SWISSGARDE

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0

PROPRIETARY NAME (AND DOSAGE FORM):

Swissgarde Aloe Vite Plus

Active substances: Ascorbic Acid (Vitamin C) 27 mg, Aloe ferox (bitters powder) 36 mg; Aloe ferox 150 mg; Fucoidan (Fucus vesiculosus) 6 mg; Camellia Sinensis (Green Tea) Extract 9 mg; Sutherlandia frutescens (Cancer bush) extract 9 mg; Panax ginseng (Ginseng) Extract 16,2 mg, Aloe ferox liquid extract 48 mg.

Category D: Complementary Medicine, D33.6 Western Herbal Medicine

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety, or intended use.

Read this leaflet carefully as it contains important information for you.

Swissgarde Aloe Vite Plus is available without a doctor's prescription for daily supplementation. Nevertheless, you still need to use Swissgarde Aloe Vite Plus carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Swissgarde Aloe Vite Plus with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.

What is in this leaflet:

1. **What Swissgarde Aloe Vite Plus is and what it is used for**
2. **What you need to know before you use Swissgarde Aloe Vite Plus**
3. **How to use Swissgarde Aloe Vite Plus**
4. **Possible side effects**
5. **How to store Swissgarde Aloe Vite Plus**
6. **Contents of the pack and other information**

1. WHAT SWISSGARDE ALOE VITE PLUS IS AND WHAT IT IS USED FOR

Swissgarde Aloe Vite Plus is used to boost overall wellness and immune system.

2. WHAT YOU NEED TO KNOW BEFORE YOU USE SWISSGARDE ALOE VITE PLUS

Do not use Swissgarde Aloe Vite Plus if you are hypersensitive (allergic) to any ingredients.

If you are unsure if you should use Swissgarde Aloe Vite Plus, talk to your doctor or pharmacist.

Warnings and precautions

Swissgarde Aloe Vite Plus is for ingestion only.

If you are taking prescription medication, consult a healthcare practitioner prior to use. If any unwanted/adverse effect develops, discontinue use and consult your doctor or pharmacist. Use is described in adults aged 18 years and older.

Tell your healthcare provider prior to use

- If you are taking any prescription medication
- If you are pregnant, trying to become pregnant or are breast-feeding ask your doctor or pharmacist for advice

Pregnancy and Breastfeeding

Swissgarde Aloe Vite Plusshould not be used during pregnancy, and a healthcare provider should be consulted for advice prior to taking Swissgarde Aloe Vite Pluswhen breastfeeding.

Driving and using machines

Swissgarde Aloe Vite Plus has no known effect on an individual's ability to drive or operate machinery.

Taking other medicines or food and drink with Swissgarde Aloe Vite Plus

Always tell your healthcare provider if you are taking any other medicine. Swissgarde Aloe Vite Plus is not known to react badly with any types or food or drink but may affect absorption of nutrients and medications.

3. HOW TO USE SWISSGARDE ALOE VITE PLUS

The usual dose is:

Adults:

The dose is 15ml-30ml a day.

Method of administration:

Swissgarde Aloe Vite Plus is for oral ingestion only. Swissgarde Aloe Vite Plus should be mixed water or as recommended by your Health Practitioner.

If you take more Swissgarde Aloe Vite Plus than you should:

If anyone, especially a child, accidentally takes too much Swissgarde Aloe Vite Plus contact your doctor or local poison center immediately. If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

If you forget to take a dose of Swissgarde Aloe Vite Plus:

Do not take a double dose to make up for forgotten individual doses.

4. POSSIBLE SIDE EFFECTS

None known. If any side effects are experienced, please tell your doctor or pharmacist.

Swissgarde Aloe Vite Plus is not known to react badly with any other medicines or any types or food or drink.

Should your general health worsen, or if you experience any untoward effects while using this product, please consult your doctor, pharmacist, or other health care professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist. You can also report side effects to SAHPRA via the 6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: : https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/ . By reporting side effects, you can help provide more information on the safety of Swissgarde Aloe Vite Plus.

5. HOW TO STORE SWISSGARDE ALOE VITE PLUS

Store below 30 ˚C in a cool, dry place. Store out of reach of children. Store out of reach of children. Store in the original package / container. Do not store in a bathroom. Do not use after the expiry date printed on the bottle. The expiry date refers to the last day of that month. Do not use Swissgarde Aloe Vite Plus if you notice visible signs of deterioration. Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g., toilets). Shelf life: 2 years

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Swissgarde Aloe Vite Plus contains:

Active ingredients per 60ml: Ascorbic Acid (Vitamin C) 27 mg, Aloe ferox (bitters powder) 36 mg; Aloe ferox 150 mg; Fucoidan (Fucus vesiculosus) 6 mg; Camellia Sinensis (Green Tea) Extract 9 mg; Sutherlandia frutescens (Cancer bush) extract 9 mg; Panax ginseng (Ginseng) Extract 16,2 mg, Aloe ferox liquid extract 48 mg.

