SPORTRON

PATIENT INFORMATION LEAFLET

SCHEDULING STATUS: S0

PROPRIETARY NAME (AND DOSAGE FORM):

Sportron Whizz Matrix

Active substances: Ascorbic acid (Vitamin C) 4,5 mg; Zinc oxide 500 mcg providing elemental Zinc 400 mcg; Echinacea (Echinacea purpurea) 40 mg; Black elderberry (Sambucus nigra) 50 mg.

Category D: Complementary Medicine, D33.6 Western Herbal Medicine

This unregistered medicine has not been evaluated by the SAHPRA for its quality, safety, or intended use.

Read this leaflet carefully as it contains important information for you.

Sportron Whizz Matrix is available without a doctor's prescription for daily supplementation. Nevertheless, you still need to use Sportron Whizz Matrix carefully to get the best results from it.

- Keep this leaflet. You may need to read it again.
- Do not share Sportron Whizz Matrix with any other person.
- Ask your health care provider or pharmacist if you need more information or advice.

What is in this leaflet:

1. **What Sportron Whizz Matrix is and what it is used for**
2. **What you need to know before you use Sportron Whizz Matrix**
3. **How to use Sportron Whizz Matrix**
4. **Possible side effects**
5. **How to store Sportron Whizz Matrix**
6. **Contents of the pack and other information**

1. WHAT SPORTRON WHIZZ MATRIX IS AND WHAT IT IS USED FOR

Sportron Whizz Matrix is used to support mental wellbeing.

2. WHAT YOU NEED TO KNOW BEFORE YOU USE SPORTRON WHIZZ MATRIX

Do not use Sportron Whizz Matrix if you are hypersensitive (allergic) to any ingredients.

If you are unsure if you should use Sportron Whizz Matrix, talk to your doctor or pharmacist.

SPORTRON

Warnings and precautions

Sportron Whizz Matrix is for oral ingestion only.

If you are taking prescription medication, consult a healthcare practitioner prior to use. If any unwanted/adverse effect develops, discontinue use and consult your doctor or pharmacist. Use is described in adults aged 18 years and older.

Tell your healthcare provider prior to use

- If you are taking any prescription medication
- If you are pregnant, trying to become pregnant or are breast-feeding ask your doctor or pharmacist for advice

Pregnancy and Breastfeeding

Sportron Whizz Matrix should not be used during pregnancy, and a healthcare provider should be consulted for advice prior to taking Sportron Whizz Matrix when breastfeeding.

Driving and using machines

Sportron Whizz Matrix has no known effect on an individual's ability to drive or operate machinery.

Taking other medicines or food and drink with Sportron Whizz Matrix

Always tell your healthcare provider if you are taking any other medicine. Sportron Whizz Matrix is not known to react badly with any types or food or drink but may affect absorption of nutrients and medications.

3. HOW TO USE SPORTRON WHIZZ MATRIX

The usual dose is:

Children – 6 years and up:

The dose is 5ml a day.

Method of administration

Sportron Whizz Matrix is for oral ingestion only. Sportron Whizz Matrix should be mixed with water or taken as recommended by your healthcare practitioner.

If you take more Sportron Whizz Matrix than you should

If anyone, especially a child, accidentally takes too much Sportron Whizz Matrix contact your doctor or local poison centre immediately. If you see a doctor or have to go to hospital for any reason, tell them what medicines you are taking.

If you forget to take a dose of Sportron Whizz Matrix

Do not take a double dose to make up for forgotten individual doses.

4. POSSIBLE SIDE EFFECTS

None known. If any side effects are experienced, please tell your doctor or pharmacist.

Sportron Whizz Matrix is not known to react badly with any other medicines or any types or food or drink.

Should your general health worsen, or if you experience any untoward effects while using this product, please consult your doctor, pharmacist, or other health care professional for advice. If you notice any side effects not mentioned in this leaflet, please inform your doctor or pharmacist. You can also report side effects to SAHPRA via the 6.04 Adverse Drug Reaction Reporting Form", found online under SAHPRA's publications: https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/ . By reporting side effects, you can help provide more information on the safety of Sportron Whizz Matrix.

5. HOW TO STORE SPORTRON WHIZZ MATRIX

Store below 30 ˚C in a cool, dry place. Store out of reach of children. Store in the original package / container. Do not store in a bathroom. Do not use after the expiry date printed on the bottle. The expiry date refers to the last day of that month. Do not use Sportron Whizz Matrix if you notice visible signs of deterioration. Return all unused medicine to your pharmacist. Do not dispose of unused medicine in drains or sewerage systems (e.g., toilets). Shelf life: 2 years

6. CONTENTS OF THE PACK AND OTHER INFORMATION

What Sportron Whizz Matrix contains:

Active ingredients per ml: Ascorbic acid (Vitamin C) 4,5 mg; Zinc oxide 500 mcg providing elemental Zinc 400 mcg; Echinacea (Echinacea purpurea) 40 mg; Black elderberry (Sambucus nigra) 50 mg.

