SPORTRON

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0

PROPRIETARY NAME (AND DOSAGE FORM):

Sportron Respitron Matrix

Active Ingredients per serving (2,5ml): Ivy Leaf Extract (Hedera helix) 17.5 mg, Licorice Root Extract (Glycyrrhiza glabra) 5 mg, Echinacea Extract (Echinacea spp.) 10 mg, Vitamin B1 (Thiamine) 0.6 mg, Vitamin B2 (Riboflavin) 1 mg, Vitamin B5 (Pantothenic Acid) 2.5 mg, Vitamin B6 (Pyridoxine) 0.85 mg, Vitamin B12 (Cobalamin) 1.5 mcg, Vitamin C (Ascorbic Acid) 25 mg, Zinc Oxide (Zinc Oxide) 5 mg, L-Tyrosine (L-Tyrosine) 5 mg, Apple Cider Vinegar (Malus domestica fermented vinegar) 5 mg, Beta-Carotene (Beta-Carotene, Provitamin A Carotenoid) 0.55 mg, Eyebright (Euphrasia officinalis) 10 mg.

Category D: Complementary Medicine, D34.12. Health Supplements

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety, or intended use.

Read this leaflet carefully as it contains important information for you.

Sportron Respitron Matrix is available without a doctor's prescription for the respiratory system health. Nevertheless, you still need to use Sportron Respitron Matrix carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Sportron Respitron Matrix with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.
- You must consult a doctor if your condition worsens or does not improve after 7 days.

What is in this leaflet:

1. **What Sportron Respitron Matrix is and what is it used for**
2. **What you need to know before you use Sportron Respitron Matrix**
3. **How to use Sportron Respitron Matrix**
4. **Possible side effects**
5. **How to store Sportron Respitron Matrix**
6. **Contents of the pack and other information**

1. WHAT SPORTRON RESPITRON MATRIX IS AND WHAT THEY ARE USED FOR

Sportron Respitron Matrix is used daily to support the respiratory system health. This product may be used by adults aged 18 years and over.

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2. WHAT YOU NEED TO KNOW BEFORE YOU USE SPORTRON RESPITRON MATRIX

- Do not use Sportron Respitron Matrix if you are hypersensitive (allergic) to any ingredients.
- If you are unsure if you should use Sportron Respitron Matrix, talk to your doctor or pharmacist.

Warnings and precautions:

Sportron Respitron Matrix is for ingestion only.

If you are taking prescription medication, consult a healthcare practitioner prior to use. If any unwanted/adverse effect develops, discontinue use and consult your doctor or pharmacist. Use is described in adults aged 18 years and older.

Tell your healthcare provider prior to use

- If you are taking any prescription medication
- If you are pregnant, trying to become pregnant or are breast-feeding ask your doctor or pharmacist for advice

Pregnancy and Breastfeeding

Sportron Respitron Matrix should not be used during pregnancy, and a healthcare provider should be consulted for advice prior to taking Sportron Respitron Matrix when breastfeeding.

Driving and using machines

Sportron Respitron Matrix has no known effect on an individual's ability to drive or operate machinery.

Taking other medicines or food and drink with Sportron Respitron Matrix

Always tell your healthcare provider if you are taking any other medicine. Sportron Respitron Matrix is not known to react badly with any type of food or drink but may affect absorption of nutrients and medications.

3. HOW TO USE SPORTRON RESPITRON MATRIX

The usual dose is:

Children 4 to 6 years of age:

2,5ml daily

Children 7 to 12 years of age:

2,5ml once or twice a day

Standard Adult dose and children above 12:

5ml once or twice a day or as directed by your health practitioner.

Method of administration:

Sportron Respitron Matrix is for ingestion only.

If you take more Sportron Respitron Matrix than you should:

If anyone, especially a child, accidentally takes too much Sportron Respitron Matrix contact your doctor or local poison centre immediately. Sportron Respitron Matrix should not be used continuously for longer than one week. If symptoms persist consult your doctor. If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

If you forget to take a dose of Sportron Respitron Matrix:

Do not take a double dose to make up for forgotten individual doses.

