SPORTRON

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0

PROPRIETARY NAME (AND DOSAGE FORM):

Sportron Collagen Matrix Capsules

Active substances: Hydrolysed Collagen Peptides (Type 1 & 3) 940 mg.

Category D: Complementary Medicine, D33.6 Western herbal medicine

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety, or intended use.

Read this leaflet carefully as it contains important information for you.

Sportron Collagen Matrix Capsules are available without a doctor's prescription for daily supplementation. Nevertheless, you still need to use Sportron Collagen Matrix Capsules carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Sportron Collagen Matrix Capsules with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.

What is in this leaflet:

1. **What Sportron Collagen Matrix Capsules are and what they are used for**
2. **What you need to know before you use Sportron Collagen Matrix Capsules**
3. **How to use Sportron Collagen Matrix Capsules**
4. **Possible side effects**
5. **How to store Sportron Collagen Matrix Capsules**
6. **Contents of the pack and other information**

1. WHAT SPORTRON COLLAGENMATRIX CAPSULES ARE AND WHAT THEY ARE USED FOR

Sportron Collagen Matrix Capsules are used to support the skin, hair, nail and joint health.

2. WHAT YOU NEED TO KNOW BEFORE YOU USE SPORTRON COLLAGENMATRIX CAPSULES

Do not use Sportron Collagen Matrix Capsules if you are hypersensitive (allergic) to any ingredients.

If you are unsure if you should use Sportron Collagen Matrix Capsules, talk to your doctor or pharmacist.

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Warnings and precautions

Sportron Collagen Matrix Capsules are for oral ingestion only.

If you are taking prescription medication, consult a healthcare practitioner prior to use. If any unwanted/adverse effect develops, discontinue use and consult your doctor or pharmacist. Use is described in adults aged 18 years and older.

Tell your healthcare provider prior to use

- If you are taking any prescription medication
- If you are pregnant, trying to become pregnant or are breast-feeding ask your doctor or pharmacist for advice

Pregnancy and Breastfeeding

Sportron Collagen Matrix Capsules should not be used during pregnancy, and a healthcare provider should be consulted for advice prior to taking Sportron Collagen Matrix Capsules when breastfeeding.

Driving and using machines

Sportron Collagen Matrix Capsules have no known effect on an individual's ability to drive or operate machinery.

Taking other medicines or food and drink with Sportron Collagen Matrix Capsules

Always tell your healthcare provider if you are taking any other medicine. Sportron Collagen Matrix Capsules is not known to react badly with any types or food or drink but may affect absorption of nutrients and medications.

3. HOW TO USE SPORTRON COLLAGENMATRIX CAPSULES

The usual dose is:

Adults:

Take 2 capsules daily.

Method of administration:

Sportron Collagen Matrix Capsules are for oral ingestion only with food or as recommended by your Health Practitioner.

If you take more Sportron Collagen Matrix Capsules than you should:

If anyone, especially a child, accidentally takes too much Sportron Collagen Matrix Capsules contact your doctor or local poison centre immediately. If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

If you forget to take a dose of Sportron Collagen Matrix Capsules:

Do not take a double dose to make up for forgotten individual doses.

4. POSSIBLE SIDE EFFECTS

None known. If any side effects are experienced, please tell your doctor or pharmacist.

Sportron Collagen Matrix Capsules is not known to react badly with any other medicines or any types or food or drink.

Should your general health worsen, or if you experience any untoward effects while using this product, please consult your doctor, pharmacist, or other health care professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist. You can also report side effects to SAHPRA via the 6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/ . By reporting side effects, you can help provide more information on the safety of Sportron Collagen Matrix Capsules.

5. HOW TO STORE SPORTRON COLLAGEN MATRIX CAPSULES

Store below 30 ˚C in a cool, dry place. Store out of reach of children. Store out of reach of children. Store in the original package / container. Do not store in a bathroom. Do not use after the expiry date printed on the bottle. The expiry date refers to the last day of that month. Do not use Sportron Collagen Matrix Capsules if you notice visible signs of deterioration. Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g., toilets). Shelf life: 2 years

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Sportron Collagen Matrix Capsules contains:

Active ingredients per 2 capsules: Hydrolysed Collagen Peptides (Type 1 & 3) 940 mg.