Inactive ingredients: RO Water, Sorbitol, Glycerin, Carboxymethylcellulose, Glucose, Fructose, Flavouring, Food Colouring, Sodium Benzoate, Potassium Sorbate, EDTA2NA, Sodium Saccharin, Xantham.Gum

What Sportron Whizz Matrix looks like and contents of the pack

Sportron Whizz Matrix is a red syrup in a 250ml flat neck white bottle with a natural puffer and flat-top tamper strip white cap.

Distributed by

The Sportron Group

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Name and Address of Holder of Certificate of Registration

Microbel Laboratories (Pty) Ltd,

86 Gazelle Ave, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

This leaflet was last revised

August 2025

Registration/Application number

Application Number: TBC

Access to the corresponding Professional Information (PI): www.obellabs.co.za

SPORTRON

PASIËNTINLIGTINGSPAMFLET

SKEDULERINGSTATUS: S0

EIENDOMSNAAM (STERKTE EN DOSEERVORM)

Sportron Whizz Matriks

Aktiewe stowwe per ml: Askorbiensuur (Vitamien C) 4,5 mg; Sinkoksied 500 mcg wat elementêre sink 400 mcg verskaf, Echinacea (Echinacea purpurea) 40 mg, Swart vlierbessie (Sambucus nigra) 50 mg.

Kategorie D: Komplementêre Medisyne. D 33.6 Westerse Kruie medisyne.

Hierdie ongeregistreerde medisyne is nie deur SAHPRA geëvalueer ten opsigte van kwaliteit, veiligheid of voorgenome gebruik nie.

Lees dié hele pamflet aandagtig deur, dit bevat belangrike inligting.

Sportron Whizz Matrix is beskikbaar sonder ‘n voorskrif van die dokter, vir spysvertering ondersteuning. Nietemin, Sportron Whizz Matriks moet nogtans versigtig gebruik word om die beste resultate te verkry.

- Moenie hierdie pamflet weggooi nie. U mag dit moontlik weer moet lees.
- Moenie Sportron Whizz Matriks met enige ander persoon deel nie.
- Vra u gesondheidsorgverskaffer of apteker indien u meer inligting of advies benodig.

WAT IS IN HIERDIE PAMFLET

1. **Wat Sportron Whizz Matriks is en waarvoor dit gebruik word.**
2. **Wat u moet weet voordat u Sportron Whizz Matrix gebruik.**
3. **Hoe om Sportron Whizz Matriks te gebruik.**
4. **Moontlike newe-effekte.**
5. **Bergings aanwysings vir Sportron Whizz Matriks.**
6. **Inhoud van die verpakking en ander inligting.**

1. WAT SPORTRON WHIZZ MATRIKS IS EN WAARVOOR DIT GEBRUIK WORD

Sportron Whizz Matriks word gebruik om geestelike welstand te ondersteun.

2. WAT U MOET WEET VOORDAT SPORTRON WHIZZ MATRIKS GEBRUIK WORD

Moenie Sportron Whizz Matriks gebruik indien u hipersensitief (allergies) is vir enige bestanddele.

Indien u onseker is om Sportron Whizz Matriks te gebruik, konsulteer u gesondheidsorgverskaffer of apteker.

Waarskuwings en voorsorgmaatreëls:

Sportron Whizz Matriks is slegs vir inname.

As u voorskrif medikasie neem, raadpleeg ‘n gesondheidsorgpraktisyn voor gebruik. As enige ongewenste / nadelige effek ontwikkel, staak die gebruik en raadpleeg jou dokter of apteker. Gebruik word beskryf in volwassenes van 18 jaar en ouer.

Vertel jou gesondheidsorg voor gebruik

- As jy enige voorskrif medikasie neem
- As jy swanger is, probeer om swanger te raak of borsvoed, vra jou dokter of apteker vir raad.

Swangerskap en borsvoeding

Sportron Whizz Matriks moet nie tydens swangerskap gebruik word nie en ‘n gesondheidsorgverskaffer moet geraadpleeg word vir advies voordat Sportron Whizz Matriks geneem word tydens borsvoeding.

Bestuur en gebruik van masjinerie

Sportron Whizz Matriks het geen bekende effek op ‘n individu se vermoë om te bestuur of masjinerie te bestuur nie.