4. POSSIBLE SIDE EFFECTS

None known. If any side effects are experienced, please tell your doctor or pharmacist.

Sportron Respitron Matrix is not known to react badly with any other medicines or any types of food or drink.

Should your general health worsen, or if you experience any untoward effects while using this product, please consult your doctor, pharmacist, or other health care professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist. You can also report side effects to SAHPRA via the 6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/. By reporting side effects, you can help provide more information on the safety of Sportron Respitron Matrix.

5. HOW TO STORE SPORTRON RESPITRON MATRIX

Store below 30 ˚C in a cool, dry place. Store out of reach of children. Store out of reach of children. Store in the original package / container. Do not store in a bathroom. Do not use after the expiry date printed on the bottle. The expiry date refers to the last day of that month. Do not use Sportron Respitron Matrix if you notice visible signs of deterioration. Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g., toilets). Shelf life: 2 years

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6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Sportron Respitron Matrix contains: Each 2,5ml contains:

Active Ingredients per serving (2,5ml): Ivy Leaf Extract (Hedera helix) 17.5 mg, Licorice Root Extract (Glycyrrhiza glabra) 5 mg, Echinacea Extract (Echinacea spp.) 10 mg, Vitamin B1 (Thiamine) 0.6 mg, Vitamin B2 (Riboflavin) 1 mg, Vitamin B5 (Pantothenic Acid) 2.5 mg, Vitamin B6 (Pyridoxine) 0.85 mg, Vitamin B12 (Cobalamin) 1.5 mcg, Vitamin C (Ascorbic Acid) 25 mg, Zinc Oxide (Zinc Oxide) 5 mg, L-Tyrosine (L-Tyrosine) 5 mg, Apple Cider Vinegar (Malus domestica fermented vinegar) 5 mg, Beta-Carotene (Beta-Carotene, Provitamin A Carotenoid) 0.55 mg, Eyebright (Euphrasia officinalis) 10 mg.

Inactive ingredients: RO Water, Carboxymethylcellulose, Glycerin, Sodium Benzoate, Potassium Sorbate, EDTA2NA, Citric Acid, Sorbitol, Sodium Saccharin, Flavouring, Colourant, Sodium Citrate.

What Sportron Respitron Matrix looks like and contents of the pack:

Sportron Respitron Matrix is a bright orange liquid in a white flat neck bottle with a white flat top cap tamper strip, containing 250ml.

Distributed by:

Sportron Group (Pty) Ltd

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Name and Address of Holder of Certificate of Registration

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

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This leaflet was last revised

February 2026

Registration/Application number

Application Number: TBC

Access to the corresponding Professional Information (PI): www.sportron.co.za

SPORTRON

PASIËNTINLIGTINGSPAMFLET

SKEDULERINGSTATUS: S0

EIENDOMSNAAM (STERKTE EN DOSEERVORM)

Sportron Respitron Matrix

Aktiewe bestanddele per porsie (2,5ml): Klimopblaar-ekstrak (Hedera helix) 17,5 mg, Dropwortel-ekstrak (Glycyrrhiza glabra) 5 mg, Echinacea-ekstrak (Echinacea spp.) 10 mg, Vitamien B1 (Thiamien) 0,6 mg, Vitamien B2 (Riboflavien) 1 mg, Vitamien B5 (Pantotheniese Suur) 2,5 mg, Vitamien B6 (Piridoksien) 0,85 mg, Vitamien B12 (Kobalamien) 1,5 mcg, Vitamien C (Askorbiensuur) 25 mg, Sinkoksied (Sinkoksied) 5 mg, L-Tirosien (L-Tirosien) 5 mg, Appelciderasyn (Malus domestica gefermenteerde asyn) 5 mg, Beta-Karoteen (Beta-Karoteen, Provitamien A Karotenoïed) 0.55 mg, Eyebright (Euphrasia officinalis) 10 mg.

Kategorie D: Komplementêre Medisyne. D 34.12. Gesondheid aanvulling.

Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer ten opsigte van kwaliteit, veiligheid of voorgenome gebruik nie.

Lees dié hele pamflet aandagtig deur, dit bevat belangrike inligting.

