SPORTRON

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0

PROPRIETARY NAME (AND DOSAGE FORM):

Sportron Pro B9 Matrix Drops

Active substances: 1 billion cu consisting of: {Lactobacillus Acidophilus Ubla-34, Bifidobacterium Lactis Ubbla-70, Bifidobacterium Bifidum Ubbb-55, Lactobacillus Rhamnosus Hn00, Lactobacillus Casei Lc-11, Lactobacillus Planmtarum Lp-115, Lactobacillus Lactis Li-23, Bifidobacterium Longum Ubbl-64, Streptococcus Thermophilis St-21}, Prebiotics Blend (Fructooligodsaccharides 3,5 mg, Maltodextrin (Prebiotic Fiber) 37,5 mg.

Category D: Complementary Medicine, D34.9 Probiotic Medicine

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety, or intended use.

Read this leaflet carefully as it contains important information for you.

Sportron Pro B9 Matrix Drops is available without a doctor's prescription for daily supplementation. Nevertheless, you still need to use Sportron Pro B9 Matrix Drops carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Sportron Pro B9 Matrix Drops with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.

What is in this leaflet:

1. **What Sportron Pro B9 Matrix Drops is and what it is used for**
2. **What you need to know before you use Sportron Pro B9 Matrix Drops**
3. **How to use Sportron Pro B9 Matrix Drops**
4. **Possible side effects**
5. **How to store Sportron Pro B9 Matrix Drops**
6. **Contents of the pack and other information**

1. WHAT SPORTRON PRO B9 MATRIX DROPS IS AND WHAT IT IS USED FOR

Sportron Pro B9 Matrix Drops is used to promote gut health.

2. WHAT YOU NEED TO KNOW BEFORE YOU USE SPORTRON PRO B9 MATRIX DROPS

Do not use Sportron Pro B9 Matrix Drops if you are hypersensitive (allergic) to any ingredients.

If you are unsure if you should use Sportron Pro B9 Matrix Drops, talk to your doctor or pharmacist.

Warnings and precautions:

Sportron Pro B9 Matrix Drops is for oral ingestion only.

If you are taking prescription medication, consult a healthcare practitioner prior to use. If any unwanted/adverse effect develops, discontinue use and consult your doctor or pharmacist. Use is described in adults aged 18 years and older.

Tell your healthcare provider prior to use

- If you are taking any prescription medication
- If you are pregnant, trying to become pregnant or are breast-feeding ask your doctor or pharmacist for advice

Pregnancy and Breastfeeding

Sportron Pro B9 Matrix Drops should not be used during pregnancy, and a healthcare provider should be consulted for advice prior to taking Sportron Pro B9 Matrix Drops when breastfeeding.

Driving and using machines

Sportron Pro B9 Matrix Drops has no known effect on an individual's ability to drive or operate machinery.

Taking other medicines or food and drink with Sportron Pro B9 Matrix Drops

Always tell your healthcare provider if you are taking any other medicine. Sportron Pro B9 Matrix Drops is not known to react badly with any types or food or drink but may affect absorption of nutrients and medications.

3. HOW TO USE SPORTRON PRO B9 MATRIX DROPS

The usual dose is:

For children over 3 years and adults:

The dose is 1ml a day.

Method of administration:

Sportron Pro B9 Matrix Drops is for oral ingestion only. Sportron Pro B9 Matrix Drops should be mixed water or as recommended by your Health Practitioner.

If you take more Sportron Pro B9 Matrix Drops than you should:

If anyone, especially a child, accidentally takes too much Sportron Pro B9 Matrix Drops contact your doctor or local poison center immediately. If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

If you forget to take a dose of Sportron Pro B9 Matrix Drops:

Do not take a double dose to make up for forgotten individual doses.

4. POSSIBLE SIDE EFFECTS

None known. If any side effects are experienced, please tell your doctor or pharmacist.

Sportron Pro B9 Matrix Drops is not known to react badly with any other medicines or any types or food or drink.

Should your general health worsen, or if you experience any untoward effects while using this product, please consult your doctor, pharmacist, or other health care professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist. You can also report side effects to SAHPRA via the 6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/. By reporting side effects, you can help provide more information on the safety of Sportron Pro B9 Matrix Drops.

5. HOW TO STORE SPORTRON PRO B9 MATRIX DROPS

Store below 30 ˚C in a cool, dry place. Store out of reach of children. Store out of reach of children. Store in the original package / container. Do not store in a bathroom. Do not use after the expiry date printed on the bottle. The expiry date refers to the last day of that month. Do not use Sportron Pro B9 Matrix Drops if you notice visible signs of deterioration. Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g., toilets). Shelf life: 2 years

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Sportron Pro B9 Matrix Drops contains, each 1ml:

Active Ingredients: 1 billion cu consisting of: {Lactobacillus Acidophilus Ubla-34, Bifidobacterium Lactis Ubbla-70, Bifidobacterium Bifidum Ubbb-55, Lactobacillus Rhamnosus Hn00, Lactobacillus Casei Lc-11, Lactobacillus Planmtarum Lp-115, Lactobacillus Lactis Li-23, Bifidobacterium Longum Ubbl-64, Streptococcus Thermophilis St-21}, Prebiotics Blend (Fructooligodsaccharides 3,5 mg, Maltodextrin (Prebiotic Fiber) 37,5 mg.