Inactive ingredients: RO water, CMC (Carboxymethylcellulose), Xantham gum, Glycerin, Sodium Benzoate, Potassium Sorbate, EDTA2Na, Citric Acid.

What Swissgarde Aloe Vite Plus looks like and contents of the pack:

Swissgarde Aloe Vite Plus is a yellow liquid in a white 500ml boston bottle with a white ribbed cap.

Distributed by:

The Sportron Group

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Name and Address of Holder of Certificate of Registration

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

This leaflet was last revised

August 2025

Registration/Application number

Application Number: TBC

Access to the corresponding Professional Information (PI): www.obellabs.co.za

PASIÈNTINLIGTINGSPAMFLET

SKEDULERINGSTATUS: S0

EIENDOMSNAAM (STERKTE EN DOSEERVORM)

Swissgarde Aloe Vite Plus

Aktiewe bestanddele per 60 ml: Askorbiensuur (Vitamien C) 27 mg, Aloe ferox (bitter poeier) 36 mg, Aloe ferox 150 mg, Fucoidan (Fucus vesiculosus) 6 mg, Camellia Sinensis (Groen Tee) Uittreksel 9 mg, Sutherlandia frutescens (Kankerbos) uittreksel 9 mg, Panax Ginseng (Ginseng) Uittreksel 16,2 mg, Aloe ferox vloeibare uittreksel 48 mg.

Kategorie D: Komplementêre Medisyne. D 33.6 Westerse kruie medisyne.

Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer ten opsigte van kwaliteit, veiligheid of voorgenome gebruik nie.

Lees dié hele pamflet aandagtig deur, dit bevat belangrike inligting.

Swissgarde Aloe Vite Plus is beskikbaar sonder ‘n voorskrif van die dokter, vir spysvertering ondersteuning. Nietemin, Swissgarde Aloe Vite Plus moet nogtans versigtig gebruik word om die beste resultate te verkry.

- Moenie hierdie pamflet weggooi nie. U mag dit moontlik weer moet lees.
- Moenie Swissgarde Aloe Vite Plus met enige ander persoon deel nie.
- Vra u gesondheidsorgverskaffer of apteker indien u meer inligting of advies benodig.

Wat is in hierdie pamflet

1. **Wat Swissgarde Aloe Vite Plus is en waarvoor dit gebruik word.**
2. **Wat u moet weet voordat u Swissgarde Aloe Vite Plus gebruik.**
3. **Hoe om Swissgarde Aloe Vite Plus te gebruik.**
4. **Moontlike newe-effekte.**
5. **Bergings aanwysings vir Swissgarde Aloe Vite Plus.**
6. **Inhoud van die verpakking en ander inligting.**

1. WAT SWISSGARDE ALOE VITE PLUS IS EN WAARVOOR DIT GEBRUIK WORD

Swissgarde Aloe Vite Plus word gebruik om algehele welstand en immuunstelsel te bevorder.

2. WAT U MOET WEET VOORDAT SWISSGARDE ALOE VITE PLUS GEBRUIK WORD

Moenie Swissgarde Aloe Vite Plus gebruik indien u hipersensitief (allergies) is vir enige bestanddele.

Indien u onseker is om Swissgarde Aloe Vite Plus te gebruik, konsulteer u gesondheidsorgverskaffer of apteker.

Waarskuwings en voorsorgmaatreëls

Swissgarde Aloe Vite Plus is slegs vir orale inname.

As u voorskrif medikasie neem, raadpleeg ‘n gesondheidsorgpraktisyn voor gebruik. As enige ongewenste / nadelige effek ontwikkel, staak die gebruik en raadpleeg jou dokter of apteker. Gebruik word beskryf in volwassenes van 18 jaar en ouer.

Vertel jou gesondheidsorg voor gebruik

- As jy enige voorskrif medikasie neem
- As jy swanger is, probeer om swanger te raak of borsvoed, vra jou dokter of apteker vir raad.

Swangerskap en borsvoeding

Swissgarde Aloe Vite Plus moet nie tydens swangerskap gebruik word nie en ‘n gesondheidsorgverskaffer moet geraadpleeg word vir advies voordat Swissgarde Aloe Vite Plus geneem word tydens borsvoeding.