Sportron Respitron Matrix is beskikbaar sonder ‘n voorskrif van die dokter, vir respiratoriese stelsel gesondheid. Nietemin, Sportron Respitron Matrix moet nogtans versigtig gebruik word om die beste resultate te verkry.

- Moenie hierdie pamflet weggooi nie. U mag dit moontlik weer moet lees.
- Moenie Sportron Respitron Matrix met enige ander persoon deel nie.
- Vra u gesondheidsorgverskaffer of apteker indien u meer inligting of advies benodig.
- Jy moet ‘n dokter raadpleeg as jou toestand vererger of nie verbeter na 7 dae nie.

WAT IS IN HIERDIE PAMFLET

1. **Wat Sportron Respitron Matrix is en waarvoor dit gebruik word.**
2. **Wat u moet weet voordat u Sportron Respitron Matrix gebruik.**
3. **Hoe om Sportron Respitron Matrix te gebruik.**
4. **Moontlike newe-effekte.**
5. **Bergings aanwysings vir Sportron Respitron Matrix.**
6. **Inhoud van die verpakking en ander inligting.**

1. WAT SPORTRON RESPITRON MATRIX IS EN WAARVOOR DIT GEBRUIK WORD:

Sportron Respitron Matrix word daagliks gebruik om die gesondheid van die asemhalingstelsel te ondersteun. Hierdie produk kan deur volwassenes van 18 jaar en ouer gebruik word.

2. WAT U MOET WEET VOORDAT SPORTRON RESPITRON MATRIX GEBRUIK WORD:

- Moenie Sportron Respitron Matrix gebruik indien u hipersensitief (allergies) is vir enige bestanddele.
- Indien u onseker is om Sportron Respitron Matrix te gebruik, konsulteer u gesondheidsorgverskaffer of apteker.

Waarskuwings en voorsorgmaatreëls:

Sportron Respitron Matrix is slegs vir inname.

As u voorskrif medikasie neem, raadpleeg ‘n gesondheidsorgpraktisyn voor gebruik. As enige ongewenste / nadelige effek ontwikkel, staak die gebruik en raadpleeg jou dokter of apteker. Gebruik word beskryf in volwassenes van 18 jaar en ouer.

Vertel jou gesondheidsorg voor gebruik

- As jy enige voorskrif medikasie neem
- As jy swanger is, probeer om swanger te raak of borsvoed, vra jou dokter of apteker vir raad.

Swangerskap en borsvoeding

Sportron Respitron Matrix moet nie tydens swangerskap gebruik word nie en ‘n gesondheidsorgverskaffer moet geraadpleeg word vir advies voordat Sportron Respitron Matrix geneem word tydens borsvoeding.

Bestuur en gebruik van masjinerie

Sportron Respitron Matrix het geen bekende effek op ‘n individu se vermoë om te bestuur of masjinerie te bestuur nie.

Neem ander medisyne of kos en drank saam met Sportron Respitron Matrix

Vertel altyd jou gesondheidsorgverskaffer as jy enige ander medikasie neem. Dit is nie bekend dat Sportron Respitron Matrix sleg reageer met enige soorte kos of drank nie, maar kan die opname van voedingstowwe en medikasie beïnvloed.

3. HOE OM SPORTRON RESPITRON MATRIX TE GEBRUIK

Die gewone dosis is:

Kinders 4 tot 5 jaar van ouderdom:

2,5ml daagliks.

Kinders 7 tot 12 jaar van ouderdom:

2,5ml een tot twee keer per dag.

Standaard volwasse dosis en kinders bo 12 jaar van ouderdom:

5ml Een tot twee keer per dag of soos deur jou gesondheidspraktisyn voorgeskryf.

Metode van toediening:

Sportron Respitron Matrix is slegs vir inname.

As jy meer Sportron Respitron Matrix neem as wat jy moet:

As iemand, veral ‘n kind per ongeluk te veel Sportron Respitron Matrix neem, kontak jou dokter of plaaslike gif sentrum onmiddellik. Sportron Respitron Matrix moet nie langer as een week aaneenlopend gebruik word nie. As simptome voortduur, raadpleeg jou dokter. As jy ‘n dokter sien of om een of ander rede hospitaal toe moet gaan, vertel hulle watter medisyne jy neem.

