PROFESSIONAL INFORMATION

Category D: human complementary medicine. This medicine has not been evaluated by the SAHPRA. This medicine is not intended to diagnose, treat, cure or prevent any disease.

SCHEDULING STATUS

S0

1. NAME OF THE MEDICINE

Swissgarde Multi Vite Men & Women Capsules

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Active Ingredients per serving (1 capsule): Vitamin C (Ascorbic Acid) 90 mg, Vitamin B3 (Niacin) 16 mg, Vitamin B5 (Pantothenic Acid) 5 mg, Vitamin B1 (Thiamine Hydrochloride) 1.20 mg, Vitamin B2 (Riboflavin) 1.30 mg, Vitamin B6 (Pyridoxine) 1.70 mg, Vitamin B7 (Biotin) 30 mcg, Vitamin B9 (Folic Acid) 235 mcg, Vitamin B12 (Cobalamin) 2.40 mcg, Vitamin A (Retinyl Palmitate) 3000 IU, Vitamin D (Cholecalciferol) 800 IU, Vitamin E (Tocopherol) 22 IU, Vitamin K2 (Menaquinone) 30 mcg, Calcium Carbonate 397 mg (containing 158.8 mg elemental Calcium), Iron Amino Acid Chelate 8.7 mg (containing 1.74 mg elemental Iron), Zinc Oxide 14 mg (containing 11.24 mg elemental Zinc), Chromium Picolinate 35 mcg (containing 4.34 mcg elemental Chromium), Mineral-Rich Seaweed Extract (Containing Manganese, Copper, Iodine, Molybdenum, Selenium, Boron & Phosphorus) 15 mg, Fucoidan (Fucus vesiculosus) 15 mg.

3. PHARMACEUTICAL FORM

Swissgarde Multi Vite Men & Women Capsules are veggie capsules containing white powder.

4. CLINICAL PARTICULARS

Category D: human complementary medicine. This medicine has not been evaluated by the SAHPRA. This medicine is not intended to diagnose, treat, cure or prevent any disease.

4.1. Therapeutic Indications

Swissgarde Multi Vite Men & Women Capsules are used to boost energy, strengthen immunity and support overall being.

4.2. Posology and method of administration

Posology

Standard Adult dose:

Take one capsule per day with a meal or as directed by your health practitioner.

Method of administration

Swissgarde Multi Vite Men & Women Capsules should be taken orally, with food.

4.3. Contraindications

Avoid if allergic or sensitive to any of the listed ingredients. Do not exceed recommended dosage(s).

4.4. Special warnings and precautions for use

Swissgarde Multi Vite Men & Women Capsules must not be used if hypersensitive (allergic) to any ingredients.

4.5. Interaction with other medicines and other forms of interaction

If you are taking prescription medication, consult a healthcare practitioner prior to use. Swissgarde Multi Vite Men & Women Capsules are not known to react badly with any types of medicines, or food or drink.

4.6. Fertility, pregnancy and lactation

Swissgarde Multi Vite Men & Women Capsules should not be used during pregnancy, and a healthcare provider should be consulted for advice prior to taking Swissgarde Multi Vite Men & Women Capsules when breastfeeding.

4.7. Effects on ability to drive and use machines.

No effects on the ability to drive and use machines has been reported.

4.8. Undesirable effects

None known. Should general health worsen, or if any untoward effects are experienced while using this product, please consult a doctor, pharmacist, or other health care professional for advice.

4.9. Overdose

If you take more Swissgarde Multi Vite Men & Women Capsules than you should:

If anyone, especially a child, accidentally takes too much Swissgarde Multi Vite Men & Women Capsules contact your doctor or local poison centre immediately. If symptoms persist consult your doctor. If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

5. PHARMACOLOGICAL PROPERTIES

5.1. Pharmacodynamic properties

Category D34.12. Health Supplements. Swissgarde Multi Vite Men & Women Capsules contain substances to boost energy, strengthen immunity and support overall being.

5.2. Pharmacokinetic properties

There is no pharmacokinetic data available on the active ingredients via the route of administration described.

