SPORTRON

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0

PROPRIETARY NAME (AND DOSAGE FORM):

Sportron Infagarde

Active substances: Echinacea purpurea (L.) [Flower Powder] 36,3 mg; Euphrasia officinalis (Eyebright) powder 13,6 mg; Astragalus membranaceus 27,3 mg; Zingiber officinale (Ginger) [Root Powder] 18,2 mg; Garlic (Allium sativum) 0,14 mg.

Category D: Complementary Medicine, D33.6 Western herbal medicine

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety, or intended use.

Read this leaflet carefully as it contains important information for you.

Sportron Infagarde are available without a doctor's prescription for daily supplementation. Nevertheless, you still need to use Sportron Infagarde carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Sportron Infagarde with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.

What is in this leaflet:

1. **What Sportron Infagarde are and what it is used for**
2. **What you need to know before you use Sportron Infagarde**
3. **How to use Sportron Infagarde**
4. **Possible side effects**
5. **How to store Sportron Infagarde**
6. **Contents of the pack and other information**

1. WHAT SPORTRON INFAGARDE ARE AND WHAT THEY ARE USED FOR

Sportron Infagarde is used for daily immune boost. This product may be used to help relieve symptoms of cold and flu.

2. WHAT YOU NEED TO KNOW BEFORE YOU USE SPORTRON INFAGARDE

Do not use Sportron Infagarde if you are hypersensitive (allergic) to any ingredients.

If you are unsure if you should use Sportron Infagarde, talk to your doctor or pharmacist.

Warnings and precautions:

Sportron Infagarde are for ingestion only.

If you are taking prescription medication, consult a healthcare practitioner prior to use. If any unwanted/adverse effect develops, discontinue use and consult your doctor or pharmacist. Use is described in adults aged 18 years and older.

Tell your healthcare provider prior to use

- If you are taking any prescription medication
- If you are pregnant, trying to become pregnant or are breast-feeding ask your doctor or pharmacist for advice

Pregnancy and Breastfeeding

Sportron Infagarde should not be used during pregnancy, and a healthcare provider should be consulted for advice prior to taking Sportron Infagarde when breastfeeding.

Driving and using machines

Sportron Infagarde has no known effect on an individual's ability to drive or operate machinery.

Taking other medicines or food and drink with Sportron Infagarde

Always tell your healthcare provider if you are taking any other medicine. Sportron Infagarde is not known to react badly with any types or food or drink but may affect absorption of nutrients and medications.

3. HOW TO USE SPORTRON INFAGARDE

The usual dose is:

Adults: 60 drops of the tincture up to twice a day**.**

Children:

12 years and above: 30 drops of the tincture daily.

6 to 12 years: 15 drops of the tincture daily.

Method of administration:

Sportron Infagarde are for oral ingestion only.

If you take more Sportron Infagarde than you should:

If anyone, especially a child, accidentally takes too much Sportron Infagarde contact your doctor or local poison center immediately. If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

If you forget to take a dose of Sportron Infagarde:

Do not take a double dose to make up for forgotten individual doses.

4. POSSIBLE SIDE EFFECTS

None known. If any side effects are experienced, please tell your doctor or pharmacist.

Sportron Infagarde is not known to react badly with any other medicines or any types or food or drink.

Should your general health worsen, or if you experience any untoward effects while using this product, please consult your doctor, pharmacist, or other health care professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist. You can also report side effects to SAHPRA via the 6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/. By reporting side effects, you can help provide more information on the safety of Sportron Infagarde.

5. HOW TO STORE SPORTRON INFAGARDE

Store below 30 ˚C in a cool, dry place. Store out of reach of children. Store out of reach of children. Store in the original package / container. Do not store in a bathroom. Do not use after the expiry date printed on the bottle. The expiry date refers to the last day of that month. Do not use Sportron Infagarde if you notice visible signs of deterioration. Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g., toilets). Shelf life: 2 years

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Sportron Infagarde contains:

Active Ingredients per ml: Echinacea purpurea (L.) [Flower Powder] 36,3 mg; Euphrasia officinalis (Eyebright) powder 13,6 mg; Astragalus membranaceus 27,3 mg; Zingiber officinale (Ginger) [Root Powder] 18,2 mg; Garlic (Allium sativum) 0,14 mg.