As jy vergeet om ‘n dosis Sportron Respitron Matrix te neem:

Moenie ‘n dubbele dosis neem om op te maak vir vergete individuele dosisse nie.

4. MOONTLIKE NEWE-EFFEKTE:

Niks bekend nie. As enige newe-effekte ervaar word, vertel asseblief jou dokter of apteker.

Dit is nie bekend dat Sportron Respitron Matrix sleg reageer met enige ander medisyne of enige soorte kos of drank nie.

As jou algemene gesondheid vererger, of as jy enige ongewenste effekte ervaar terwyl jy hierdie produk gebruik, raadpleeg asseblief jou dokter, apteker of ander gesondheidswerker vir advies. As jy enige newe-effekte opmerk wat nie in hierdie pamflet genoem word nie, stel asseblief jou dokter of apteker in kennis. Jy kan ook newe-effekte aan SAHPRA rapporteer via die 6.04 “Adverse Drug Reaction Reporting Form”, wat aanlyn gevind word onder SAHPRA se publikasies: https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/. Deur newe-effekte aan te meld, kan jy help om meer inligting oor die veiligheid van Sportron Respitron Matrix te verskaf.

5. BERGINGSAANWYSINGS VIR SPORTRON RESPITRON MATRIX

Bewaar in ‘n koel, droë plek, teen of benede 30 °C. Bêre buite bereik van kinders. Berg in die oorspronklike verpakking. Moet nie in ‘n badkamer bêre nie. Moet dit nie gebruik na die vervaldatum wat op die bottels gedruk is nie. Die vervaldatum verwys na die laaste dag van daardie maand. Moenie Sportron Respitron Matrix gebruik as jy sigbare tekens van agteruitgang opmerk nie. Stuur alle ongebruikte medisyne terug na jou apteker. Moenie ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) weggooi nie. Raklewe: 2 jaar.

6. INHOUD VAN DIE VERPAKKING EN ANDER INLIGTING

Wat Sportron Respitron Matrix bevat

Aktiewe bestanddele per porsie (2,5ml): Klimopblaar-ekstrak (Hedera helix) 17,5 mg, Dropwortel-ekstrak (Glycyrrhiza glabra) 5 mg, Echinacea-ekstrak (Echinacea spp.) 10 mg, Vitamien B1 (Thiamien) 0,6 mg, Vitamien B2 (Riboflavien) 1 mg, Vitamien B5 (Pantotheniese Suur) 2,5 mg, Vitamien B6 (Piridoksien) 0,85 mg, Vitamien B12 (Kobalamien) 1,5 mcg, Vitamien C (Askorbiensuur) 25 mg, Sinkoksied (Sinkoksied) 5 mg, L-Tirosien (L-Tirosien) 5 mg, Appelciderasyn (Malus domestica gefermenteerde asyn) 5 mg, Beta-Karoteen (Beta-Karoteen, Provitamien A Karotenoïed) 0.55 mg, Eyebright (Euphrasia officinalis) 10 mg.

Onaktiewe bestanddele: RO-water, karboksimetielsellulose, gliserien, natriumbenzoaat, kaliumsorbate, EDTA2NA, sitroensuur, sorbitol, natriumsakkarien, geurmiddel, kleurmiddel, natriumsitraat.

Voorkoms van Sportron Respitron Matrix en inhoud van die verpakking:

Sportron Respitron Matrix is 'n helder oranje vloeistof in 'n wit plat nek bottel met 'n wit plat deksel tamperstrip, wat 250ml bevat.

Versprei deur:

Sportron Group (Pty) Ltd

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

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Naam en adres van houer van registrasiesertifikaat

Microbel Laboratories (Pty) Ltd

86 Gazelle Avenue, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

Datum van laaste hersiening

Februarie 2026

Registrasie/Aansoek nommer:

TBA.

Toegang tot ooreenstemmende Professionele Inligting (PI): www.sportron.co.za