Inactive ingredients: biofood matrix, magnesium stearate.

What Sportron Collagen Matrix Capsules looks like and contents of the pack:

Sportron Collagen Matrix Capsules is a clear capsule with off-white powder with brown spots in a white PET glossy container and ribbed cap, containing 60 veggie-capsules.

Distributed by:

The Sportron Group

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Name and Address of Holder of Certificate of Registration

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

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This leaflet was last revised

August 2025

Registration/Application number

Application Number: TBC

Access to the corresponding Professional Information (PI): www.obellabs.co.za

SPORTRON

PASIËNTINLIGTINGSPAMFLET

SKEDULERINGSTATUS: S0

EIENDOMSNAAM (STERKTE EN DOSEERVORM)

Sportron Kollageen matriks Kapsules.

Aktiewe stowwe: Gehidroliseerde Kollageen peptiede (tipe 1 en 3) 940 mg.

Kategorie D: Komplementêre Medisyne. D 33.6 Westerse Kruie medisyne

Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer ten opsigte van kwaliteit, veiligheid of voorgenome gebruik nie.

Lees dié hele pamflet aandagtig deur, dit bevat belangrike inligting.

Sportron Kollageen matriks Kapsules is beskikbaar sonder ‘n voorskrif van die dokter, vir spysvertering ondersteuning. Nietemin, Sportron Kollageen matriks kapsules moet nogtans versigtig gebruik word om die beste resultate te verkry.

- Moenie hierdie pamflet weggooi nie. U mag dit moontlik weer moet lees.
- Moenie Sportron Kollageen matriks Kapsules met enige ander persoon deel nie.
- Vra u gesondheidsorgverskaffer of apteker indien u meer inligting of advies benodig.

Wat is in hierdie pamflet

1. **Wat Sportron Kollageen matriks kapsules is en waarvoor dit gebruik word.**
2. **Wat u moet weet voordat u Sportron Kollageen matriks Kapsules gebruik.**
3. **Hoe om Sportron Kollageen matriks Kapsules te gebruik.**
4. **Moontlike newe-effekte.**
5. **Bergings aanwysings vir Sportron Kollageen matriks Kapsules.**
6. **Inhoud van die verpakking en ander inligting.**

1. WAT SPORTRON KOLLAGEEN MATRIKS KAPSULES IS EN WAARVOOR DIT GEBRUIK WORD

Sportron Kollageen matriks Kapsules word gebruik die vel-, hare-, nael- en gewrig gesondheid te ondersteun.

2. WAT U MOET WEET VOORDAT SPORTRON KOLLAGEEN MATRIKS KAPSULES GEBRUIK WORD

Moenie Sportron Kollageen matriks Kapsules gebruik indien u hipersensitief (allergies) is vir enige bestanddele.

Indien u onseker is om Sportron Kollageen matriks Kapsules te gebruik, konsulteer u gesondheidsorgverskaffer of apteker.

Waarskuwings en voorsorgmaatreëls

Sportron Kollageen matriks kapsules is slegs vir inname.

As u voorskrif medikasie neem, raadpleeg ‘n gesondheidsorgpraktisyn voor gebruik. As enige ongewenste / nadelige effek ontwikkel, staak die gebruik en raadpleeg jou dokter of apteker. Gebruik word beskryf in volwassenes van 18 jaar en ouer.

Vertel jou gesondheidsorg voor gebruik

- As jy enige voorskrif medikasie neem
- As jy swanger is, probeer om swanger te raak of borsvoed, vra jou dokter of apteker vir raad.

Swangerskap en borsvoeding

Sportron Kollageen matriks Kapsules moet nie tydens swangerskap gebruik word nie en ‘n gesondheidsorgverskaffer moet geraadpleeg word vir advies voordat Sportron Kollageen matriks Kapsules geneem word tydens borsvoeding.

Bestuur en gebruik van masjinerie

Sportron Kollageen matriks Kapsules het geen bekende effek op ‘n individu se vermoë om te bestuur of masjinerie te bestuur nie.

