SPORTRON

PROFESSIONAL INFORMATION

Category D: human complementary medicine. This medicine has not been evaluated by the SAHPRA. This medicine is not intended to diagnose, treat, cure or prevent any disease.

SCHEDULING STATUS

S0

1. NAME OF THE MEDICINE

Sportron 40+ Women Matrix capsules

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Active Ingredients per capsule: Dandelion (Taraxacum officinale) powder 240,2 mg; Lecithin powder - soy 100,0 mg; Vitamin A (Retinyl Palmitate) 900 IU; Vitamin E (Alpha tocopherol acetate) 22 IU; Vitamin D3 600 IU; Vitamin B1 (Thiamine) 1,2 mg; Vitamin B2 (Riboflavin) 1,3 mg; Vitamin B3 (Niacin) 16,0 mg; Vitamin B5 (Pantothenic acid) 5,0 mg; Vitamin B6 (Pyridoxine) 1,7 mg) Vitamin B9 (Folic Acid) 0,065 mg; Vitamin B12 (Cobalamine) 2,4 mcg; Biotin 0,035 mg; Vitamin C (Ascorbic Acid) 67,0 mg; Zinc Oxide 8,0 mg providing Elemental Zinc 6,4 mg; Magnesium Stearate 64 mg providing elemental Magnesium 6,31 mg.

3. PHARMACEUTICAL FORM

Sportron 40+ Women Matrix capsules are HPMC veggie capsules containing light brown powder.

4. CLINICAL PARTICULARS

Category D: human complementary medicine. This medicine has not been evaluated by the SAHPRA. This medicine is not intended to diagnose, treat, cure or prevent any disease.

4.1. Therapeutic Indications

Sportron 40+ Women Matrix capsules are used for supplementation for women.

4.2. Posology and method of administration

Posology

Adults: The usual dose is 1 capsule daily.

Method of administration

Sportron 40+ Women Matrix capsules should be taken once a day with food or as recommended by your Health Practitioner.

4.3. Contraindications

Avoid if allergic or sensitive to any of the listed ingredients. Do not exceed recommended dosage(s).

4.4. Special warnings and precautions for use

Sportron 40+ Women Matrix capsules must not be used if hypersensitive (allergic) to any ingredients.

4.5. Interaction with other medicines and other forms of interaction

If you are taking prescription medication, consult a healthcare practitioner prior to use. Sportron 40+ Women Matrix capsules are not known to react badly with any types of medicines, or food or drink.

4.6. Fertility, pregnancy and lactation

Sportron 40+ Women Matrix capsules should not be used during pregnancy, and a healthcare provider should be consulted for advice prior to taking Sportron 40+ Women Matrix capsules when breastfeeding.

4.7. Effects on ability to drive and use machines.

No effects on the ability to drive and use machines has been reported.

4.8. Undesirable effects

None known. Should general health worsen, or if any untoward effects are experienced while using this product, please consult a doctor, pharmacist, or other health care professional for advice.

4.9. Overdose

If you take more Sportron 40+ Women Matrix Capsules than you should:

If anyone, especially a child, accidentally takes too much Sportron 40+ Women Matrix Capsules contact your doctor or local poison centre immediately. If symptoms persist consult your doctor. If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

5. PHARMACOLOGICAL PROPERTIES

5.1. Pharmacodynamic properties

33.12 Combination medicine. Sportron 40+ Woman Matrix capsules contain substances to help maintain good health and wellness.

5.2. Pharmacokinetic properties

There is no pharmacokinetic data available on the active ingredients via the route of administration described.

5.3. Preclinical safety data

There is no preclinical safety data available on the active ingredients via the route of administration described.

6. PHARMACEUTICAL PARTICULARS

6.1. List of excipients

Inactive ingredients: magnesium stearate, biofood matrix.

6.2. Incompatibilities:

None

6.3. Shelf life

2 years

6.4. Special precautions for storage

Store below 30 ˚C in a cool, dry place. Store out of reach of children. Do not use after the expiry date stated on the bottle. The expiry date refers to the last day of the month.

6.5. Nature and contents of container

Sportron 40+ Women Matrix Capsules is a clear capsule with light brown powder in a white PET glossy container, containing 30 veggie-capsules.

Special precautions for disposal

No special requirements.

7. PROPOSED HOLDER OF CERTIFICATE OF REGISTRATION

Distributed by:

Sportron Group (Pty) Ltd

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Name and Address of Holder of Certificate of Registration

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

8. REGISTRATION NUMBER(S)

Application Number: TBC by SAHPRA

9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

TBA by SAHPRA. Date of Revision: August 2025

SPORTRON

PROFESSIONELE INLIGTING

Kategorie D: Menslike komplementêre medisyne. Hierdie medisyne is nog nie deur SAHPRA geëvalueer nie. Die doel van hierdie medisyne is nie om enige siekte te diagnoseer, behandel, genees of te voorkom nie.

SKEDULERINGSTATUS

S0

1. NAAM VAN MEDIKASIE

Sportron 40+ Vroue Matriks Kapsules

2. KWANTITATIEWE SAMESTELLING

Aktiewe bestanddele per kapsule: Paardebloem (Taxaxum officianale) poeier 240,2 mg; Lesitien poeier – soja 100,0 IE; Vitamien E (alfa-tokoferolasetaat) 22 IE; Vitamien D3 600 IE; Vitamien B1 (Tiamien) 1,2 mg; Vitamien B3 (Niasien) 16,0 mg; Vitamien B5 (Pantoteensuur) 5,0 mg; Vitamien B6 (Piridoksien) 1,7 mg; Vitamien B12 (Kobalamien) 2,4 mcg; Biotien 0,035 mg; Vitamien C (askorbiensuur) 67,0 mg; Sinkoksied 8,0 mg wat elementêre sink 6,4 mg verskaf; Magnesiumstearaat 64 mg wat elementêre magnesium 6,31 mg verskaf.

