SPORTRON

# PATIENT INFORMATION LEAFLET

**SCHEDULING STATUS:** S0

**PROPRIETARY NAME (AND DOSAGE FORM):**

Sportron Omegatone Matrix

Active Ingredients per serving (10ml): Flax Seed Oil (Linum usitatissimum) 485 mg (containing: Alpha-Linolenic Acid (ALA) 265 mg), Vitamin D3 (Cholecalciferol) 300 IU, Vitamin E (Tocopherol) 15 mg, Vitamin K2 (Menaquinone) 30 mcg.

**Category D: Complementary Medicine, D34.12. Health Supplements**

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety, or intended use.

**Read this leaflet carefully as it contains important information for you.**

Sportron Omegatone Matrix is available without a doctor's prescription for overall wellness. Nevertheless, you still need to use Sportron Omegatone Matrix carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Sportron Omegatone Matrix with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.
- You must consult a doctor if your condition worsens or does not improve after 7 days.

**What is in this leaflet:**


1. **What Sportron Omegatone Matrix is and what is it used for**
2. **What you need to know before you use Sportron Omegatone Matrix**
3. **How to use Sportron Omegatone Matrix**
4. **Possible side effects**
5. **How to store Sportron Omegatone Matrix**
6. **Contents of the pack and other information**


## 1. WHAT SPORTRON OMEGATONE MATRIX IS AND WHAT THEY ARE USED FOR

Sportron Omegatone Matrix is used daily to support overall wellness. This product may be used by adults aged 18 years and over.

## 2. WHAT YOU NEED TO KNOW BEFORE YOU USE SPORTRON OMEGATONE MATRIX

- Do not use Sportron Omegatone Matrix if you are hypersensitive (allergic) to any ingredients.

- If you are unsure if you should use Sportron Omegatone Matrix, talk to your doctor or pharmacist.

**Warnings and precautions:**

Sportron Omegatone Matrix is for ingestion only.

If you are taking prescription medication, consult a healthcare practitioner prior to use. If any unwanted/adverse effect develops, discontinue use and consult your doctor or pharmacist. Use is described in adults aged 18 years and older.

**Tell your healthcare provider prior to use**

- If you are taking any prescription medication
- If you are pregnant, trying to become pregnant or are breast-feeding ask your doctor or pharmacist for advice

**Pregnancy and Breastfeeding**

Sportron Omegatone Matrix should not be used during pregnancy, and a healthcare provider should be consulted for advice prior to taking Sportron Omegatone Matrix when breastfeeding.

**Driving and using machines**

Sportron Omegatone Matrix has no known effect on an individual's ability to drive or operate machinery.

**Taking other medicines or food and drink with Sportron Omegatone Matrix**

Always tell your healthcare provider if you are taking any other medicine. Sportron Omegatone Matrix is not known to react badly with any type of food or drink but may affect absorption of nutrients and medications.

## 3. HOW TO USE SPORTRON OMEGATONE MATRIX

**The usual dose is:**

Children 5 to 12 years of age:

5ml daily

Standard Adult dose and children above 12:

10ml daily or as directed by your health practitioner.

**Method of administration:**

Sportron Omegatone Matrix is for ingestion only.

**If you take more Sportron Omegatone Matrix than you should:**

If anyone, especially a child, accidentally takes too much Sportron Omegatone Matrix contact your doctor or local poison centre immediately. Sportron Omegatone Matrix should not be used continuously for longer than one week. If symptoms persist consult your doctor. If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

**If you forget to take a dose of Sportron Omegatone Matrix:**

Do not take a double dose to make up for forgotten individual doses.

## 4. POSSIBLE SIDE EFFECTS

None known. If any side effects are experienced, please tell your doctor or pharmacist.

Sportron Omegatone Matrix is not known to react badly with any other medicines or any types of food or drink.

Should your general health worsen, or if you experience any untoward effects while using this product, please consult your doctor, pharmacist, or other health care professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist. You can also report side effects to SAHPRA via the 6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/ . By reporting side effects, you can help provide more information on the safety of Sportron Omegatone Matrix.

## 5. HOW TO STORE SPORTRON OMEGATONE MATRIX

Store below 30 ˚C in a cool, dry place. Store out of reach of children. Store out of reach of children. Store in the original package / container. Do not store in a bathroom. Do not use after the expiry date printed on the bottle. The expiry date refers to the last day of that month. Do not use Sportron Omegatone Matrix if you notice visible signs of deterioration. Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g., toilets). Shelf life: 2 years

## 6. CONTENTS OF THE PACK AND OTHER INFORMATION

**What Sportron Omegatone Matrix contains:**

Active Ingredients per serving (10ml): Flax Seed Oil (Linum usitatissimum) 485 mg (containing: Alpha-Linolenic Acid (ALA) 265 mg), Vitamin D3 (Cholecalciferol) 300 IU, Vitamin E (Tocopherol) 15 mg, Vitamin K2 (Menaquinone) 30 mcg.