Neem ander medisyne of kos en drank saam met Sportron Whizz Matriks

Vertel altyd jou gesondheidsorgverskaffer as jy enige ander medikasie neem. Dit is nie bekend dat Sportron Whizz Matriks sleg reageer met enige soorte kos of drank nie, maar kan die opname van voedingstowwe en medikasie beïnvloed.

3. HOE OM SPORTRON WHIZZ MATRIKS TE GEBRUIK

Die gewone dosis is:

Kinders – 6 jaar en ouer:

Neem 5 ml daagliks.

Metode van toediening:

Sportron Whizz Matriks is slegs vir orale inname. Sportron Whizz Matriks moet met water gemeng word of soos aanbeveel deur jou gesondheidspraktisyn.

As jy meer Sportron Whizz Matriks neem as wat jy moet

As iemand, veral ‘n kind per ongeluk te veel Sportron Whizz Matriks neem, kontak jou dokter of plaaslike gif sentrum onmiddellik. As jy ‘n dokter sien of om een of ander rede hospitaal toe moet gaan, vertel hulle watter medisyne jy neem.

As jy vergeet om ‘n dosis Sportron Whizz Matriks te neem

Moenie ‘n dubbele dosis neem om op te maak vir vergete individuele dosisse nie.

4. MOONTLIKE NEWE-EFFEKTE

Niks bekend nie. As enige newe-effekte ervaar word, vertel asseblief jou dokter of apteker.

Dit is nie bekend dat Sportron Whizz Matriks sleg reageer met enige ander medisyne of enige soorte kos of drank nie.

As jou algemene gesondheid vererger, of as jy enige ongewenste effekte ervaar terwyl jy hierdie produk gebruik, raadpleeg asseblief jou dokter, apteker of ander gesondheidswerker vir advies. As jy enige newe-effekte opmerk wat nie in hierdie pamflet genoem word nie, stel asseblief jou dokter of apteker in kennis. Jy kan ook newe-effekte aan SAHPRA rapporteer via die 6.04 “Adverse Drug Reaction Reporting Form”, wat aanlyn gevind word onder SAHPRA se publikasies: https://www.sahpra.org.za/document/adverse-drug-reactions-and-quality-problem-reporting-form/ . Deur newe-effekte aan te meld, kan jy help om meer inligting oor die veiligheid van Sportron Whizz Matriks te verskaf.

5. BERGINGSAANWYSINGS VIR SPORTRON WHIZZ MATRIKS

Bewaar in ‘n koel, droë plek, teen of benede 30 °C. Bêre buite bereik van kinders. Berg in die oorspronklike verpakking. Moet nie in ‘n badkamer bêre nie. Moet dit nie gebruik na die vervaldatum wat op die bottel gedruk is nie. Die vervaldatum verwys na die laaste dag van daardie maand. Moenie Sportron Whizz Matriks gebruik as jy sigbare tekens van agteruitgang opmerk nie. Stuur alle ongebruikte medisyne terug na jou apteker. Moenie ongebruikte medisyne in dreine of rioolstelsels (bv. toilette) weggooi nie. Raklewe: 2 jaar.

6. INHOUD VAN DIE VERPAKKING EN ANDER INLIGTING

Wat Sportron Whizz Matriks bevat:

Aktiewe bestanddele per ml: Askorbiensuur (Vitamien C) 4,5 mg; Sinkoksied 500 mcg wat elementêre sink 400 mcg verskaf, Echinacea (Echinacea purpurea) 40 mg, Swart vlierbessie (Sambucus nigra) 50 mg.

Onaktiewe bestanddele: RO-water, sorbitol, gliserien, karboksimetielsellulose, glukose, fruktose, geurmiddel, voedselkleursel, natriumbensoaat, kaliumsorbaat, EDTA2NA, natriumsakkarien, xantaangom.

Voorkoms van Sportron Whizz Matriks en inhoud van die verpakking:

Sportron Whizz Matriks is ‘n rooi stroop in 'n 250 ml wit plat nek bottel met 'n natuurlike prop en 'n wit plat dop met peuter bestande seël strook.

Versprei deur:

The Sportron Group

Route 21 Business Park, 59 Regency Drive, Centurion, South Africa, 0157.

Tel: +27 (11) 317 8500

www.sportron.co.za

Naam en adres van houer van registrasiesertifikaat

Microbel Laboratories (Pty) Ltd

86 Gazelle Avenue, Corporate Park South,

Midrand, Gauteng, 1685, South Africa.

Email: info@microbel.co.za

+27 11 076 4000

Datum van laaste hersiening

Augustus 2025

Registrasie/Aansoek nommer:

TBC.

Toegang tot ooreenstemmende Professionele Inligting (PI): www.obellabs.co.za