PROFESSIONAL INFORMATION

Category D: human complementary medicine. This medicine has not been evaluated by the SAHPRA. This medicine is not intended to diagnose, treat, cure or prevent any disease.

SCHEDULING STATUS

S0

1. NAME OF THE MEDICINE

Swissgarde African Potato & Moringa Capsules

2. QUALITATIVE AND QUANTITATIVE COMPOSITION

Active Ingredients per capsule: Hypoxis Hemerocallidea (African Potato) 100 mg, Moringa Oleifera 365 mg, Fucoidan (Fucus vesiculosus) 10 mg.

3. PHARMACEUTICAL FORM

Swissgarde African Potato & Moringa Capsules are HPMC veggie capsules containing olive green powder.

4. CLINICAL PARTICULARS

Category D: human complementary medicine. This medicine has not been evaluated by the SAHPRA. This medicine is not intended to diagnose, treat, cure or prevent any disease.

4.1. Therapeutic Indications

Swissgarde African Potato & Moringa Capsules are used to support cardiovascular health.

4.2. Posology and method of administration

Posology

Adults: The dose is 1 capsule daily.

Method of administration

Swissgarde African Potato & Moringa Capsules should be taken once a day with food or as recommended by your Health Practitioner.

4.3. Contraindications

Avoid if allergic or sensitive to any of the listed ingredients. Do not exceed recommended dosage(s).

4.4. Special warnings and precautions for use

Swissgarde African Potato & Moringa Capsules must not be used if hypersensitive (allergic) to any ingredients.

4.5. Interaction with other medicines and other forms of interaction

If you are taking prescription medication, consult a healthcare practitioner prior to use. Swissgarde African Potato & Moringa Capsules are not known to react badly with any types of medicines, or food or drink.

4.6. Fertility, pregnancy and lactation

Swissgarde African Potato & Moringa Capsules should not be used during pregnancy, and a healthcare provider should be consulted for advice prior to taking Swissgarde African Potato & Moringa Capsules when breastfeeding.

4.7. Effects on ability to drive and use machines.

No effects on the ability to drive and use machines have been reported.

4.8. Undesirable effects

None known. Should general health worsen, or if any untoward effects are experienced while using this product, please consult a doctor, pharmacist, or other health care professional for advice.

4.9. Overdose

If you take more Swissgarde African Potato & Moringa Capsules than you should:

If anyone, especially a child, accidentally takes too much Swissgarde African Potato & Moringa Capsules contact your doctor or local poison centre immediately. If symptoms persist consult your doctor. If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

5. PHARMACOLOGICAL PROPERTIES

5.1. Pharmacodynamic properties

33.6 Western herbal medicine. Swissgarde African Potato & Moringa Capsules contain substances to support cardiovascular health.

5.2. Pharmacokinetic properties

There is no pharmacokinetic data available on the active ingredients via the route of administration described.

5.3. Preclinical safety data

There is no preclinical safety data available on the active ingredients via the route of administration described.

6. PHARMACEUTICAL PARTICULARS

6.1. List of excipients

Inactive ingredients: magnesium stearate.

6.2. Incompatibilities:

None

6.3. Shelf life

2 years

6.4. Special precautions for storage

Store below 30 ˚C in a cool, dry place. Store out of reach of children. Do not use after the expiry date stated on the bottle. The expiry date refers to the last day of the month.

6.5. Nature and contents of container

Swissgarde African Potato & Moringa Capsules is a clear capsule with olive green powder in a white tablet container and white cap, containing 30 veggie-capsules.

Special precautions for disposal

No special requirements.

7. PROPOSED HOLDER OF CERTIFICATE OF REGISTRATION

Distributed by:

The Sportron Group

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Name and Address of Holder of Certificate of Registration

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

8. REGISTRATION NUMBER(S)

Application Number: TBC by SAHPRA

9. DATE OF FIRST AUTHORISATION/RENEWAL OF THE AUTHORISATION

TBA by SAHPRA. Date of Revision: August 2025

PROFESSIONELE INLIGTING

Kategorie D: Menslike komplementêre medisyne. Hierdie medisyne is nog nie deur SAHPRA geëvalueer nie. Die doel van hierdie medisyne is nie om enige siekte te diagnoseer, behandel, genees of te voorkom nie.

SKEDULERINGSTATUS

S0

1. NAAM VAN MEDIKASIE

Swissgarde African Potato & Moringa Kapsules

2. KWALITATIEWE EN KWANTITATIEWE SAMESTELLING

Aktiewe bestanddele per kapsule: Hipokse Hemerocallidea (African Potato) 100 mg, Moringa Oleifera 365 mg, Fucoidan (Fucus vesiculosus) 10 mg.

3. FARMASEUTIESE DOSEERVORM

Swissgarde African Potato & Moringa kapsules is HPMC-groente kapsules wat olyfgroen poeier bevat.