Neem ander medisyne of kos en drank saam met Sportron Kollageen matriks Kapsules

Vertel altyd jou gesondheidsorgverskaffer as jy enige ander medikasie neem. Dit is nie bekend dat Sportron Kollageen matriks Kapsules sleg reageer met enige soorte kos of drank nie, maar kan die opname van voedingstowwe en medikasie beïnvloed.

3. HOE OM SPORTRON KOLLAGEEN MATRIKS KAPSULES TE GEBRUIK

Die gewone dosis is:

Volwassenes:

Neem 2 kapsules daagliks.

Metode van toediening

Sportron Kollageen matriks Kapsules is slegs vir orale inname met kos of soos aanbeveel deur jou gesondheidspraktisyn.

As jy meer Sportron Kollageen matriks Kapsules neem as wat jy moet:

As iemand, veral ‘n kind per ongeluk te veel Sportron Kollageen matriks Kapsules neem, kontak jou dokter of plaaslike gif sentrum onmiddellik. As jy ‘n dokter sien of om een of ander rede hospitaal toe moet gaan, vertel hulle watter medisyne jy neem.

As jy vergeet om ‘n dosis Sportron Kollageen matriks Kapsules te neem:

Moenie ‘n dubbele dosis neem om op te maak vir vergete individuele dosisse nie.

4. MOONTLIKE NEWE-EFFEKTE

Niks bekend nie. As enige newe-effekte ervaar word, vertel asseblief jou dokter of apteker.

Dit is nie bekend dat Sportron Kollageen matriks Kapsules sleg reageer met enige ander medisyne of enige soorte kos of drank nie.

As jou algemene gesondheid vererger, of as jy enige ongewenste effekte ervaar terwyl jy hierdie produk gebruik, raadpleeg asseblief jou dokter, apteker of ander gesondheidswerker vir advies. As jy enige newe-effekte opmerk wat nie in hierdie pamflet genoem word nie, stel asseblief jou dokter of apteker in kennis. Jy kan ook newe-effekte aan SAHPRA rapporteer via die 6.04 “Adverse Drug Reaction Reporting Form”, wat aanlyn gevind word onder SAHPRA se publikasies: https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/. Deur newe-effekte aan te meld, kan jy help om meer inligting oor die veiligheid van Sportron Kollageen matriks Kapsules te verskaf.

5. BERGINGSAANWYSINGS VIR SPORTRON KOLLAGEEN MATRIKS KAPSULES

Bewaar in ‘n koel, droë plek, teen of benede 30 °C. Bêre buite bereik van kinders. Berg in die oorspronklike verpakking. Moet nie in ‘n badkamer bêre nie. Moet dit nie gebruik na die vervaldatum wat op die bottels gedruk is nie. Die vervaldatum verwys na die laaste dag van daardie maand. Moenie Sportron Kollageen matriks Kapsules gebruik as jy sigbare tekens van agteruitgang opmerk nie. Stuur alle ongebruikte medisyne terug na jou apteker. Moenie ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) weggooi nie. Raklewe: 2 jaar.

6. INHOUD VAN DIE VERPAKKING EN ANDER INLIGTING

Wat Sportron Kollageen matriks Kapsules bevat:

Aktiewe bestanddele per 2 kapsules: Gehidroliseerde Kollageen peptiede (tipe 1 en 3) 940 mg.

Onaktiewe bestanddele: Biovoedsel matriks, Magnesium stearaat.

Voorkoms van Sportron Kollageen matriks Kapsules en inhoud van die verpakking:

Sportron Kollageen matriks Kapsules is ‘n deursigtige kapsule met wit poeier met bruin kolle in ‘n wit PET-glashouer en geribde dop, wat 60 groente kapsules bevat.

Versprei deur:

The Sportron Group

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Naam en adres van houer van registrasiesertifikaat

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Datum van laaste hersiening

Augustus 2025

Registrasie/Aansoek nommer:

TBA.

Toegang tot ooreenstemmende Professionele Inligting (PI): www.obellabs.co.za