Bestuur en gebruik van masjinerie

Swissgarde Aloe Vite Plus het geen bekende effek op ‘n individu se vermoë om te bestuur of masjinerie te bestuur nie.

Neem ander medisyne of kos en drank saam met Swissgarde Aloe Vite Plus

Vertel altyd jou gesondheidsorgverskaffer as jy enige ander medikasie neem. Dit is nie bekend dat Swissgarde Aloe Vite Plus sleg reageer met enige soorte kos of drank nie, maar kan die opname van voedingstowwe en medikasie beïnvloed.

3. HOE OM SWISSGARDE ALOE VITE PLUS TE GEBRUIK

Die gewone dosis is:

Volwassenes:

Die dosis is 15 ml – 30 ml daagliks

Metode van toediening

Swissgarde Aloe Vite Plus is slegs vir orale inname. Swissgarde Aloe Vite Plus moet gemeng word met water of soos aanbeveel deur jou gesondheidspraktisyn.

As jy meer Swissgarde Aloe Vite Plus neem as wat jy moet

As iemand, veral ‘n kind per ongeluk te veel Swissgarde Aloe Vite Plus neem, kontak jou dokter of plaaslike gif sentrum onmiddellik. As jy ‘n dokter sien of om een of ander rede hospitaal toe moet gaan, vertel hulle watter medisyne jy neem.

As jy vergeet om ‘n dosis Swissgarde Aloe Vite Plus te neem

Moenie ‘n dubbele dosis neem om op te maak vir vergete individuele dosisse nie.

4. MOONTLIKE NEWE-EFFEKTE

Niks bekend nie. As enige newe-effekte ervaar word, vertel asseblief jou dokter of apteker.

Dit is nie bekend dat Swissgarde Aloe Vite Plus sleg reageer met enige ander medisyne of enige soorte kos of drank nie.

As jou algemene gesondheid vererger, of as jy enige ongewenste effekte ervaar terwyl jy hierdie produk gebruik, raadpleeg asseblief jou dokter, apteker of ander gesondheidswerker vir advies. As jy enige newe-effekte opmerk wat nie in hierdie pamflet genoem word nie, stel asseblief jou dokter of apteker in kennis. Jy kan ook newe-effekte aan SAHPRA rapporteer via die 6.04 “Adverse Drug Reaction Reporting Form”, wat aanlyn gevind word onder SAHPRA se publikasies: https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/. Deur newe-effekte aan te meld, kan jy help om meer inligting oor die veiligheid van Swissgarde Aloe Vite Plus te verskaf.

5. BERGINGSAANWYSINGS VIR SWISSGARDE ALOE VITE PLUS

Bewaar in ‘n koel, droë plek, teen of benede 30 °C. Bêre buite bereik van kinders. Berg in die oorspronklike verpakking. Moet nie in ‘n badkamer bêre nie. Moet dit nie gebruik na die vervaldatum wat op die bottels gedruk is nie. Die vervaldatum verwys na die laaste dag van daardie maand. Moenie Swissgarde Aloe Vite Plus gebruik as jy sigbare tekens van agteruitgang opmerk nie. Stuur alle ongebruikte medisyne terug na jou apteker. Moenie ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) weggooi nie. Raklewe: 2 jaar.

6. INHOUD VAN DIE VERPAKKING EN ANDER INLIGTING

Wat Swissgarde Aloe Vite Plus bevat:

Aktiewe bestanddele per 60ml: Askorbiensuur (Vitamien C) 27 mg, Aloe ferox (bitter poeier) 36 mg, Aloe ferox 150 mg, Fucoidan (Fucus vesiculosus) 6 mg, Camellia Sinensis (Groen Tee) Uittreksel 9 mg, Sutherlandia frutescens (Kankerbos) uittreksel 9 mg, Panax Ginseng (Ginseng) Uittreksel 16,2 mg, Aloe ferox vloeibare uittreksel 48 mg.

Onaktiewe bestanddele: RO-Water, CMC (karboksimetielsellulose), Xantham-gom, gliserien, natriumbenzoaat, aliumsorbaat, EDTA2Na, sitroensuur.

Voorkoms van Swissgarde Aloe Vite Plus en inhoud van die verpakking

Swissgarde Aloe Vite Plus is ‘n geel vloeistof in ‘n wit 500ml Boston bottel met ‘n wit geribde dop.

Versprei deur:

The Sportron Group

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Naam en adres van houer van registrasiesertifikaat

Microbel Laboratories (Pty) Ltd

86 Gazelle Avenue, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

Datum van laaste hersiening

Augustus 2025

Registrasie/Aansoek nommer:

TBA.

Toegang tot ooreenstemmende Professionele Inligting (PI): www.obellabs.co.za