4. KLINIESE BESONDERHEDE

Kategorie D: Menslike komplementêre medisyne. Hierdie medisyne is nog nie deur SAHPRA geëvalueer nie. Die doel van hierdie medisyne is nie om enige siekte te diagnoseer, behandel, genees of te voorkom nie.

4.1 Terapeutiese indikasies

Swissgarde African Potato & Moringa kapsules word gebruik om kardiovaskulêre gesondheid te ondersteun.

4.2 Dosering en metode van toediening

Dosering

Volwassenes: Die dosis is daagliks 1 kapsule.

Metode van toediening

Swissgarde African Potato & Moringa kapsules moet een keer per dag saam met kos geneem word of soos aanbeveel deur jou gesondheidsorgpraktisyn.

4.3 Kontra-indikasies

Vermy as allergies of sensitief vir enige van die genoemde bestanddele. Moenie die aanbevole dosis(se) oorskry nie.

4.4 Waarskuwings en spesiale voorsorgmaatreëls

Swissgarde African Potato & Moringa kapsules moet nie gebruik word as u hipersensitief (allergies) is vir enige bestanddele nie.

4.5 Interaksies met ander medisyne en ander tipe interaksies

As jy voorskrif medikasie neem, raadpleeg ’n gesondheidsorgpraktisyn voor gebruik. Dit is nie bekend dat Swissgarde African Potato & Moringa kapsules sleg reageer met enige tipe medisyne, of kos of drank nie.

4.6 Vrugbaarheid, swangerskap en borsvoeding

Swissgarde African Potato & Moringa kapsules moet nie tydens swangerskap gebruik word nie en ’n gesondheidsorgverskaffer moet geraadpleeg word vir advies voordat Swissgarde African Potato & Moringa kapsules geneem word tydens borsvoeding.

4.7 Effek op die vermoë om te bestuur en masjinerie te gebruik

Geen effekte op die vermoë om te bestuur of om masjinerie te gebruik is aangemeld nie.

4.8 Newe-effekte

Geen bekend. Indien u algemene gesondheid versleg, of indien u enige newe-effekte ervaar tydens die gebruik van hierdie produk, moet jou dokter, apteker of ander gesondheidsorgverskaffer vir advies geraadpleeg word.

4.9 Oordosering

As jy meer Swissgarde African Potato & Moringa kapsules neem as wat jy moet:

As iemand, veral ’n kind, per ongeluk te veel Swissgarde African Potato & Moringa kapsules neem, kontak jou dokter of plaaslike gif sentrum onmiddellik. As simptome voortduur, raadpleeg jou dokter. As jy ’n dokter sien of om een of ander rede hospitaal toe moet gaan, vertel hulle watter medisyne jy neem.

5. FARMAKOLOGIESE EIENSKAPPE

5.1. Farmakodinamiese eienskappe

33.6 Westerse kruie medisyne. Swissgarde African Potato & Moringa kapsules bevat stowwe om kardiovaskulêre gesondheid te ondersteun.

5.2. Farmakokinetiese eienskappe

Daar is geen farmakokinetiese data beskikbaar oor die aktiewe bestanddele via die toedieningsroete wat beskryf word nie.

5.3. Pre-kliniese veiligheids data

Daar is geen pre-kliniese veiligheids data beskikbaar oor die aktiewe bestanddele via die toedienings roete wat beskryf word nie.

6. FARMASEUTIESE BESONDERHEDE

6.1. Lys van hulpstowwe

Onaktiewe bestanddele: Magnesium stearaat.

6.2. Onverenigbaarhede

Geen.

6.3. Rakleeftyd

2 jaar

6.4. Spesiale voorsorgmaatreëls vir bewaring

Bewaar onder 30 °C in ’n koel, droë plek. Hou buite bereik van kinders. Moet nie die produk na die vervaldatum aangedui op die houer gebruik nie. Die vervaldatum verwys na die laaste dag van die maand.

6.5. Aard en inhoud van houer

Swissgarde African Potato & Moringa Kapsules is ‘n deursigtige kapsule met olyfgroen poeier in ‘n wit tablet houer en wit dop, wat 30 groente kapsules bevat.

Spesiale voorsorgmaatreëls vir wegdoening

Geen spesiale vereistes nie.

7. VOORGESTELDE HOUER VAN REGISTRASIESERTIFIKAAT

Versprei deur:

The Sportron Group

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157

Tel: +27 (11) 317 8500

www.sportron.co.za

Naam en Adres van Houer van Registrasiesertifikaat

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

8. REGISTRASIENOMMER(S)

Aansoek nommer: TBC deur SAHPRA

9. DATUM VAN EERSTE GOEDKEURING/HERNUWING VAN GOEDKEURING

TBA deur SAHPRA. Datum van hersiening: Augustus 2025.