Inactive ingredients: RO Water, Glycerine, Menthol, Potassium Sorbate, Sodium Benzoate, EDTA2NA, Biofood Matrix.

What Sportron Infagarde looks like and contents of the pack:

Sportron Infagarde is a brown liquid in 100ml amber glass bottle with white fast dropper cap.

Distributed by:

The Sportron Group

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Name and Address of Holder of Certificate of Registration

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

This leaflet was last revised

August 2025

Registration/Application number

Application Number: TBC

Access to the corresponding Professional Information (PI): www.obellabs.co.za

SPORTRON

PASIËNTINLIGTINGSPAMFLET

SKEDULERINGSTATUS: S0

EIENDOMSNAAM (STERKTE EN DOSEERVORM)

Sportron Infagarde

Aktiewe stowwe: Echinacea purpurea (L.) (Blompoeier) 36,6 mg; Euphrasia officinalis (Oogtroost) poeier 13,6 mg; Astragalus membranaceur 27,3 mg; Zingiber officianle (Gemeer) (Wortelpoeier) 18,2 mg; Knoffel (Allium sativum) 0,14 mg.

Kategorie D: Komplementêre Medisyne, D 33.6 Westerse Kruiemedisyne

Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer ten opsigte van kwaliteit, veiligheid of voorgenome gebruik nie.

Lees dié hele pamflet aandagtig deur, dit bevat belangrike inligting.

Sportron Infagarde is beskikbaar sonder ‘n voorskrif van die dokter, vir sypsverteringsondersteuning. Nietemin, Sportron Infagarde moet nogtans versigtig gebruik word om die beste resultate te verkry.

- Moenie hierdie pamflet weggooi nie. U mag dit moontlik weer moet lees.
- Moenie Sportron Infagarde met enige ander person deel nie.
- Vra u gesondheidsorgverskaffer of apteker indien u meer inligting of advies benodig.

Wat is in hierdie pamflet

1. **Wat Infagarde is en waarvoor dit gebruik word.**
2. **Wat u moet weet voordat u Sportron Infagarde gebruik.**
3. **Hoe om Sportron Infagarde te gebruik.**
4. **Moontlike newe-effekte.**
5. **Bergingsaanwysings vir Sportron Infagarde.**
6. **Inhoud van die verpakking en ander inligting.**

1. WAT SPORTRON INFAGARDE IS EN WAARVOOR DIT GEBRUIK WORD

Sportron Infagarde word gebruik vir daaglikse immuun versterking. Hierdie produk kan deur gebruik word om simptome van verkoue en griep te verlig.

2. WAT U MOET WEET VOORDAT SPORTRON 40+ VROUE MATRIKS KAPSULES GEBRUIK WORD

Moenie Sportron Infagarde gebruik indien u hipersensitief (allergies) is vir enige bestanddele.

Indien u onseker is om Sportron Infagarde te gebruik, konsulteer u gesondheidsorgverskaffer of apteker.

W**aarskuwings en voorsorgmaatreëls**

Sportron Infagarde is slegs vir inname.

As u voorskifmedikasie neem, raadpleeg ‘n gesondheidsorgpraktisyn voor gebruik. As enige ongewenste / nadelike effek ontwikkel, staak die gebruik en raadpleeg jou dokter of apteker. Gebruik word beskryf in volwassenes van 18 jaar en ouer.

Vertel jou gesondheidsorg voor gebruik

- As jy enige voorskrif medikasie neem
- As jy swanger is, prober om swanger te raak of borsvoed, vra jou dokter of apteker vir raad.

Swangerskap en borsvoeding

Sportron Infagarde moet nie tydens swangerskap gebruik word nie en ‘n gesondheidsorgverskaffer moet geraadpleeg word vir advies voordat Sportron Infagarde geneem word tydens borsvoeding.

Bestuur en gebruik van masjinerie

Sportron Infagarde het geen bekende effek op ‘n individu se vermoë om te bestuur of masjinerie te bestuur nie.