5.3. Preclinical safety data

There is no preclinical safety data available on the active ingredients via the route of administration described.

6. PHARMACEUTICAL PARTICULARS

6.1. List of excipients

Inactive ingredients: Magnesium Stearate, HPMC Vegan Vegetable Capsules.

6.2. Incompatibilities: None

6.3. Shelf life

2 years

6.4. Special precautions for storage

Store below 30 ˚C in a cool, dry place. Store out of reach of children. Do not use after the expiry date stated on the bottle. The expiry date refers to the last day of the month.

6.5. Nature and contents of container

Swissgarde Multi Vite Men & Women Capsules are a clear capsule with white powder in a white container with a white pressure liner cap, containing 30 veggie-capsules.

Special precautions for disposal

No special requirements.

7. PROPOSED HOLDER OF CERTIFICATE OF REGISTRATION

Distributed by:

Sportron Group (Pty) Ltd

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Name and Address of Holder of Certificate of Registration

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

8. REGISTRATION NUMBER(S)

Application Number: TBC by SAHPRA

9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

TBA by SAHPRA. Date of Revision: March 2026

PROFESSIONELE INLIGTING

Kategorie D: Menslike komplementêre medisyne. Hierdie medisyne is nog nie deur SAHPRA geëvalueer nie. Die doel van hierdie medisyne is nie om enige siekte te diagnoseer, behandel, genees of te voorkom nie.

SKEDULERINGSTATUS

S0

1. NAAM VAN MEDIKASIE

Swissgarde Multi Vite Mans & Vroue Kapsules

2. KWALITATIEWE EN KWANTITATIEWE SAMESTELLING

Aktiewe bestanddele per porsie (1 kapsule): Vitamien C (Askorbiensuur) 90 mg, Vitamien B3 (Niacin) 16 mg, Vitamien B5 (Pantotheniese Suur) 5 mg, Vitamien B1 (Tiamienhidrochloried) 1.20 mg, Vitamien B2 (Riboflavien) 1.30 mg, Vitamien B6 (Piridoksien) 1.70 mg, Vitamien B7 (Biotien) 30 mcg, Vitamien B9 (Foliensuur) 235 mcg, Vitamien B12 (Kobalamien) 2.40 mcg, Vitamien A (Retinylpalmitaat) 3000 IE, Vitamien D (Cholecalciferol) 800 IE, Vitamien E (Tocopherol) 22 IE, Vitamien K2 (Menaquinone) 30 mcg, Kalsiumkarbonaat 397 mg (bevat 158,8 mg elementêre kalsium), Ysteraminosuur Chelate 8,7 mg (bevat 1,74 mg elementêre yster), Sinkoksied 14 mg (bevat 11,24 mg elementêre sink), Chroompikolinaat 35 mcg (bevat 4,34 mcg elementêre chroom), Mineraalryke Seewier-ekstrak (bevat mangaan, koper, jodium, molibdeen, Seleenium, boor en fosfor) 15 mg, Fucoidan (Fucus vesiculosus) 15 mg.

3. FARMASEUTIESE DOSEERVORM

Swissgarde Multi-Vite Mans & Vroue Kapsules is groente kapsules wat wit poeier bevat.

4. KLINIESE BESONDERHEDE

Kategorie D: Menslike komplementêre medisyne. Hierdie medisyne is nog nie deur SAHPRA geëvalueer nie. Die doel van hierdie medisyne is nie om enige siekte te diagnoseer, behandel, genees of te voorkom nie.

4.1 Terapeutiese Indikasies

Swissgarde Multi-Vite Men- en Vroue kapsules word gebruik om energie te verhoog, immuniteit te versterk en algehele welstand te ondersteun.

4.2 Dosering En Metode Van Toediening

Dosering

Volwassenes:

Standaard volwasse dosis: Neem een kapsule per dag saam met 'n ete of soos deur jou gesondheidspraktisyn voorgeskryf

Metode van toediening

Swissgarde Multi Vite Men- en Vroue kapsules moet mondelings geneem word, saam met kos.

4.3 Kontra-indikasies

Vermy as allergies of sensitief vir enige van die genoemde bestanddele. Moenie die aanbevole dosis(se) oorskry nie.