3. FARMASEUTIESE DOSEERVORM

Sportron 40+ Vroue Matriks Kapsules is HPMC groente kapsules wat ligbruin poeier bevat.

4. KLINIESE BESONDERHEDE

Kategorie D: Menslike komplementêre medisyne. Hierdie medisyne is nog nie deur SAHPRA geëvalueer nie. Die doel van hierdie medisyne is nie om enige siekte te diagnoseer, behandel, genees of te voorkom nie.

4.1 Terapeutiese indikasies

Sportron 40+ Vroue Matriks kapsules word gebruik vir aanvulling vir vrouens.

4.2 Dosering en metode van toediening

Dosering

Volwassenes: Die gewonde dosis is daagliks 1 kapsules.

Metode van toediening

Sportron 40+ Vroue Matriks kapsules moet een keer per dag saam met kos geneem word of soos aanbeveel deur jou gesondheidspraktisyn.

4.3 Kontra-indikasies

Vermy as allergies of sensitief vir enige van die genoemde bestanddele. Moenie die aanbevole dosis(se) oorskry nie.

4.4 Waarskuwings en spesiale voorsorgmaatreëls

Sportron 40+ Vroue Matriks kapsules moet nie gebruik word as u hipersensitief (allergies) is vir enige bestanddele nie.

4.5 Interaksies met ander medisyne en ander tipe interaksies

As jy voorskrif medikasie neem, raadpleeg ‘n gesondheidsorgpraktisyn voor gebruik. Dit is nie bekend dat Sporton 40+ Vroue Matriks kapsules sleg reageer met enige tipe medisyne, of kos of drank nie. **Vrugbaarheid, swangerskap en borsvoeding**

Sportron 40+ Vroue Matriks kapsules moet nie tydens swangerskap gebruik word nie en ‘n gesondheidsorgverskaffer moet geraadpleeg word vir advies voordat Sportron 40+ Vroue Matriks kapsules geneem word tydens borsvoeding.

4.6 Vrugbaarheid, swangerskap en borsvoeding

Sportron 40+ Mans Matriks kapsules moet nie tydens swangerskap gebruik word nie en ‘n gesondheidsorgverskaffer moet geraadpleeg word vir advies voordat Sportron 40+ Mans Matriks kapsules geneem word tydens borsvoeding.

4.7 Effek op die vermoë om te bestuur en masjinerie te gebruik

Geen effekte op die vermoë om te bestuur of om masjinerie te gebruik is aangemeld nie. **Newe-effekte**

Geen bekend. Indien u algemene gesondheid versleg, of indien u enige newe-effekte ervaar tydens die gebruik van hierdie produk, moet jou dokter, apteker of ander gesondheidsorgverskaffer vir advies geraadpleeg word.

4.8 Newe-effekte

Geen bekend. Indien u algemene gesondheid versleg, of indien u enige newe-effekte ervaar tydens die gebruik van hierdie produk, moet jou dokter, apteker of ander gesondheidsorgverskaffer vir advies geraadpleeg word.

4.9 Oordosering

As jy meer Sportron 40+ Vroue Matriks kapsules neem as wat jy moet:

As iemand, veral ‘n kind per ongeluk te veel Sportron 40+ Vroue Matriks kapsules neem, kontak jou dokter of plaaslike gif sentrum onmiddellik. As simptome voortduur, raadpleeg jou dokter. As jy ‘n dokter sien of om een of ander rede hospitaal toe moet gaan, vertel hulle watter medisyne jy neem.

5. Farmakologiese eienskappe

5.1. Farmakodinamiese eienskappe

33.12 Kombinasie medisyne. Sportron 40+ Vroue Matriks kapsules bevat stowwe om goeie gesondheid en welstand te handhaaf.

5.2. Farmakokinetiese eienskappe

Daar is geen farmakokinetiese data beskikbaar oor die aktiewe bestanddele via die toedienings roete wat beskryf word nie.

5.3. Pre-kliniese gesondheidsdata

Daar is geen pre-kliniese veiligheids data beskikbaar oor die aktiewe bestanddele via die toedienings roete wat beskryf word nie.

6. Farmaseutiese besonderhede

6.1. Lys van hulpstowwe

Onaktiewe bestanddele: Magnesium stearaat, biovoedsel-matriks.

6.2. Onverenigbaarhede

Geen.

6.3. Rakleeftyd

2 Jaar.

6.4. Spesiale voorsorgmaatreëls vir bewaring

Bewaar benede 30 °C in ‘n koel droë plek. Hou buite bereik van kinders. Moet nie die produk na die vervaldatum aangedui op die houer gebruik nie. Die vervaldatum verwys na die laaste dag van die maand.

6.5. Samestelling en inhoud van die houer

Sportron 40+ Vroue Matriks Kapsules is ‘n deursigtige kapsule met ligbruin poeier in ‘n wit PET-glashouer, wat 30 groente kapsules bevat.

Spesiale voorsorgmaatreëls vir wegdoening

Geen spesiale vereistes nie.

7. VOORGESTELDE HOUER VAN REGISTRASIESERTIFIKAAT

Versprei deur

Sportron Group (Pty) Ltd

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157

Tel: +27 (11) 317 8500

www.sportron.co.za

Naam en Adres van Houer van Registrasiesertifikaat

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

8. REGISTRASIENOMMER(S)

Aansoek nommer: TBC deur SAHPRA

9. DATUM VAN EERSTE GOEDKEURING/HERNUWING VAN GOEDKEURING

TBA deur SAHPRA. Datum van hersiening: Augustus 2025.