Neem ander medisyne of kos en drank saam met Sportron Infagarde

Vertel altyd jou gesondheidsorgverskaffer as jy enige ander medikasie neem. Dit is nie bekend dat Sportron Infagarde sleg reageer met enige soorte kos of drank nie, maar kan die opname van voedingstowwe en medikasie beïnvloed.

3. HOE OM SPORTRON INFAGARDE TE GEBRUIK

Die gewone dosis is:

Volwassenes: Neem 60 druppels van die tinktuur tot twee keer per dag.

Kinders:

12 Jaar en ouer: 30 druppels van die tinktuur per dag.

6 tot 12 jaar: 15 druppels van die tinktuur per dag.

Metode van toediening

Sportron Infagarde is slegs vir inname.

As jy meer Sportron Infagarde neem as wat jy moet

As iemand, veral ‘n kind per ongeluk te veel Sportron Infagarde neem, kontak jou dokter of plaaslike gif sentrum onmiddellik. As jy ‘n dokter sien of om een of ander rede hospitaal toe moet gaan, vertel hulle watter medisyne jy neem.

As jy vergeet om ‘n dosis Sportron Infagarde te neem

Moenie ‘n dubbele dosis neem om op te maak vir vergete individuele dosisse nie.

4. MOONTLIKE NEWE-EFFEKTE

Niks bekend nie. As enige newe-effekte ervaar word, vertel asseblief jou dokter of apteker.

Dit is nie bekend dat Sportron Infagarde sleg reageer met enige ander medisyne of enige soorte kos of drank nie.

As jou algemene gesondheid vererger, of as jy enige ongewenste effekte ervaar terwyl jy hierdie produk gebruik, raadpleeg asseblief jou dokter, apteker of ander gesondheidswerker vir advies. As jy enige newe-effekte opmerk wat nie in hierdie pamflet genoem word nie, stel asseblief jou dokter of apteker in kennis. Jy kan ook newe-effekte aan SAHPRA rapporteer via die 6.04 “Adverse Drug Reaction Reporting Form”, wat aanlyn gevind word onder SAHPRA se publikasies:https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/ . Deur newe-effekte aan te meld, kan jy help om meer inligting oor die veiligheid van Sportron Infagarde te verskaf.

5. BERGINGSAANWYSINGS VIR SPORTRON INFAGARDE

Bewaar in ‘n koel, droë plek, teen of benede 30 °C. Bêre buite bereik van kinders. Berg in die oorspronklike verpakking. Moet nie in ‘n badkamer bêre nie. Moet dit nie gebruik na die vervaldatum wat op die bottels gedruk is nie. Die vervaldatum verwys na die laaste dag van daardie maand. Moenie Sportron Infagarde gebruik as jy sigbare tekens van agteruitgang opmerk nie. Stuur alle ongebruikte medisyne terug na jou apteker. Moenie ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) weggooi nie. Raklewe: 2 jaar.

6. INHOUD VAN DIE VERPAKKING EN ANDER INLIGTING

Wat Sportron Infagarde bevat:

Aktiewe stowwe per ml: Echinacea purpurea (L.) (Blompoeier) 36,6 mg; Euphrasia officinalis (Oogtroost) poeier 13,6 mg; Astragalus membranaceur 27,3 mg; Zingiber officianle (Gemeer) (Wortelpoeier) 18,2 mg; Knoffel (Allium sativum) 0,14 mg.

Onaktiewe bestanddele: RO-water, gliserien, menthol, kaliumsorbaat, natriumbenzoaat, EDTA2NA, biovoedselmatriks.

Voorkoms van Sportron Infagarde en inhoud van die verpakking

Sportron Infagarde is ‘n bruin vloeistof in 100 ml amberkleurig bottel met ‘n wit vinnige drupper dop.

Versprei deur:

The Sportron Group

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Naam en adres van houer van registrasiesertifikaat

Microbel Laboratories (Pty) Ltd

86 Gazelle Avenue, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

Datum van laaste hersiening

Augustus 2025

Registrasie/Aansoeknommer:

TBA.

Toegang tot ooreenstemmende Professionele Inligting (PI): www.obellabs.co.za