Inactive ingredients: RO Water, Citric Acid, EDTA2NA, Flavoring, Sodium Saccharin, Acesulfame K. Polysorbate 80, Sodium Benzoate, Potassium Sorbate, Glycerin, Carboxymethylcellulose, Xanthan Gum, Sodium Citrate, Menthol.

**What Sportron Omegatone Matrix looks like and contents of the pack:**

Sportron Omegatone Matrix is a creamy light brown liquid in a white flat neck bottle with a white flat top cap tamper strip, containing 250ml.

**Distributed by:**

Sportron Group (Pty) Ltd

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

**Name and Address of Holder of Certificate of Registration**

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

**This leaflet was last revised**

February 2026

**Registration/Application number**

Application Number: TBC

Access to the corresponding Professional Information (PI): www.sportron.co.za

SPORTRON

# PASIËNTINLIGTINGSPAMFLET

**SKEDULERINGSTATUS:** S0

## EIENDOMSNAAM (STERKTE EN DOSEERVORM)

Sportron Omegatone Matrix

Aktiewe bestanddele per porsie (10ml): Vlasaadolie (Linum usitatissimum) 485 mg (bevat: Alfa Linoleensuur (ALA) 265 mg), Vitamien D3 (Cholecalciferol) 300 IE, Vitamien E (Tocopherol) 15 mg, Vitamien K2 (Menaquinone) 30 mcg.

**Kategorie D: Komplementêre Medisyne. D 34.12. Gesondheid aanvullings.**

Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer ten opsigte van kwaliteit, veiligheid of voorgenome gebruik nie.

**Lees dié hele pamflet aandagtig deur, dit bevat belangrike inligting.**

Sportron Omegatone Matrix is beskikbaar sonder ‘n voorskrif van die dokter, vir spysvertering ondersteuning. Nietemin, Sportron Omegatone Matrix moet nogtans versigtig gebruik word om die beste resultate te verkry.

- Moenie hierdie pamflet weggooi nie. U mag dit moontlik weer moet lees.
- Moenie Sportron Omegatone Matrix met enige ander persoon deel nie.
- Vra u gesondheidsorgverskaffer of apteker indien u meer inligting of advies benodig.
- Jy moet ‘n dokter raadpleeg as jou toestand vererger of nie verbeter na 7 dae nie.

## WAT IS IN HIERDIE PAMFLET


1. **Wat Sportron Omegatone Matrix is en waarvoor dit gebruik word.**
2. **Wat u moet weet voordat u Sportron Omegatone Matrix gebruik.**
3. **Hoe om Sportron Omegatone Matrix te gebruik.**
4. **Moontlike newe-effekte.**
5. **Bergings aanwysings vir Sportron Omegatone Matrix.**
6. **Inhoud van die verpakking en ander inligting.**


## 1. WAT SPORTRON OMEGATONE MATRIX IS EN WAARVOOR DIT GEBRUIK WORD:

Sportron Omegatone Matrix word daagliks gebruik om algehele welstand te ondersteun. Hierdie produk kan deur volwassenes van 18 jaar en ouer gebruik word.

## 2. WAT U MOET WEET VOORDAT SPORTRON OMEGATONE MATRIX GEBRUIK WORD:

- Moenie **Sportron Omegatone Matrix** gebruik indien u hipersensitief (allergies) is vir engine bestandele.

- Indien u onseker is om Sportron Omegatone Matrix te gebruik, konsulteer u gesondheidsorgverskaffer of apteker.

**Waarskuwings en voorsorgmaatreëls:**

Sportron Omegatone Matrix is slegs vir inname.

As u voorskrif medikasie neem, raadpleeg ‘n gesondheidsorgpraktisyn voor gebruik. As enige ongewenste / adellike effek ontwikkel, staak die gebruik en raadpleeg jou dokter of apteker. Gebruik word beskryf in volwassenes van 18 jaar en ouer.

**Vertel jou gesondheidsorg voor gebruik**

- As jy enige voorskrif medikasie neem
- As jy swanger is, probeer om swanger te raak of borsvoed, vra jou dokter of apteker vir raad.

**Swangerskap en borsvoeding**

Sportron Omegatone Matrix moet nie tydens swangerskap gebruik word nie en ‘n gesondheidsorgverskaffer moet geraadpleeg word vir advies voordat Sportron Omegatone Matrix geneem word tydens borsvoeding.

**Bestuur en gebruik van masjinerie**

Sportron Omegatone Matrix het geen bekende effek op ‘n individu se vermoë om te bestuur of masjinerie te bestuur nie.