Inactive ingredients: Biofood Matrix, Glycerine (Low GI, Low Calorie Sweetener), CMC, Flavouring, Sodium Benzoate, Potassium Sorbate, Food Colourant

What Sportron Pro B9 Matrix Drops looks like and contents of the pack:

Sportron Pro B9 Matrix Drops is a clear yellow liquid in a 30ml amber glass bottle with a ribbed pipette.

Distributed by:

The Sportron Group

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Name and Address of Holder of Certificate of Registration

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

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This leaflet was last revised

August 2025

Registration/Application number

Application Number: TBC

Access to the corresponding Professional Information (PI): www.obellabs.co.za

SPORTRON

PASIËNTINLIGTINGSPAMFLET

SKEDULERINGSTATUS: S0

EIENDOMSNAAM (STERKTE EN DOSEERVORM)

Sportron Pro B9 Matriks Druppels

Aktiewe stowwe per ml: 1 Biljoen cu bestaande uit: (Lactobacillus Acidophilus Ubla-34, Bifidobacterium Lactis Ublla-70, Bifidobacterium Bifidum UBBB-55, Lactobacillus Rhanosus Hn00, Lactobacillus Casei Lc-11, Lactobacillus Planmtarum Lp-115, Lactobacillus Lactis Li-23, Bifidobacterium Longum Ubbl-64, Streptococcus Thermophillis St-21), Prebiotika-versnit (Fructooligodsaccarides 3,5 mg, Maltodextrin (Prebiotiese vessel) 37,5 mg.

Kategorie D: Komplementêre Medisyne. D 34.9 Pro-biotiese medisyne

Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer ten opsigte van kwaliteit, veiligheid of voorgenome gebruik nie.

Lees dié hele pamflet aandagtig deur, dit bevat belangrike inligting.

Sportron Pro B9 Matriks Druppels is beskikbaar sonder ‘n voorskrif van die dokter, vir spysvertering ondersteuning. Nietemin, Sportron Pro B9 Matriks Druppels moet nogtans versigtig gebruik word om die beste resultate te verkry.

- Moenie hierdie pamflet weggooi nie. U mag dit moontlik weer moet lees.
- Moenie Sportron Pro B9 Matriks Druppels met enige ander persoon deel nie.
- Vra u gesondheidsorgverskaffer of apteker indien u meer inligting of advies benodig.

Wat is in hierdie pamflet

1. **Wat Sportron Pro B9 Matriks Druppels is en waarvoor dit gebruik word.**
2. **Wat u moet weet voordat u Sportron Pro B9 Matriks Druppels gebruik.**
3. **Hoe om Sportron Pro B9 Matriks Druppels te gebruik.**
4. **Moontlike newe-effekte.**
5. **Bergings aanwysings vir Sportron Pro B9 Matriks Druppels.**
6. **Inhoud van die verpakking en ander inligting.**

1. WAT SPORTRON PRO B9 MATRIKS DRUPPELS IS EN WAARVOOR DIT GEBRUIK WORD

Sportron Pro B9 Matriks Druppels word gebruik om derm gesondheid te bevorder.

2. WAT U MOET WEET VOORDAT SPORTRON PRO B9 MATRIKS DRUPPELS GEBRUIK WORD

Moenie **Sportron Pro B9 Matriks Druppels** gebruik indien u hipersensitief (allergies) is vir enige bestanddele.

Indien u onseker is om Sportron Pro B9 Matriks Druppels te gebruik, konsulteer u gesondheidsorgverskaffer of apteker.

Waarskuwings en voorsorgmaatreëls

Sportron Pro B9 Matriks Druppels is slegs vir inname.

As u voorskrif medikasie neem, raadpleeg ‘n gesondheidsorgpraktisyn voor gebruik. As enige ongewenste / nadelige effek ontwikkel, staak die gebruik en raadpleeg jou dokter of apteker. Gebruik word beskryf in volwassenes van 18 jaar en ouer.

Vertel jou gesondheidsorg voor gebruik

- As jy enige voorskrif medikasie neem
- As jy swanger is, probeer om swanger te raak of borsvoed, vra jou dokter of apteker vir raad.

Swangerskap en borsvoeding

Sportron Pro B9 Matriks Druppels moet nie tydens swangerskap gebruik word nie en ‘n gesondheidsorgverskaffer moet geraadpleeg word vir advies voordat Sportron Pro B9 Matriks Druppels geneem word tydens borsvoeding.