4.4 Waarskuwings en spesiale voorsorgmaatreëls

Swissgarde Multi Vite Men- en Vroue kapsules moet nie gebruik word as u hipersensitief (allergies) is vir enige bestanddele nie.

4.5 Interaksies met ander medisyne en ander tipe interaksies

As jy voorskrif medikasie neem, raadpleeg ‘n gesondheidsorgpraktisyn voor gebruik. Dit is nie bekend dat Swissgarde Multi Vite Men- en Vroue kapsules sleg reageer met enige tipe medisyne, of kos of drank nie.

4.6 Vrugbaarheid, swangerskap en borsvoeding

Swissgarde Multi Vite Men- en Vroue kapsules moet nie tydens swangerskap gebruik word nie en ‘n gesondheidsorgverskaffer moet geraadpleeg word vir advies voordat Swissgarde Multi Vite Men- en Vroue kapsules geneem word tydens borsvoeding.

4.7 Effek op die vermoë om te bestuur en masjinerie te gebruik

Geen effekte op die vermoë om te bestuur of om masjinerie te gebruik is aangemeld nie

4.8 Newe-effekte

Geen bekend. Indien u algemene gesondheid versleg, of indien u enige newe-effekte ervaar tydens die gebruik van hierdie produk, moet jou dokter, apteker of ander gesondheidsorgverskaffer vir advies geraadpleeg word.

4.9 Oordosering

As hy meer Swissgarde Multi Vite Men- en Vroue kapsules neem as wat jy moet:

As iemand, veral ‘n kind per ongeluk te veel Swissgarde Multi Vite Men- en Vroue kapsules neem, kontak jou dokter of plaaslike gif sentrum onmiddellik. As simptome voortduur, raadpleeg jou dokter. As jy ‘n dokter sien of om een of ander rede hospitaal toe moet gaan, vertel hulle watter medisyne jy neem.

5. FARMAKOLOGIESE EIENSKAPPE

5.1 Farmakodinamiese eienskappe

Kategorie D34.12. Gesondheid aanvullings. Swissgarde Multi Vite Men- en Vroue kapsules bevat stowwe om energie te verhoog, immuniteit te versterk en algehele welstand te ondersteun.

5.2 Farmakokinetiese eienskappe

Daar is geen farmakokinetiese data beskikbaar oor die aktiewe bestanddele via die toedienings roete wat beskryf word nie.

5.3 Pre-kliniese gesondheidsdata

Daar is geen prekliniese veiligheids data beskikbaar oor die aktiewe bestanddele via die toedienings roete wat beskryf word nie.

6. FARMASEUTIESE BESONDERHEDE

6.1 Lys van hulpstowwe

Onaktiewe bestanddele: Magnesiumstearaat, HPMC-kapsules.

6.2 Onverenigbaarhede

Geen.

6.3 Rakleeftyd

2 Jaar.

6.4 Spesiale voorsorgmaatreëls vir bewaring

Bewaar benede 30 °C in ‘n koel droë plek. Hou buite bereik van kinders. Moet nie die produk na die vervaldatum aangedui op die houer gebruik nie. Die vervaldatum verwys na die laaste dag van die maand.

6.5 Samestelling en inhoud van die houer

Swissgarde Multi Vite Men- en Vroue kapsules is ‘n deursigtige kapsule met wit poeier in ‘n wit houer met ‘n wit druk voerings kapsule, wat 30 groente kapsules bevat.

Spesiale voorsorgmaatreëls vir wegdoening

Geen spesiale vereistes nie.

7. VOORGESTELDE HOUER VAN REGISTRASIESERTIFIKAAT

Versprei deur:

Sportron Group (Pty) Ltd

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Naam en Adres van Houer van Registrasiesertifikaat

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

8. REGISTRASIENOMMER(S)

Aansoek nommer: TBC deur SAHPRA

9. DATUM VAN EERSTE GOEDKEURING/HERNUWING VAN GOEDKEURING

TBA deur SAHPRA. Datum van hersiening: Maart 2026.