys na die laaste dag van daardie maand. Moenie Sportron Melotone Matrix gebruik as jy sigbare tekens van agteruitgang opmerk nie. Stuur alle ongebruikte medisyne terug na jou apteker. Moenie ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) weggooi nie. Raklewe: 2 jaar.

6. INHOUD VAN DIE VERPAKKING EN ANDER INLIGTING

Wat Sportron Melotone Matrix bevat:

Aktiewe bestanddele per porsie (10 ml): Vlasaadolie (Linum usitatissimum) 245 mg (bevat: Oleïensuur 46.2 mg, Linolzuur 36.8 mg, Alpha-Linoleensuur (ALA) 136.8 mg, Gamma-Linoleensuur (GLA) 2.86 mg, Vitamien B1 (Thiamien) 1.2 mg, Vitamien B2 (Riboflavien) 1.3 mg, Vitamien B3 (Niacin) 16 mg, Vitamien B6 (Piridoksien) 1.3 mg, Vitamien B12 (Kobalamien) 10 mcg, Vitamien C (Askorbiensuur) 90 mg, Vitamien D3 (Cholecalciferol) 600 IU, Vitamien E (Tocopherol) 15 mg, Saffraan-ekstrak (Crocus sativus) 40 mg, Aandprimula-olie(Oenothera biennis) 200 mg, Kalsiumlaktaat 100 mg (bevat 13 mg elementêre kalsium bevat), Magnesiumglisinaat 122.5 mg (wat 17.3 mg elementêre Magnesium bevat), Sinkoksien 10 mg (wat 8 mg elementêre Sink bevat), Seewier-ekstrak (Ascophyllum nodosum) 10 mg, Glisien 100 mg, L-Karnitien 40 mg, Taurine 50 mg

Onaktiewe bestanddele: RO-water, EDTA2NA, geurmiddel, natriumsakkarien, asesulfaam K, polisorbate 80, natriumbensoaat, kaliumsorbaat, gliserien, karboksimetielsellulose, sitroensuur.

Voorkoms van Sportron Melotone Matrix en inhoud van die verpakking:

Sportron Melotone Matrix is ’n melkerige geel vloeistof in ’n wit plat nek bottel met ’n wit platdoppie en peuterstrook, wat 250 ml bevat.

Versprei deur:

Sportron Group (Pty) Ltd

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Naam en adres van houer van registrasiesertifikaat

Microbel Laboratories (Pty) Ltd

86 Gazelle Avenue, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

Datum van laaste hersiening

Februarie 2026

Registrasie/Aansoek nommer:

TBA.

Toegang tot ooreenstemmende Professionele Inligting (PI): www.sportron.co.za