**Neem ander medisyne of kos en drank saam met Sportron Omegatone Matrix**

Vertel altyd jou gesondheidsorgverskaffer as jy enige ander medikasie neem. Dit is nie bekend dat Sportron Omegatone Matrix sleg reageer met enige soorte kos of drank nie, maar kan die opname van voedingstowwe en medikasie beïnvloed.

## 3. HOE OM SPORTRON OMEGATONE MATRIX TE GEBRUIK

**Die gewone dosis is:**

Kinders 5 tot 12 jaar van ouderdom:

5ml daagliks

Standaard volwasse dosis en kinders bo 12 jaar van ouderdom:

10 ml daagliks of soos deur jou gesondheidspraktisyn voorgeskryf

**Metode van toediening:**

Sportron Omegatone Matrix is slegs vir inname.

**As jy meer Sportron Omegatone Matrix neem as wat jy moet:**

As iemand, veral ‘n kind per ongeluk te veel Sportron Omegatone Matrix neem, kontak jou dokter of plaaslike gif sentrum onmiddellik. Sportron Omegatone Matrix moet nie langer as een week aaneenlopend gebruik word nie. As simptome voortduur, raadpleeg jou dokter. As jy ‘n dokter sien of om een of ander rede hospitaal toe moet gaan, vertel hulle watter medisyne jy neem.

**As jy vergeet om ‘n dosis Sportron Omegatone Matrix te neem:**

Moenie ‘n dubbele dosis neem om op te maak vir vergete individuele dosisse nie.

## 4. MOONTLIKE NEWE-EFFEKTE:

Niks bekend nie. As enige newe-effekte ervaar word, vertel asseblief jou dokter of apteker.

Dit is nie bekend dat Sportron Omegatone matrix sleg reageer met enige ander medisyne of enige soorte kos of drank nie.

As jou algemene gesondheid vererger, of as jy enige ongewenste effekte ervaar terwyl jy hierdie produk gebruik, raadpleeg asseblief jou dokter, apteker of ander gesondheidswerker vir advies. As jy enige newe-effekte opmerk wat nie in hierdie pamflet genoem word nie, stel asseblief jou dokter of apteker in kennis. Jy kan ook newe-effekte aan SAHPRA rapporteer via die 6.04 “Adverse Drug Reaction Reporting Form”, wat aanlyn gevind word onder SAHPRA se publikasies: https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/ . Deur newe-effekte aan te meld, kan jy help om meer inligting oor die veiligheid van Sportron Omegatone Matrix te verskaf.

## 5. BERGINGSAANWYSINGS VIR SPORTRON OMEGATONE MATRIX

Bewaar in ‘n koel, droë plek, teen of benede 30 °C. Bêre buite bereik van kinders. Berg in die oorspronklike verpakking. Moet nie in ‘n badkamer bêre nie. Moet dit nie gebruik na die vervaldatum wat op die bottels gedruk is nie. Die vervaldatum verwys na die laaste dag van daardie maand. Moenie Sportron Omegatron Matrix gebruik as jy sigbare tekens van agteruitgang opmerk nie. Stuur alle ongebruikte medisyne terug na jou apteker. Moenie ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) weggooi nie. Raklewe: 2 jaar.

## 6. INHOUD VAN DIE VERPAKKING EN ANDER INLIGTING

**Wat Sportron Omegatone Matrix bevat**

Aktiewe bestanddele per porsie (10ml): Vlasaadolie (Linum usitatissimum) 485 mg (bevat: Alfa Linoleensuur (ALA) 265 mg), Vitamien D3 (Cholecalciferol) 300 IE, Vitamien E (Tocopherol) 15 mg, Vitamien K2 (Menaquinone) 30 mcg.

Onaktiewe bestanddele: RO-water, sitroensuur, EDTA2NA, geurmiddels, natriumsakkarien, asesulfaam K. polisorbaat 80, natriumbenzoaat, kaliumsorbat, gliserien, karboksimetielsellulose, Xantaangom, Natriumsitraat, Mentol.

**Voorkoms van Sportron Omegatone Matrix en inhoud van die verpakking:**

Sportron Omegatone Matrix is 'n romerige ligbruin vloeistof in 'n wit platnekbottel met 'n wit plat deksel stamperstrip, wat 250ml bevat.

**Versprei deur:**

Sportron Group (Pty) Ltd

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

N**aam en adres van houer van registrasiesertifikaat**

Microbel Laboratories (Pty) Ltd

86 Gazelle Avenue, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

**Datum van laaste hersiening**

Februarie 2026

**Registrasie/Aansoek nommer:**

TBA.

**Toegang tot ooreenstemmende Professionele Inligting (PI):** www.sportron.co.za