Bestuur en gebruik van masjinerie

Sportron Pro B9 Matriks Druppels het geen bekende effek op ‘n individu se vermoë om te bestuur of masjinerie te bestuur nie.

Neem ander medisyne of kos en drank saam met Sportron Pro B9 Matriks Druppels

Vertel altyd jou gesondheidsorgverskaffer as jy enige ander medikasie neem. Dit is nie bekend dat Sportron Pro B9 Matriks Druppels sleg reageer met enige soorte kos of drank nie, maar kan die opname van voedingstowwe en medikasie beïnvloed.

3. HOE OM SPORTRON PRO B9 MATRIKS DRUPPELS TE GEBRUIK

Die gewone dosis is:

Vir kinders bo 3 jaar en volwassenes

Neem 1 ml daagliks.

Metode van toediening

Sportron Pro B9 Matriks Druppels is slegs vir orale inname met kos of soos aanbeveel deur jou gesondheidspraktisyn.

As jy meer Sportron Pro B9 Matriks Druppels neem as wat jy moet

As iemand, veral ‘n kind per ongeluk te veel Sportron Pro B9 Matriks Druppels neem, kontak jou dokter of plaaslike gif sentrum onmiddellik. As jy ‘n dokter sien of om een of ander rede hospitaal toe moet gaan, vertel hulle watter medisyne jy neem.

As jy vergeet om ‘n dosis Sportron Pro B9 Matriks Druppels te neem:

Moenie ‘n dubbele dosis neem om op te maak vir vergete individuele dosisse nie.

4. MOONTLIKE NEWE-EFFEKTE

Niks bekend nie. As enige newe-effekte ervaar word, vertel asseblief jou dokter of apteker.

Dit is nie bekend dat Sportron Pro B9 Matriks Druppels sleg reageer met enige ander medisyne of enige soorte kos of drank nie.

As jou algemene gesondheid vererger, of as jy enige ongewenste effekte ervaar terwyl jy hierdie produk gebruik, raadpleeg asseblief jou dokter, apteker of ander gesondheidswerker vir advies. As jy enige newe-effekte opmerk wat nie in hierdie pamflet genoem word nie, stel asseblief jou dokter of apteker in kennis. Jy kan ook newe-effekte aan SAHPRA rapporteer via die 6.04 “Adverse Drug Reaction Reporting Form”, wat aanlyn gevind word onder SAHPRA se publikasies: https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/. Deur newe-effekte aan te meld, kan jy help om meer inligting oor die veiligheid van Sportron Pro B9 Matriks Druppels te verskaf.

5. BERGINGSAANWYSINGS VIR SPORTRON PRO B9 MATRIKS DRUPPELS

Bewaar in ‘n koel, droë plek, teen of benede 30 °C. Bêre buite bereik van kinders. Berg in die oorspronklike verpakking. Moet nie in ‘n badkamer bêre nie. Moet dit nie gebruik na die vervaldatum wat op die bottels gedruk is nie. Die vervaldatum verwys na die laaste dag van daardie maand. Moenie Sportron Pro B9 Matriks Druppels gebruik as jy sigbare tekens van agteruitgang opmerk nie. Stuur alle ongebruikte medisyne terug na jou apteker. Moenie ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) weggooi nie. Raklewe: 2 jaar.

6. INHOUD VAN DIE VERPAKKING EN ANDER INLIGTING

Wat Sportron Pro B9 Matriks Druppels bevat, elke 1ml:

Aktiewe bestanddele: 1 Biljoen cu bestaande uit: (Lactobacillus Acidophilus Ubla-34, Bifidobacterium Lactis Ublla-70, Bifidobacterium Bifidum UBBB-55, Lactobacillus Rhanosus Hn00, Lactobacillus Casei Lc-11, Lactobacillus Planmtarum Lp-115, Lactobacillus Lactis Li-23, Bifidobacterium Longum Ubbl-64, Streptococcus Thermophillis St-21), Prebiotika-versnit (Fructooligodsaccarides 3,5 mg, Maltodextrin (Prebiotiese vessel) 37,5 mg.

Onaktiewe bestanddele: Biovoedsel matriks, gliserine (lae GI, lae-kalorie versoeter), CMC, deur middel, natrium benzoaat, kalium sorbaat, voedsel kleurstof.

Voorkoms van Sportron Pro B9 Matriks Druppels en inhoud van die verpakking:

Sportron Pro B9 Matriks Druppels is ‘n helder geel vloeistof in ‘n 30 ml amberkleurig glasbottel met ‘n geribde pipet.

Versprei deur:

The Sportron Group

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Naam en adres van houer van registrasiesertifikaat

Microbel Laboratories (Pty) Ltd

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Email: info@microbel.co.za

+27 11 076 4000

Datum van laaste hersiening

Augustus 2025

Registrasie/Aansoeknommer:

TBA.

Toegang tot ooreenstemmende Professionele Inligting (PI): www.obellabs.co.za